# Coefficient Estimates and Landau-Bloch's Constant for Planar Harmonic Mappings 

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#### Abstract

The aim of this paper is to study the properties of planar harmonic mappings. The main results are as follows. First, by using the subordination of analytic functions, a sharp coefficient estimate is obtained and several applications are given. Then two results about Landau-Bloch's constant are proved: one for planar harmonic mappings and the other for $L(f)$, where $L$ represents the linear complex operator $L=z \frac{\partial}{\partial z}-\bar{z} \frac{\partial}{\partial \bar{z}}$ defined on the class of complex-valued $C^{1}$ functions in the plane and $f$ is an open harmonic mapping.


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## 1. Preliminaries and main results

One of the long standing open problems in function theory is that of determining the precise value of the schlicht Landau-Bloch's constant for holomorphic mappings of the unit disk $\mathbb{D}=\{z:|z|<1\}$. Analogous problem of estimating the LandauBloch's constant for harmonic mappings has been one of the recent investigations by a number of authors $[1,3,4,6,8,9,11,13,14,18]$. One of the main aims of this paper is to use subordination as a tool to derive a sharp coefficient estimate for harmonic mappings and as a consequence, we obtain improved estimates for Landau-Bloch's constant both for harmonic and biharmonic mappings.

A sense-preserving (planar) harmonic mapping $f$ of $\mathbb{D}$ is a solution of the elliptic differential equation

$$
\overline{f_{\bar{z}}(z)}=\omega(z) f_{z}(z)
$$

[^0]where $\omega$, known as the analytic dilatation of $f$, is an analytic function in $\mathbb{D}$ with $\omega(\mathbb{D}) \subset \mathbb{D}$. One of the useful representations of sense-preserving harmonic mappings $f$ in $\mathbb{D}$ is that $f=h+\bar{g}$, where $h$ and $g$ are analytic functions in $\mathbb{D}$. In this case, $\omega(z)=g^{\prime}(z) / h^{\prime}(z)$ and the Jacobian
$$
J_{f}=\left|f_{z}\right|^{2}-\left|f_{\bar{z}}\right|^{2}=\left|h^{\prime}\right|^{2}-\left|g^{\prime}\right|^{2}=\left|h^{\prime}\right|^{2}\left(1-|\omega|^{2}\right)
$$
is positive.
For harmonic mappings $f$ of $\mathbb{D}$, we use the following standard notations:
$$
\Lambda_{f}(z)=\max _{0 \leq \theta \leq 2 \pi}\left|f_{z}(z)+e^{-2 i \theta} f_{\bar{z}}(z)\right|=\left|f_{z}(z)\right|+\left|f_{\bar{z}}(z)\right|
$$
and
$$
\lambda_{f}(z)=\min _{0 \leq \theta \leq 2 \pi}\left|f_{z}(z)+e^{-2 i \theta} f_{\bar{z}}(z)\right|=\left|\left|f_{z}(z)\right|-\left|f_{\bar{z}}(z)\right|\right| .
$$

Then $J_{f}=\lambda_{f} \Lambda_{f}$ if $J_{f} \geq 0$.
We say that $f \in \mathcal{H}_{M}(\mathbb{D})$ if $f$ is harmonic in $\mathbb{D}$ and $|f(z)| \leq M$ for $z \in \mathbb{D}$. We use the canonical decomposition $f=h+\bar{g}$ with the analytic functions $h$ and $g$ having the power series

$$
h(z)=\sum_{n=0}^{\infty} a_{n} z^{n} \text { and } g(z)=\sum_{n=1}^{\infty} b_{n} z^{n} .
$$

Theorem 1.1. Suppose $f \in \mathcal{H}_{M}(\mathbb{D})$. Then $\left|a_{0}\right| \leq M$ and for each $n \geq 1$,

$$
\begin{equation*}
\left|a_{n}\right|+\left|b_{n}\right| \leq \frac{4 M}{\pi} \tag{1.1}
\end{equation*}
$$

The estimate (1.1) is sharp for any $n \geq 1$. For each $n \geq 1$, the extremal function is

$$
f_{n}(z)=\frac{2 M \alpha}{\pi} \arg \left(\frac{1+\beta z^{n}}{1-\beta z^{n}}\right), \quad|\alpha|=|\beta|=1
$$

or $f(z) \equiv M$.
We shall prove the theorem in Section 2, and the proof depends on the principle of subordination. The inequality (1.1) for $n=1$ can be obtained as a consequence of the harmonic version of the Schwarz's lemma due to Chen, Gauthier and Hengartner [3, Theorem 1(1)] (see also Heinz [12, Lemma]). In [18, Theorem 4] (see also [9, Lemma 3]) a weaker estimate, namely, $\left|a_{n}\right|+\left|b_{n}\right| \leq 2 M$ for $n \geq 1$, was used to obtain estimates for Bloch constants for planar harmonic mappings. We recall that a four times continuously differentiable complex-valued mapping $F$ of $\mathbb{D}$ is biharmonic if and only if $\Delta F$ satisfies the biharmonic equation $\Delta(\Delta F)=0$, where $\Delta F=4 F_{z \bar{z}}$ denotes the Laplacian of $F$. It is easy to see that if $F$ is biharmonic in $\mathbb{D}$ then there exist harmonic functions $G$ and $K$ of $\mathbb{D}$ such that $F=|z|^{2} G+K(c f .[1,2,4-7])$

In view of the sharp estimate from Theorem 1.1, we can obtain two Landau's theorems for planar biharmonic mappings improving the earlier results of Abdulhadi and Abu Muhanna [1] and Liu [13]. It is worth recalling that neither the normalization $f_{z}(0)=1$ nor the normalization $J_{f}(0)=1$ gives us a Bloch theorem for general univalent harmonic mappings. There are examples where no Bloch theorem is possible for harmonic mappings even with both of these normalizations (cf. [3]).

Theorem 1.2. Let $F=|z|^{2} G+K$ be a biharmonic mapping of $\mathbb{D}$ such that $F(0)=$ $G(0)=K(0)=J_{F}(0)-1=0,|G(z)| \leq M_{1}$ and $|K(z)| \leq M_{2}$. Then there is a constant $0<\rho_{2}<1$ so that $F$ is univalent in $|z|<\rho_{2}$. In specific $\rho_{2}$ satisfies

$$
\frac{\pi}{4 M_{2}}-2 \rho_{2} M_{1}-\frac{4 M_{1} \rho_{2}^{2}}{\pi\left(1-\rho_{2}\right)^{2}}-\frac{\sqrt{2\left(M_{2}^{2}-1\right)}\left(2 \rho_{2}-\rho_{2}^{2}\right)}{\left(1-\rho_{2}\right)^{2}}=0
$$

and $F\left(\mathbb{D}_{\rho_{2}}\right)$ contains a disk $\mathbb{D}_{R_{2}}$, where

$$
R_{2}=\frac{\pi}{4 M_{2}} \rho_{2}-\frac{\rho_{2}^{2}\left(4 M_{1} \rho_{2}+\pi \sqrt{2\left(M_{2}^{2}-1\right)}\right)}{\pi\left(1-\rho_{2}\right)}
$$

In particular, if we set $M_{1}=M_{2}=M$, we easily obtain the following corollary which improves the results of Abdulhadi and Abu Muhanna [1, Theorem 1] and Liu [13, Corollary 2.8].

Corollary 1.1. Let $F=|z|^{2} G+K$ be a biharmonic mapping of $\mathbb{D}$ such that $F(0)=$ $G(0)=K(0)=J_{F}(0)-1=0$, and $G$ and $K$ are both harmonic in $\mathbb{D}$, and bounded by $M \geq 1$. Then there is a constant $0<\rho_{2}<1$ so that $F$ is univalent in $|z|<\rho_{2}$. In specific $\rho_{2}$ satisfies

$$
\frac{\pi}{4 M}-2 \rho_{2} M-\frac{4 M \rho_{2}^{2}}{\pi\left(1-\rho_{2}\right)^{2}}-\frac{\sqrt{2\left(M^{2}-1\right)}\left(2 \rho_{2}-\rho_{2}^{2}\right)}{\left(1-\rho_{2}\right)^{2}}=0
$$

and $F\left(\mathbb{D}_{\rho_{2}}\right)$ contains a disk $\mathbb{D}_{R_{2}}$, where

$$
R_{2}=\frac{\pi \rho_{2}}{4 M}-\frac{\rho_{2}^{2}\left(4 M \rho_{2}+\pi \sqrt{2\left(M^{2}-1\right)}\right)}{\pi\left(1-\rho_{2}\right)} .
$$

Since $\pi / 2>1$, clearly this corollary is an improvement of Liu [13, Corollary 2.8] (see Table 1).

Table 1. The left half columns refer to Corollary 1.1 and the right half columns refer to Corollary 2.8 in [13]

| $M$ | $\rho_{2}$ | $R_{2}$ | $M$ | $\widetilde{r_{2}}$ | $\widetilde{\sigma_{2}}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 0.288266781 | 0.18355165 | 1 | 0.224701365 | 0.147213046 |
| 2 | 0.04203247 | 0.0117912501 | 2 | 0.041014954 | 0.0115219145 |
| 3 | 0.018310479 | 0.0034036769 | 3 | 0.018119678 | 0.0033698409 |
| 4 | 0.010238145 | 0.0014246736 | 4 | 0.010178704 | 0.0014167515 |
| 5 | 0.006535294 | 0.0007269224 | 5 | 0.006511112 | 0.0007243414 |
| 6 | 0.004532132 | 0.0004199061 | 6 | 0.004520512 | 0.000418872 |
| 7 | 0.003327 | 0.0002641443 | 7 | 0.003320741 | 0.0002636667 |

Applying Theorem 1.1 and the proof of Theorem 1.2, we can easily obtain the following version of Landau's theorem for biharmonic mappings which clearly improves the recent result of Liu [13, Theorem 2.10] and so we omit its proof.

Theorem 1.3. Let $F=|z|^{2} G+K$ be a biharmonic mapping of $\mathbb{D}$ such that $F(0)=$ $G(0)=K(0)=\lambda_{F}(0)-1=0,|G(z)| \leq M_{1}$ and $|K(z)| \leq M_{2}$ in $\mathbb{D}$. Then there is a
constant $0<\rho_{3}<1$ so that $F$ is univalent in $|z|<\rho_{3}$. In specific $\rho_{3}$ satisfies

$$
1-2 \rho_{3} M_{1}-\frac{4 M_{1} \rho_{3}^{2}}{\pi\left(1-\rho_{3}\right)^{2}}-\frac{\sqrt{2\left(M_{2}^{2}-1\right)}\left(2 \rho_{3}-\rho_{3}^{2}\right)}{\left(1-\rho_{3}\right)^{2}}=0
$$

and $F\left(\mathbb{D}_{\rho_{3}}\right)$ contains a disk $\mathbb{D}_{R_{3}}$, where

$$
R_{2}=\rho_{3}-\frac{\rho_{3}^{2}\left(4 M_{1} \rho_{3}+\pi \sqrt{2\left(M_{2}^{2}-1\right)}\right)}{\pi\left(1-\rho_{3}\right)} .
$$

Also, similar discussions show that Theorems 1.1 and 1.2 of [4] can be improved by applying Theorem 1.1. In addition to these results, in Theorem 3.2, we obtain an estimate on Bloch's constant of the linear operator $L(f)$ for open harmonic mappings $f$. Here $L$ denotes the complex-operator

$$
\begin{equation*}
L=z \frac{\partial}{\partial z}-\bar{z} \frac{\partial}{\partial \bar{z}} \tag{1.2}
\end{equation*}
$$

We see that it is linear and satisfies the usual product rule:

$$
L(a f+b g)=a L(f)+b L(g) \text { and } L(f g)=f L(g)+g L(f)
$$

where $a, b$ are complex constants, $f$ and $g$ are $C^{1}$ functions. In addition, the operator $L$ possesses a number of interesting properties, e.g. $L$ preserves both harmonicity and biharmonicity. Many other basic properties are stated for instance in [15] (see also $[2,4]$ ).

## 2. Proofs of Theorems 1.1 and 1.2

In many cases, the subordination family associated with an individual function or a family plays a significant role. For two analytic functions $f, g$ defined on $\mathbb{D}$, we say that $f$ is subordinate to $g$, denoted by $f \prec g$, or $f(z) \prec g(z)$, if there exists a function $\omega \in \mathcal{B}_{0}$ such that $f(z)=g(\omega(z))$ in $\mathbb{D}$. Here $\mathcal{B}_{0}$ denotes the class of Schwarz functions, i.e. analytic maps $\psi$ of $\mathbb{D}$ into itself with the normalization $\psi(0)=0$. When $g$ is univalent in $\mathbb{D}, f \prec g$ if and only if $f(0)=g(0)$ and $f(\mathbb{D}) \subset g(\mathbb{D})$.
Proof of Theorem 1.1. Without loss of generality, we assume $f(z)=h(z)+\overline{g(z)}$ and $|f(z)|<1$. For $\theta \in[0,2 \pi)$, let

$$
v_{\theta}(z)=\operatorname{Im}\left(e^{i \theta} f(z)\right)
$$

and observe that

$$
v_{\theta}(z)=\operatorname{Im}\left(e^{i \theta} h(z)+\overline{e^{-i \theta} g(z)}\right)=\operatorname{Im}\left(e^{i \theta} h(z)-e^{-i \theta} g(z)\right) .
$$

Because $\left|v_{\theta}(z)\right|<1$, it follows that

$$
e^{i \theta} h(z)-e^{-i \theta} g(z) \prec K(z)=\lambda+\frac{2}{\pi} \log \left(\frac{1+z \xi}{1-z}\right),
$$

where $\xi=e^{-i \pi \operatorname{Im}(\lambda)}$ and $\lambda=e^{i \theta} h(0)-e^{-i \theta} g(0)$. The superordinate function $K(z)$ maps $\mathbb{D}$ onto a convex domain with $K(0)=\lambda$ and $K^{\prime}(0)=\frac{2}{\pi}(1+\xi)$, and therefore, by a theorem of Rogosinski [17, Theorem 2.3] (see also [10, Theorem 6.4]), it follows that

$$
\left|a_{n}-e^{-2 i \theta} b_{n}\right| \leq \frac{2}{\pi}|1+\xi| \leq \frac{4}{\pi} \quad \text { for } n=1,2, \ldots
$$

and the desired inequality (1.1) is a consequence of the arbitrariness of $\theta$ in $[0,2 \pi)$. For the proof of sharpness part, consider the functions

$$
f_{n}(z)=\frac{2 M \alpha}{\pi} \operatorname{Im}\left(\log \frac{1+\beta z^{n}}{1-\beta z^{n}}\right), \quad|\alpha|=|\beta|=1
$$

whose values are confined to a diametral segment of the disk $\mathbb{D}_{M}=\{z:|z|<M\}$. Also,

$$
f_{n}(z)=\frac{2 M \alpha}{i \pi}\left(\sum_{k=1}^{\infty} \frac{1}{2 k-1}\left(\beta z^{n}\right)^{2 k-1}-\sum_{k=1}^{\infty} \frac{1}{2 k-1}\left(\bar{\beta} \bar{z}^{n}\right)^{2 k-1}\right)
$$

which gives

$$
\left|a_{n}\right|+\left|b_{n}\right|=\frac{4 M}{\pi} .
$$

The proof of the theorem is complete.
Proof of Theorem 1.2. Suppose that $F=|z|^{2} G+K$ is biharmonic with $F(0)=$ $G(0)=K(0)=J_{F}(0)-1=0,|G(z)| \leq M_{1},|K(z)| \leq M_{2}$, where

$$
G(z)=g_{1}+\overline{g_{2}}:=\sum_{n=0}^{\infty} a_{n} z^{n}+\sum_{n=0}^{\infty} \overline{b_{n}} \bar{z}^{n}
$$

and

$$
K(z)=k_{1}+\overline{k_{2}}:=\sum_{n=1}^{\infty} c_{n} z^{n}+\sum_{n=1}^{\infty} \overline{d_{n}} \bar{z}^{n}
$$

are harmonic in $\mathbb{D}$. Now, for fixed $0<\rho<1$, choose $z_{1}, z_{2}$ with $z_{1} \neq z_{2},\left|z_{1}\right|<\rho$ and $\left|z_{2}\right|<\rho$. It follows from the standard arguments (eg. see the proof of [1, Theorem 1]) that

$$
\begin{aligned}
\left|F\left(z_{1}\right)-F\left(z_{2}\right)\right| \geq & \left|z_{1}-z_{2}\right|\left\{\lambda_{K}(0)-2 \rho M_{1}-\rho^{2} \sum_{n=1}^{\infty} n\left(\left|a_{n}\right|+\left|b_{n}\right|\right) \rho^{n-1}\right. \\
& \left.-\sum_{n=2}^{\infty} n\left(\left|c_{n}\right|+\left|d_{n}\right|\right) \rho^{n-1}\right\} .
\end{aligned}
$$

We observe that $J_{K}(0)=\left|c_{1}\right|^{2}-\left|d_{1}\right|^{2}=J_{F}(0)=1$ and therefore, we have

$$
\lambda_{K}(0)=\frac{1}{\Lambda_{K}(0)}=\frac{1}{\left|c_{1}\right|+\left|d_{1}\right|},
$$

which, by Theorem 1.1, is bigger than or equal to $\pi /\left(4 M_{2}\right)$. In view of Theorem 1.1 and [ 6 , Theorem 1.5], we have

$$
\left|a_{n}\right|+\left|b_{n}\right| \leq \frac{4 M_{1}}{\pi} \quad(n \geq 1)
$$

and

$$
\left|c_{n}\right|+\left|d_{n}\right| \leq \sqrt{2\left(M_{2}^{2}-1\right)} \quad(n \geq 2)
$$

respectively. Using these inequalities, as in the proof of [1, Theorem 1], we see that $\left|F\left(z_{1}\right)-F\left(z_{2}\right)\right|>0$ if $0<\rho<\rho_{2}$, where $\rho_{2}$ is the root of the following equation:

$$
\frac{\pi}{4 M_{2}}-2 \rho M_{1}-\frac{4 M_{1}}{\pi} \frac{\rho^{2}}{(1-\rho)^{2}}+\sqrt{2\left(M_{2}^{2}-1\right)}\left(\frac{1}{(1-\rho)^{2}}-1\right)=0
$$

and the univalency of the biharmonic function $F$ follows.
For $|z|=\rho_{2}$, it follows that

$$
\begin{aligned}
|F(z)| & \geq\left|c_{1} z+\overline{d_{1}} \bar{z}\right|-\rho_{2}^{2} \sum_{n=1}^{\infty}\left(\left|a_{n}\right|+\left|b_{n}\right|\right) \rho_{2}^{n}-\sum_{n=2}^{\infty}\left(\left|c_{n}\right|+\left|d_{n}\right|\right) \rho_{2}^{n} \\
& \geq \frac{\pi}{4 M_{2}} \rho_{2}-\frac{4 M_{1}}{\pi} \frac{\rho_{2}^{3}}{1-\rho_{2}}-\sqrt{2\left(M_{2}^{2}-1\right)} \frac{\rho_{2}^{2}}{1-\rho_{2}}=R_{2}
\end{aligned}
$$

The proof of the theorem is complete.

## 3. Bloch's constant for planar harmonic mappings

In [14], Liu proved the following Lemma.
Lemma 3.1. ( [13, Lemma 2.4] and [14, Lemma 2.1]) Suppose that $f$ is a harmonic mapping of $\mathbb{D}$ with $f(0)=\lambda_{f}(0)-1=0$. If $\Lambda_{f} \leq \Lambda$ for $z \in \mathbb{D}$, then

$$
\left|a_{n}\right|+\left|b_{n}\right| \leq \frac{\Lambda^{2}-1}{n \Lambda}, n=2,3, \ldots
$$

Above estimates are sharp for all $n=2,3, \ldots$, with the extremal functions

$$
f_{n}(z)=\Lambda^{2} z-\int_{0}^{z} \frac{\left(\Lambda^{3}-\Lambda\right) d z}{\Lambda+z^{n-1}}
$$

As applications of Lemma 3.1, several estimates on Bloch's constant were obtained in [14], which are generalizations of the corresponding results in [3,11], respectively. For example, the following was proved, which is an improvement of [3, Theorem 1].

Let $\operatorname{Har}(\mathbb{D}, \mathbb{D})$ denote the class of all harmonic mappings of $\mathbb{D}$ satisfying $f(0)=0$ and $f(\mathbb{D}) \subset \mathbb{D}$. Using the principle of subordination of analytic functions, we know that for any $f \in \operatorname{Har}(\mathbb{D}, \mathbb{D})$,

$$
\begin{equation*}
\Lambda_{f}(z) \leq \frac{4}{\pi\left(1-|z|^{2}\right)} \text { for } z \in \mathbb{D} \tag{3.1}
\end{equation*}
$$

which is an improved version of Schwarz's lemma for harmonic mappings [ $3,12,18$ ]. Moreover, the inequality (3.1) coincides with the result of Colonna [8] who proved that

$$
\sup _{z \in \mathbb{D}}\left(1-|z|^{2}\right) \Lambda_{f}(z) \leq \frac{4}{\pi}
$$

By applying (3.1), we can improve [14, Theorem 2.3] as follows.
Theorem 3.1. Let $f \in \mathcal{H}_{M}(\mathbb{D})$ with $f(0)=f_{\bar{z}}(0)=f_{z}(0)-1=0$. Then $f$ is univalent in the disk $\mathbb{D}_{r_{0}}$ with $r_{0}=\phi\left(M_{r}\right)$ and $f\left(\mathbb{D}_{r_{0}}\right)$ contains a univalent disk of radius at least

$$
\begin{equation*}
R_{0}:=\max _{0<r<1} \psi\left(M_{r}\right) \tag{3.2}
\end{equation*}
$$

where

$$
\phi(x)=\frac{r x}{\left(x^{2}+x-1\right)}, \psi(x)=r\left[1+\left(\frac{x^{2}-1}{x}\right) \log \left(\frac{x^{2}-1}{x^{2}+x-1}\right)\right]
$$

and

$$
M_{r}=\frac{4 M}{\pi\left(1-r^{2}\right)}
$$

Proof. If we set

$$
\begin{equation*}
F(z)=\frac{f(r z)}{r} \tag{3.3}
\end{equation*}
$$

then $F$ is a harmonic mapping of $\mathbb{D}$, and $\lambda_{F}(0)=1$. Therefore by (3.1), we have

$$
\Lambda_{F}=\Lambda_{f}(z r) \leq \frac{4 M}{\pi\left(1-r^{2}\right)}=M_{r}
$$

Thus, by [14, Theorem 2.2], we obtain that $F$ is univalent in the disk $|z|<\frac{r_{0}}{r}$, $r_{0}=\phi\left(M_{r}\right)$, and $F\left(\left\{z:|z|<\frac{r_{0}}{r}\right\}\right)$ contains a univalent disk $|w|<\frac{R_{0}}{r}, R_{0}=\psi\left(M_{r}\right)$. Hence $f$ is univalent in the disk $\mathbb{D}_{r_{0}}$ and $f\left(\mathbb{D}_{r_{0}}\right)$ contains a univalent disk $\mathbb{D}_{R_{0}}$. The existence of (3.2) follows from the fact that

$$
\lim _{r \rightarrow 0+} \psi\left(M_{r}\right)=\lim _{r \rightarrow 1-} \psi\left(M_{r}\right)=0
$$

The proof is complete.
Let $r=\frac{\sqrt{2}}{2}$ in (3.3). Then $f$ is univalent in the disk $\mathbb{D}_{r_{0}}$ with $r_{0}=\phi(8 M / \pi)$ and $f\left(\mathbb{D}_{r_{0}}\right)$ contains a univalent disk $\mathbb{D}_{R_{0}}$ with $R_{0}:=\psi(8 M / \pi)$, where

$$
\phi(x)=\frac{x}{\sqrt{2}\left(x^{2}+x-1\right)} \text { and } \psi(x)=\frac{1}{\sqrt{2}}\left[1+\left(\frac{x^{2}-1}{x}\right) \log \left(\frac{x^{2}-1}{x^{2}+x-1}\right)\right] .
$$

Liu [14, Theorem 2.3] obtained the above result with $r_{0}$ and $R_{0}$ by using $r_{2}=$ $\phi(4.55 M)$ and $\sigma_{2}=\psi(4.55 M)$, respectively (see Table 2). We remark that $r_{0}$ in Theorem 3.1 is positive only when $M>\frac{\pi(\sqrt{5}-1)}{16} \approx 0.242701$. It is worth pointing out that $r_{0}$ in [14, Theorem 2.3] is positive for $M>\frac{\sqrt{5}-1}{9.1} \approx 0.135832$. By the normalization $f_{\bar{z}}(0)=f_{z}(0)-1=0$, we easily observe that the corresponding bound $M$ in each of [14, Theorem 2.3], [3, Theorem 3] and Theorem 3.1 satisfies the condition $M \geq \frac{\pi}{4}$. Thus, as demonstrated for example in Table 2, Theorem 3.1 improves result of Liu [14, Theorem 2.3] and hence, the result of Chen et al. [3, Theorem 3].

Table 2. The left half columns refer to Theorem 3.1 and the right half columns refer to Theorem 2.3 in [14]

| $M$ | $r_{0}=\phi(8 M / \pi)$ | $R_{0}=\psi(8 M / \pi)$ | $M$ | $r_{2}=\phi(4.55 M)$ | $\sigma_{2}=\psi(4.55 M)$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 0.22421 | 0.12629 | 1 | 0.13266 | 0.07092 |
| 2 | 0.11992 | 0.06367 | 2 | 0.07078 | 0.03663 |
| 3 | 0.08311 | 0.04328 | 3 | 0.04851 | 0.02483 |

It is well-known that $f$ is an open map (i.e. it maps every open subset of $\mathbb{D}$ to an open set in $\mathbb{C}$ ) which is locally one-to-one in $\mathbb{D}$ except possibly at isolated points where it behaves locally like analytic functions near zeros of derivatives. To consider an open harmonic mapping $f$, we call $f$ univalent or locally univalent in $\mathbb{D}$ if it is one-to-one or locally one-to-one in $\mathbb{D}$, respectively.

Liu [14, Theorem 2.6] proved that for open harmonic mappings $f$ of $\mathbb{D}$ normalized by $f_{z}(0)=1$ and $f_{\bar{z}}(0)=0, f(\mathbb{D})$ contains a univalent disk of radius at least $R \approx 0.027735$ which is an improvement of earlier known results [3, Theorem 7] and [11, Theorem 2.5]. Next we aim to obtain a similar result but for $L(f)$ defined by (1.2).

In our next result, we determine an estimate for the Bloch constant of $L(f)$ when $f$ runs on the class of open harmonic mappings. It is worth pointing out that (see [2, Corollary $1(3)]$ ) the operator $L(f)$ for biharmonic functions behaves much like $z f^{\prime}$ for analytic functions, for example in the sense that for $f$ univalent and biharmonic, $f$ is starlike in $\mathbb{D}$ if and only if $\operatorname{Re}(L(f)(z) / f(z)) \geq 0$ in $\mathbb{D}$.
Theorem 3.2. Let $f$ be an open harmonic mapping of $\mathbb{D}$ normalized by $f_{z}(0)=1$ and $f_{\bar{z}}(0)=0$. Then $L(f)(\mathbb{D})$ contains a univalent disk of radius at least

$$
\begin{equation*}
R=\max _{0<r<1} \varphi(r) \tag{3.4}
\end{equation*}
$$

where

$$
\varphi(r)=\frac{r}{\sqrt{2}} \frac{1-\sqrt{1-\frac{1}{1+M_{r}-\frac{1}{M_{r}}}}}{1+\sqrt{1-\frac{1}{1+M_{r}-\frac{1}{M_{r}}}}}, \quad M_{r}=\frac{2(1+r)}{1-r} .
$$

Moreover, $L(f)(\mathbb{D})$ contains a univalent disk of radius at least $R \approx 0.0143328$.
Proof. It is known that for any $r \in(0,1), f$ is $K_{r}$-quasiregular on $\mathbb{D}_{r}$ (cf. [16]), where $K_{r}=\frac{1+r}{1-r}$. This implies that

$$
\frac{\Lambda_{f}}{\lambda_{f}}=\frac{\left|f_{z}\right|+\left|f_{\bar{z}}\right|}{\left|f_{z}\right|-\left|f_{\bar{z}}\right|} \leq \frac{1+r}{1-r}=K_{r} .
$$

Let $G(z)=r^{-1} f(r z)$ for $z \in \mathbb{D}$. Then there exists a point $z_{0} \in \mathbb{D}$ such that for $z \in \mathbb{D}$,

$$
\left(1-|z|^{2}\right) \lambda_{G}(z) \leq\left(1-\left|z_{0}\right|^{2}\right) \lambda_{G}\left(z_{0}\right)=M
$$

where $M \geq 1$.
Let $\phi$ be a Möbius transformation of $\mathbb{D}$ onto itself with $\phi(0)=z_{0}$. Define $F$ by

$$
F(\xi)=G(\phi(\xi)) / M \text { for } \xi \in \mathbb{D}
$$

Then, we see that

$$
\left(1-|\xi|^{2}\right) \lambda_{F}(\xi)=\frac{\left(1-|\phi(\xi)|^{2}\right) \lambda_{G}(\phi(\xi))}{M}
$$

which gives $\lambda_{F}(0)=1$ and for $\xi \in \mathbb{D}$,

$$
\left(1-|\xi|^{2}\right) \lambda_{F}(\xi) \leq 1
$$

Let $P(w)=\sqrt{2} F(w / \sqrt{2})$ for $w \in \mathbb{D}$. Then $P$ is also $K_{r}$-quasiregular. Moreover, $\lambda_{P}(0)=\lambda_{F}(0)=1$ and for $w \in \mathbb{D}$,

$$
\Lambda_{P}(w) \leq K_{r} \lambda_{P}(w)=K_{r} \lambda_{F}(w / \sqrt{2})<2 K_{r}=M_{r}
$$

Finally, we let

$$
T(\zeta)=P(\zeta)-P(0)=\sum_{n=1}^{\infty} a_{n} \zeta^{n}+\sum_{n=1}^{\infty} b_{n} \bar{\zeta}^{n} \text { for } \zeta \in \mathbb{D}
$$

Using Lemma 3.1, we have

$$
\left|a_{n}\right|+\left|b_{n}\right| \leq \frac{M_{r}^{2}-1}{n M_{r}}, n=2,3, \ldots
$$

Now, to prove the univalence of $L(T)$, we adopt the standard procedure. For $\zeta_{1} \neq \zeta_{2}$ in $\mathbb{D}_{\rho}(0<\rho<1)$, by Lemma 3.1, we have

$$
\begin{aligned}
\left|L(T)\left(\zeta_{1}\right)-L(T)\left(\zeta_{2}\right)\right|= & \left|\int_{\left[\zeta_{1}, \zeta_{2}\right]} L(T)_{\zeta} d \zeta+L(T)_{\bar{\zeta}} d \bar{\zeta}\right| \\
\geq & \left|\int_{\left[\zeta_{1}, \zeta_{2}\right]} T_{\zeta}(0) d \zeta-T_{\bar{\zeta}}(0) d \bar{\zeta}\right| \\
& -\left|\int_{\left[\zeta_{1}, \zeta_{2}\right]} \zeta T_{\zeta \zeta}(\zeta) d \zeta-\bar{\zeta} T_{\overline{\zeta \zeta}}(\zeta) d \bar{\zeta}\right| \\
& -\left|\int_{\left[\zeta_{1}, \zeta_{2}\right]}\left(T_{\zeta}(\zeta)-T_{\zeta}(0)\right) d \zeta-\left(T_{\bar{\zeta}}(\zeta)-T_{\bar{\zeta}}(0)\right) d \bar{\zeta}\right| \\
\geq & \left|\zeta_{1}-\zeta_{2}\right|\left\{1-\frac{M_{r}^{2}-1}{M_{r}} \sum_{n=2}^{\infty} \rho^{n-1}\right. \\
& \left.-\frac{M_{r}^{2}-1}{M_{r}} \sum_{n=2}^{\infty}(n-1) \rho^{n-1}\right\} \\
\geq & \left|\zeta_{1}-\zeta_{2}\right|\left[1-\frac{M_{r}^{2}-1}{M_{r}} \frac{\rho}{1-\rho}-\frac{M_{r}^{2}-1}{M_{r}} \frac{\rho}{(1-\rho)^{2}}\right]
\end{aligned}
$$

Elementary calculations show that

$$
\rho_{1}(r)=1-\sqrt{1-\frac{1}{1+M_{r}-\frac{1}{M_{r}}}}
$$

is the unique root of the equation

$$
1-\frac{M_{r}^{2}-1}{M_{r}} \frac{\rho}{1-\rho}-\frac{M_{r}^{2}-1}{M_{r}} \frac{\rho}{(1-\rho)^{2}}=0
$$

and hence, $L(T)$ is univalent in $\mathbb{D}_{\rho_{1}(r)}$.
Since for any $\zeta$ with $|\zeta|=\rho_{1}(r)$,

$$
\begin{aligned}
|L(T)(\zeta)| & =\left|\zeta T_{\zeta}-\bar{\zeta} T_{\bar{\zeta}}\right| \\
& \geq\left|\zeta T_{\zeta}(0)-\bar{\zeta} T_{\bar{\zeta}}(0)\right|-\left|\zeta\left(T_{\zeta}-T_{\zeta}(0)\right)-\bar{\zeta}\left(T_{\bar{\zeta}}-T_{\bar{\zeta}}(0)\right)\right| \\
& \geq \rho_{1}(r)\left(1-\sum_{n=2}^{\infty} n\left(\left|a_{n}\right|+\left|b_{n}\right|\right) \rho_{1}(r)^{n-1}\right) \\
& \geq \rho_{1}(r)\left(1-\frac{M_{r}^{2}-1}{M_{r}} \frac{\rho_{1}(r)}{1-\rho_{1}(r)}\right)
\end{aligned}
$$

$$
=\frac{1-\sqrt{1-\frac{1}{1+M_{r}-\frac{1}{M_{r}}}}}{1+\sqrt{1-\frac{1}{1+M_{r}-\frac{1}{M_{r}}}}}
$$

we see that the existence of $R$ in (3.4) follows from $L(T)(0)=0$ and

$$
\lim _{r \rightarrow 0+} \frac{r}{\sqrt{2}} \frac{1-\sqrt{1-\frac{1}{1+M_{r}-\frac{1}{M_{r}}}}}{1+\sqrt{1-\frac{1}{1+M_{r}-\frac{1}{M_{r}}}}}=\lim _{r \rightarrow 1-} \frac{r}{\sqrt{2}} \frac{1-\sqrt{1-\frac{1}{1+M_{r}-\frac{1}{M_{r}}}}}{1+\sqrt{1-\frac{1}{1+M_{r}-\frac{1}{M_{r}}}}}=0
$$

We see that $R=\max _{0<r<1} \varphi(r)=\varphi\left(r_{0}\right) \approx 0.0143328$, where $r_{0} \approx 0.41796$ (see Figure 1).


Figure 1. Graph of $\varphi(r)$ on $(0,1)$
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