## Research Article

# An Improved Hardy-Rellich Inequality with Optimal Constant 

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We show that a Hardy-Rellich inequality with optimal constants on a bounded domain can be refined by adding remainder terms. The procedure is based on decomposition into spherical harmonics.

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## 1. Introduction

Hardy inequality in $\mathbb{R}^{N}$ reads, for all $u \in C_{0}^{\infty}\left(\mathbb{R}^{N}\right)$ and $N \geq 3$,

$$
\begin{equation*}
\int_{\mathbb{R}^{N}}|\nabla u|^{2} d x \geq \frac{(N-2)^{2}}{4} \int_{\mathbb{R}^{N}} \frac{u^{2}}{|x|^{2}} d x \tag{1.1}
\end{equation*}
$$

and $(N-2)^{2} / 4$ is the best constant in (1.1) and is never achieved. A similar inequality with the same best constant holds if $\mathbb{R}^{N}$ is replaced by an arbitrary domain $\Omega \subset \mathbb{R}^{N}$ and $\Omega$ contains the origin. Moreover, Brezis and Vázquez [1] have improved it by establishing that for $u \in$ $C_{0}^{\infty}(\Omega)$,

$$
\begin{equation*}
\int_{\Omega}|\nabla u|^{2} d x \geq \frac{(N-2)^{2}}{4} \int_{\Omega} \frac{u^{2}}{|x|^{2}} d x+\Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega} u^{2} d x \tag{1.2}
\end{equation*}
$$

where $\omega_{N}$ and $|\Omega|$ denote the volume of the unit ball $B_{1}$ and $\Omega$, respectively, and $\Lambda(-\Delta, 2)$ is the first eigenvalue of the Dirichlet Laplacian of the unit disc in $\mathbb{R}^{2}$. In case $\Omega$ is a ball centered at zero, the constant $\Lambda(-\Delta, 2)$ in (1.2) is sharp.

Similar improved inequalities have been recently proved if instead of (1.1) one considers the corresponding $L^{p}$ Hardy inequalities. In all these cases a correction term is added on the right-hand side (see, e.g., [2-4]).

On the other hand, the classical Rellich inequality states that, for $N \geq 5$,

$$
\begin{equation*}
\int_{\mathbb{R}^{N}}|\Delta u|^{2} d x \geq\left(\frac{N(N-4)}{4}\right)^{2} \int_{\mathbb{R}^{N}} \frac{u^{2}}{|x|^{4}} d x, \quad u \in C_{0}^{\infty}\left(\mathbb{R}^{N}\right) \tag{1.3}
\end{equation*}
$$

and $(N(N-4) / 4)^{2}$ is the best constant in (1.3) and is never achieved (see [5]). And, more recently, Tertikas and Zographopoulos [6] obtained a stronger version of Rellich's inequality. That is, for all $u \in C_{0}^{\infty}\left(\mathbb{R}^{N}\right)$,

$$
\begin{equation*}
\int_{\mathbb{R}^{N}}|\Delta u|^{2} d x \geq \frac{N^{2}}{4} \int_{\mathbb{R}^{N}} \frac{|\nabla u|^{2}}{|x|^{2}} d x, \quad N \geq 5 \tag{1.4}
\end{equation*}
$$

Both inequalities are valid when $\mathbb{R}^{N}$ is replaced by a bounded domain $\Omega \subset \mathbb{R}^{N}$ containing the origin and the corresponding constants are known to be optimal. Recently, Gazzola et al. [4] have improved (1.3) by establishing that for $\Omega \subset B_{R}(0)$ and $u \in C_{0}^{\infty}(\Omega)$,

$$
\begin{align*}
\int_{\Omega}|\Delta u|^{2} d x \geq & \left(\frac{N(N-4)}{4}\right)^{2} \int_{\Omega} \frac{u^{2}}{|x|^{4}} d x+\frac{N(N-4)}{2} \Lambda(-\Delta, 2) R^{-2} \int_{\Omega} \frac{u^{2}}{|x|^{2}} d x  \tag{1.5}\\
& +\Lambda\left((-\Delta)^{2}, 4\right) R^{-4} \int_{\Omega} u^{2} d x
\end{align*}
$$

where

$$
\begin{equation*}
\Lambda\left((-\Delta)^{2}, 4\right)=\inf _{u \in W^{2,2}\left(B_{1}^{(4)}\right) \backslash\{0\}} \frac{\int_{B_{1}^{(4)}}(\Delta u)^{2} d x}{\int_{B_{1}^{(4)}} u^{2} d x} \tag{1.6}
\end{equation*}
$$

and $B_{1}^{(4)}$ is the unit ball in $\mathbb{R}^{4}$. Our main concern in this note is to improve (1.4). In fact we have the following theorem.

Theorem 1.1. There holds, for $N \geq 5$ and $u \in C_{0}^{\infty}(\Omega)$,

$$
\begin{equation*}
\int_{\Omega}|\Delta u|^{2} d x \geq \frac{N^{2}}{4} \int_{\Omega} \frac{|\nabla u|^{2}}{|x|^{2}} d x+\Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega}|\nabla u|^{2} d x \tag{1.7}
\end{equation*}
$$

Inequality (1.7) is optimal in case $\Omega$ is a ball centered at zero.
Combining Theorem 1.1 with (1.2), we have the following.

Corollary 1.2. There holds, for $N \geq 5$ and $u \in C_{0}^{\infty}(\Omega)$,

$$
\begin{align*}
\int_{\Omega}|\Delta u|^{2} d x \geq & \frac{N^{2}}{4} \int_{\Omega} \frac{|\nabla u|^{2}}{|x|^{2}} d x+\frac{(N-2)^{2}}{4} \Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega} \frac{u^{2}}{|x|^{2}} d x  \tag{1.8}\\
& +\Lambda(-\Delta, 2)^{2}\left(\frac{\omega_{N}}{|\Omega|}\right)^{4 / N} \int_{\Omega} u^{2} d x .
\end{align*}
$$

Next we consider analogous inequality (1.5). The main result is the following theorem. Theorem 1.3. Let $N \geq 8$ and let $\Omega \subset \mathbb{R}^{N}$ be such that $\Omega \subset B_{R}(0)$. Then for every $u \in C_{0}^{\infty}(\Omega)$ one has

$$
\begin{align*}
\int_{\Omega}|\Delta u|^{2} d x \geq & \frac{N^{2}}{4} \int_{\Omega} \frac{|\nabla u|^{2}}{|x|^{2}} d x+\frac{N(N-8)}{4} \Lambda(-\Delta, 2) R^{-2} \int_{\Omega \mid} \frac{u^{2}}{|x|^{2}} d x  \tag{1.9}\\
& +\Lambda\left((-\Delta)^{2}, 4\right) R^{-4} \int_{\Omega} u^{2} d x .
\end{align*}
$$

Remark 1.4. Since

$$
\begin{equation*}
\int_{\Omega} \frac{|\nabla u|^{2}}{|x|^{2}} d x \geq \frac{(N-4)^{2}}{4} \int_{\Omega} \frac{u^{2}}{|x|^{4}} d x+\Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega} \frac{u^{2}}{|x|^{2}} d x, \quad N \geq 5, \tag{1.10}
\end{equation*}
$$

inequality (1.5) is implied by (1.9) in case of $N \geq 8$.

## 2. The Proofs

To prove the main results, we first need the following preliminary result.
Lemma 2.1. Let $N \geq 5$ and $u \in C_{0}^{\infty}\left(\mathbb{R}^{N}\right)$. Set $r=|x|$. If $u(x)$ is a radial function, that is, $u(x)=$ $u(r)$, then

$$
\begin{equation*}
\int_{\mathbb{R}^{N}}|\Delta u|^{2} d x-\frac{N^{2}}{4} \int_{\mathbb{R}^{N}} \frac{|\nabla u|^{2}}{|x|^{2}} d x=\int_{\mathbb{R}^{N}}\left|\nabla u_{r}\right|^{2} d x-\frac{(N-2)^{2}}{4} \int_{\mathbb{R}^{N}} \frac{u_{r}^{2}}{|x|^{2}} d x . \tag{2.1}
\end{equation*}
$$

Proof. Observe that if $u(x)=u(r)$, then

$$
\begin{equation*}
|\nabla u|=\left|u_{r}\right|, \quad \Delta u=\frac{d^{2} u}{d r^{2}}+\frac{N-1}{r} \cdot \frac{d u}{d r} . \tag{2.2}
\end{equation*}
$$

Therefore, we have

$$
\begin{align*}
\int_{\mathbb{R}^{N}}|\Delta u|^{2} d x & =\int_{\mathbb{R}^{N}}\left|u_{r r}+\frac{N-1}{r} u_{r}\right|^{2} d x \\
& =\int_{\mathbb{R}^{N}} u_{r r}^{2} d x+(N-1)^{2} \int_{\mathbb{R}^{N}} \frac{u_{r}^{2}}{r^{2}} d x+2(N-1) \int_{\mathbb{R}^{N}} \frac{u_{r r} u_{r}}{r} d x  \tag{2.3}\\
& =\int_{\mathbb{R}^{N}} u_{r r}^{2} d x+(N-1)^{2} \int_{\mathbb{R}^{N}} \frac{u_{r}^{2}}{r^{2}} d x+(N-1) \int_{\mathbb{R}^{N}} \frac{1}{r} \cdot \frac{d\left(u_{r}^{2}\right)}{d r} d x .
\end{align*}
$$

Though integration by parts, when $n \geq 3$,

$$
\begin{equation*}
\int_{\mathbb{R}^{N}} \frac{1}{r} \cdot \frac{d\left(u_{r}^{2}\right)}{d r} d x=\int_{S^{N-1}} d \sigma \int_{0}^{\infty} r^{N-2} \cdot \frac{d\left(u_{r}^{2}\right)}{d r} d r=-(N-2) \int_{\mathbb{R}^{N}} \frac{u_{r}^{2}}{r^{2}} d x \tag{2.4}
\end{equation*}
$$

and hence

$$
\begin{align*}
\int_{\mathbb{R}^{N}}|\Delta u|^{2} d x-\frac{N^{2}}{4} \int_{\mathbb{R}^{N}} \frac{|\nabla u|^{2}}{|x|^{2}} d x & =\int_{\mathbb{R}^{N}} u_{r r}^{2} d x-\frac{(N-2)^{2}}{4} \int_{\mathbb{R}^{N}} \frac{u_{r}^{2}}{r^{2}} d x  \tag{2.5}\\
& =\int_{\mathbb{R}^{N}}\left|\nabla u_{r}\right|^{2} d x-\frac{(N-2)^{2}}{4} \int_{\mathbb{R}^{N}} \frac{u_{r}^{2}}{|x|^{2}} d x .
\end{align*}
$$

By Lemma 2.1 and inequality (1.2), we have, when restricted to radial functions,

$$
\begin{equation*}
\int_{\Omega}|\Delta u|^{2} d x-\frac{N^{2}}{4} \int_{\Omega} \frac{|\nabla u|^{2}}{|x|^{2}} d x \geq \Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega}|\nabla u|^{2} d x . \tag{2.6}
\end{equation*}
$$

Our next step is to prove the following. If $u(x)$ is not a radial function, inequality (2.6) also holds.

Let $u \in C_{0}^{\infty}(\Omega)$. If we extend $u$ as zero outside $\Omega$, we may consider $u \in C_{0}^{\infty}\left(\mathbb{R}^{N}\right)$. Decomposing $u$ into spherical harmonics we get

$$
\begin{equation*}
u=\sum_{k=0}^{\infty} u_{k}:=\sum_{k=0}^{\infty} f_{k}(r) \phi_{k}(\sigma), \tag{2.7}
\end{equation*}
$$

where $\phi_{k}(\sigma)$ are the orthonormal eigenfunctions of the Laplace-Beltrami operator with responding eigenvalues

$$
\begin{equation*}
c_{k}=k(N+k-2), \quad k \geq 0 \tag{2.8}
\end{equation*}
$$

The functions $f_{k}(r)$ belong to $C_{0}^{\infty}(\Omega)$, satisfying $f_{k}(r)=O\left(r^{k}\right)$ and $f_{k}^{\prime}(r)=O\left(r^{k-1}\right)$ as $r \rightarrow 0$. In particular, $\phi_{0}(\sigma)=1$ and $u_{0}(r)=\left(1 /\left|\partial B_{r}\right|\right) \int_{\partial B_{r}} u d \sigma$, for any $r>0$. Then, for any $k \in \mathbb{N}$, we have

$$
\begin{equation*}
\Delta u_{k}=\left(\Delta f_{k}(r)-\frac{c_{k}}{r^{2}} f_{k}(r)\right) \phi_{k}(\sigma) \tag{2.9}
\end{equation*}
$$

So

$$
\begin{align*}
& \int_{\mathbb{R}^{N}}\left|\Delta u_{k}\right|^{2} d x=\int_{\mathbb{R}^{N}}\left(\Delta f_{k}(r)-\frac{c_{k}}{r^{2}} f_{k}(r)\right)^{2} d x,  \tag{2.10}\\
& \int_{\mathbb{R}^{N}}\left|\nabla u_{k}\right|^{2} d x=\int_{\mathbb{R}^{N}}\left(\left|\nabla f_{k}(r)\right|^{2}+\frac{c_{k}}{r^{2}} f_{k}^{2}(r)\right) d x
\end{align*}
$$

In addition,

$$
\begin{align*}
& \int_{\mathbb{R}^{N}}|\Delta u|^{2} d x=\sum_{k=0}^{\infty} \int_{\mathbb{R}^{N}}\left|\Delta u_{k}\right|^{2} d x=\sum_{k=0}^{\infty} \int_{\mathbb{R}^{N}}\left(\Delta f_{k}(r)-\frac{c_{k}}{r^{2}} f_{k}(r)\right)^{2} d x,  \tag{2.11}\\
& \int_{\mathbb{R}^{N}}|\nabla u|^{2} d x=\sum_{k=0}^{\infty} \int_{\mathbb{R}^{N}}\left|\nabla u_{k}\right|^{2} d x=\sum_{k=0}^{\infty} \int_{\mathbb{R}^{N}}\left(\left|\nabla f_{k}(r)\right|^{2}+\frac{c_{k}}{r^{2}} f_{k}^{2}(r)\right) d x .
\end{align*}
$$

Using equality (2.10), we have that (see, e.g., [6, page 452])

$$
\begin{align*}
\int_{\mathbb{R}^{N}}\left|\Delta u_{k}\right|^{2} d x= & \int_{\mathbb{R}^{N}}\left(f_{k}^{\prime \prime}\right)^{2} d x+\left(N-1+2 c_{k}\right) \int_{\mathbb{R}^{N}} r^{-2}\left(f_{k}^{\prime}\right)^{2} d x \\
& +c_{k}\left[c_{k}+2(N-4)\right] \int_{\mathbb{R}^{N}} r^{-4} f_{k}^{2} d x,  \tag{2.12}\\
\int_{\mathbb{R}^{N}} \frac{\left|\nabla u_{k}\right|^{2}}{|x|^{2}} d x= & \int_{\mathbb{R}^{N}} \frac{\left|\nabla f_{k}(r)\right|^{2}}{r^{2}} d x+c_{k} \int_{\mathbb{R}^{N}} \frac{f_{k}^{2}(r)}{r^{4}} d x .
\end{align*}
$$

Therefore, we have that, by (2.12),

$$
\begin{align*}
& \int_{\mathbb{R}^{N}}\left|\Delta u_{k}\right|^{2} d x-\frac{N^{2}}{4} \int_{\mathbb{R}^{N}} \frac{\left|\nabla u_{k}\right|^{2}}{|x|^{2}} d x \\
& \quad=\int_{\mathbb{R}^{N}}\left(f_{k}^{\prime \prime}\right)^{2} d x-\frac{(N-2)^{2}}{4} \int_{\mathbb{R}^{N}} \frac{\left(f_{k}^{\prime}\right)^{2}}{r^{2}} d x  \tag{2.13}\\
& \quad+c_{k}\left[2 \int_{\mathbb{R}^{N}} \frac{\left(f_{k}^{\prime}\right)^{2}}{r^{2}} d x+\left(c_{k}-\frac{N^{2}-8 N+32}{4}\right) \int_{\mathbb{R}^{N}} \frac{\left(f_{k}\right)^{2}}{r^{4}} d x\right] .
\end{align*}
$$

Lemma 2.2. There holds, for $N \geq 4$ and $k \geq 1$,

$$
\begin{equation*}
2 \int_{\Omega} \frac{\left(f_{k}^{\prime}\right)^{2}}{r^{2}} d x+\left(c_{k}-\frac{N^{2}-8 N+32}{4}\right) \int_{\Omega} \frac{\left(f_{k}\right)^{2}}{r^{4}} d x \geq 2 \Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega} \frac{\left(f_{k}\right)^{2}}{r^{2}} d x \tag{2.14}
\end{equation*}
$$

Proof. Set $g_{k}=f_{k} / r$. Then $g_{k}$ satisfies $g_{k}(r)=O\left(r^{k-1}\right)$ and $g_{k}^{\prime}(r)=O\left(r^{k-2}\right)$ as $r \rightarrow 0$. Moreover, since $f_{k}(r)$ belong to $C_{0}^{\infty}(\Omega)$, we have that

$$
\begin{align*}
\int_{\Omega}\left(g_{k}^{\prime}\right)^{2} d x & =\int_{\Omega} \frac{\left(f_{k}^{\prime}\right)^{2}}{r^{2}} d x-2 \int_{\Omega} \frac{f_{k}^{\prime} f_{k}}{r^{3}} d x+\int_{\Omega} \frac{f_{k}^{2}}{r^{4}} d x \\
& =\int_{\Omega} \frac{\left(f_{k}^{\prime}\right)^{2}}{r^{2}} d x+(N-3) \int_{\Omega} \frac{f_{k}^{2}}{r^{4}} d x  \tag{2.15}\\
& =\int_{\Omega} \frac{\left(f_{k}^{\prime}\right)^{2}}{r^{2}} d x+(N-3) \int_{\Omega} \frac{g_{k}^{2}}{r^{2}} d x
\end{align*}
$$

Here we use the fact when $N \geq 4$ and $k \geq 1$,

$$
\begin{equation*}
2 \int_{\Omega} \frac{f_{k}^{\prime} f_{k}}{r^{3}} d x=\int_{S^{N-1}} d \sigma \int_{0}^{\infty} r^{N-4} \cdot \frac{d\left(f_{k}^{2}\right)}{d r} d r=-(N-4) \int_{\Omega} \frac{f_{k}^{2}}{r^{4}} d x \tag{2.16}
\end{equation*}
$$

Using inequalities (1.2) and (2.15), we have that, for $N \geq 4$ and $k \geq 1$,

$$
\begin{aligned}
& 2 \int_{\Omega} \frac{\left(f_{k}^{\prime}\right)^{2}}{r^{2}} d x+\left(c_{k}-\frac{N^{2}-8 N+32}{4}\right) \int_{\Omega} \frac{\left(f_{k}\right)^{2}}{r^{4}} d x \\
& \quad=2 \int_{\Omega}\left(g_{k}^{\prime}\right)^{2} d x+\left(c_{k}-\frac{N^{2}+8}{4}\right) \int_{\Omega} \frac{g_{k}^{2}}{r^{2}} d x \\
& \quad \geq \frac{(N-2)^{2}}{2} \int_{\Omega} \frac{g_{k}^{2}}{r^{2}} d x+2 \Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega} g_{k}^{2} d x+\left(c_{k}-\frac{N^{2}+8}{4}\right) \int_{\Omega} \frac{g_{k}^{2}}{r^{2}} d x \\
& \quad=\frac{N^{2}-8 N+4 c_{k}}{4} \int_{\Omega} \frac{g_{k}^{2}}{r^{2}} d x+2 \Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega} g_{k}^{2} d x \\
& \quad \geq \frac{N^{2}-8 N+4 c_{1}}{4} \int_{\Omega} \frac{g_{k}^{2}}{r^{2}} d x+2 \Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega} g_{k}^{2} d x
\end{aligned}
$$

$$
\begin{align*}
& =\frac{N^{2}-4 N-4}{4} \int_{\Omega} \frac{g_{k}^{2}}{r^{2}} d x+2 \Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega} g_{k}^{2} d x \\
& \geq 2 \Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega} g_{k}^{2} d x \\
& =2 \Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega} \frac{\left(f_{k}\right)^{2}}{r^{2}} d x . \tag{2.17}
\end{align*}
$$

An immediate consequence of the inequalities (2.13) and Lemma 2.2 is the following result. For $k \geq 1$,

$$
\begin{align*}
& \int_{\mathbb{R}^{N}}\left|\Delta u_{k}\right|^{2} d x-\frac{N^{2}}{4} \int_{\mathbb{R}^{N}} \frac{\left|\nabla u_{k}\right|^{2}}{|x|^{2}} d x  \tag{2.18}\\
& \quad \geq \int_{\mathbb{R}^{N}}\left(f_{k}^{\prime \prime}\right)^{2} d x-\frac{(N-2)^{2}}{4} \int_{\mathbb{R}^{N}} \frac{\left(f_{k}^{\prime}\right)^{2}}{r^{2}} d x+2 c_{k} \Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega} \frac{\left(f_{k}\right)^{2}}{r^{2}} d x .
\end{align*}
$$

Using inequalities (2.18) and Lemma 2.1, we have that, since $f_{k}(r) \in C_{0}^{\infty}(\Omega)$, for $k \geq 1$,

$$
\begin{align*}
& \int_{\mathbb{R}^{N}}\left|\Delta u_{k}\right|^{2} d x-\frac{N^{2}}{4} \int_{\mathbb{R}^{N}} \frac{\left|\nabla u_{k}\right|^{2}}{|x|^{2}} d x \\
& \geq \Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\mathbb{R}^{N}}\left(f_{k}^{\prime}\right) d x+2 c_{k} \Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega} \frac{\left(f_{k}\right)^{2}}{r^{2}} d x  \tag{2.19}\\
& \geq \Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N}\left(\int_{\mathbb{R}^{N}}\left(f_{k}^{\prime}\right) d x+c_{k} \int_{\Omega} \frac{\left(f_{k}\right)^{2}}{r^{2}} d x\right) \\
&=\Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\mathbb{R}^{N}}\left|\nabla u_{k}\right|^{2} d x
\end{align*}
$$

Inequality (2.19) implies that, if $u(x)$ is not a radial function, then

$$
\begin{equation*}
\int_{\Omega}|\Delta u|^{2} d x-\frac{N^{2}}{4} \int_{\Omega} \frac{|\nabla u|^{2}}{|x|^{2}} d x \geq \Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega}|\nabla u|^{2} d x \tag{2.20}
\end{equation*}
$$

Proof of Theorem 1.1. Using inequality (2.6) and (2.20), we have that, for $N \geq 5$ and $u \in$ $C_{0}^{\infty}(\Omega)$,

$$
\begin{equation*}
\int_{\Omega}|\Delta u|^{2} d x \geq \frac{N^{2}}{4} \int_{\Omega} \frac{|\nabla u|^{2}}{|x|^{2}} d x+\Lambda(-\Delta, 2)\left(\frac{\omega_{N}}{|\Omega|}\right)^{2 / N} \int_{\Omega}|\nabla u|^{2} d x \tag{2.21}
\end{equation*}
$$

In case $\Omega$ is a ball centered at zero, a simple scaling allows to consider the case $\Omega=B_{1}$. Set

$$
\begin{equation*}
H=\inf _{u \in C_{0}^{\infty}\left(B_{1}\right) \backslash\{0\}} \frac{\int_{B_{1}}|\Delta u|^{2} d x-\left(N^{2} / 4\right) \int_{B_{1}}\left(|\nabla u|^{2} /|x|^{2}\right) d x}{\int_{B_{1}}|\nabla u|^{2} d x} . \tag{2.22}
\end{equation*}
$$

Using Lemma 2.1 and inequality (1.2), we have that $H \leq H_{\text {radial }}=\Lambda(-\Delta, 2)$. On the other hand, we have, by inequality (2.21), $H \geq \Lambda(-\Delta, 2)$. Thus $H=\Lambda(-\Delta, 2)$. The proof is complete.

Proof of Theorem 1.3. A scaling argument shows that we may assume $R=1$ and $\Omega=$ $B_{1}=B$.

Step 1. Assume $u$ is radial, $r=|x|$ and $v(r)=|x|^{(N-4) / 2} u(r)$, then (see [6, Lemma 2.3])

$$
\begin{equation*}
\int_{B}|\Delta u|^{2} d x-\frac{N^{2}}{4} \int_{B} \frac{|\nabla u|^{2}}{|x|^{2}} d x=\int_{B} \frac{|\Delta v|^{2}}{|x|^{N-4}} d x+\left(\frac{N(N-8)}{4}-N(N-4)\right) \int_{B} \frac{v_{r}^{2}}{|x|^{N-2}} d x \tag{2.23}
\end{equation*}
$$

and (see $[6,(6.4)]$ )

$$
\begin{equation*}
\int_{B} \frac{|\Delta v|^{2}}{|x|^{N-4}} d x=\int_{B} \frac{v_{r r}^{2}}{|x|^{N-4}} d x+(N-1)(N-3) \int_{B} \frac{v_{r}^{2}}{|x|^{N-2}} d x \tag{2.24}
\end{equation*}
$$

Therefore

$$
\begin{equation*}
\int_{B}|\Delta u|^{2} d x-\frac{N^{2}}{4} \int_{B} \frac{|\nabla u|^{2}}{|x|^{2}} d x=\int_{B} \frac{v_{r r}^{2}}{|x|^{N-4}} d x+3 \int_{B} \frac{v_{r}^{2}}{|x|^{N-2}} d x+\frac{N(N-8)}{4} \int_{B} \frac{v_{r}^{2}}{|x|^{N-2}} d x . \tag{2.25}
\end{equation*}
$$

Since $v$ is radial,

$$
\begin{align*}
\int_{B} \frac{v_{r}^{2}}{|x|^{N-2}} d x & \geq \Lambda(-\Delta, 2) \int_{B} \frac{v^{2}}{|x|^{N-2}} d x \\
\int_{B} \frac{v_{r r}^{2}}{|x|^{N-4}} d x+3 \int_{B} \frac{v_{r}^{2}}{|x|^{N-2}} d x & =\frac{\Sigma_{N}}{\Sigma_{4}} \int_{B^{(4)}} v_{r r}^{2} d x+3 \frac{\Sigma_{N}}{\Sigma_{4}} \int_{B^{(4)}} \frac{v_{r}^{2}}{|x|^{2}} d x \\
& =\frac{\Sigma_{N}}{\Sigma_{4}} \int_{B^{(4)}}\left|\Delta_{\mathrm{rad}, 4} v\right|^{2} d x  \tag{2.26}\\
& \geq \frac{\Sigma_{N}}{\Sigma_{4}} \Lambda\left((-\Delta)^{2}, 4\right) \int_{B^{(4)}} v^{2} d x \\
& =\Lambda\left((-\Delta)^{2}, 4\right) \int_{B} \frac{v^{2}}{|x|^{N-4}} d x
\end{align*}
$$

where $\Sigma_{k}$ denote the surface area of the unit sphere in $\mathbb{R}^{k}, B^{(4)}$ is the unit ball in $\mathbb{R}^{4}$, and

$$
\begin{equation*}
\Delta_{\mathrm{rad}, 4}=\frac{\partial^{2}}{\partial r^{2}}+\frac{3}{r} \frac{\partial}{\partial r} \tag{2.27}
\end{equation*}
$$

is the radial Laplacian in $\mathbb{R}^{4}$.
Therefore, for $N \geq 8$,

$$
\begin{align*}
\int_{B}|\Delta u|^{2} d x-\frac{N^{2}}{4} \int_{B} \frac{|\nabla u|^{2}}{|x|^{2}} d x \\
\quad \geq \Lambda(-\Delta, 2) \int_{B} \frac{v^{2}}{|x|^{N-2}} d x+\frac{N(N-8)}{4} \Lambda\left((-\Delta)^{2}, 4\right) \int_{B} \frac{v^{2}}{|x|^{N-4}} d x  \tag{2.28}\\
\quad=\Lambda(-\Delta, 2) \int_{B} \frac{u^{2}}{|x|^{2}} d x+\frac{N(N-8)}{4} \Lambda\left((-\Delta)^{2}, 4\right) \int_{B} u^{2} d x .
\end{align*}
$$

Step 2. For $u \in C_{0}^{\infty}(B)$, set

$$
\begin{equation*}
u=\sum_{k=0}^{\infty} u_{k}:=\sum_{k=0}^{\infty} f_{k}(r) \phi_{k}(\sigma) . \tag{2.29}
\end{equation*}
$$

We get, by (2.18),

$$
\begin{align*}
\int_{B}\left|\Delta u_{k}\right|^{2} d x-\frac{N^{2}}{4} \int_{B} \frac{\left|\nabla u_{k}\right|^{2}}{|x|^{2}} d x & \geq \int_{B}\left(f_{k}^{\prime \prime}\right)^{2} d x-\frac{(N-2)^{2}}{4} \int_{B} \frac{\left(f_{k}^{\prime}\right)^{2}}{r^{2}} d x  \tag{2.30}\\
& =\int_{B}\left|\Delta f_{k}\right|^{2} d x-\frac{N^{2}}{4} \int_{B} \frac{\left|\nabla f_{k}\right|^{2}}{|x|^{2}} d x .
\end{align*}
$$

In getting the last equality, we used Lemma 2.1.
Using inequality (1.9) for radial functions from step 1,

$$
\begin{align*}
& \int_{B}\left|\Delta u_{k}\right|^{2} d x-\frac{N^{2}}{4} \int_{B} \frac{\left|\nabla u_{k}\right|^{2}}{|x|^{2}} d x \\
& \quad \geq \Lambda(-\Delta, 2) \int_{B} \frac{f_{k}^{2}}{|x|^{2}} d x+\frac{N(N-8)}{4} \Lambda\left((-\Delta)^{2}, 4\right) \int_{B} f_{k}^{2} d x  \tag{2.31}\\
& \quad=\Lambda(-\Delta, 2) \int_{B} \frac{u_{k}^{2}}{|x|^{2}} d x+\frac{N(N-8)}{4} \Lambda\left((-\Delta)^{2}, 4\right) \int_{B} u_{k}^{2} d x
\end{align*}
$$

one obtains, by (2.11),

$$
\begin{equation*}
\int_{B}|\Delta u|^{2} d x-\frac{N^{2}}{4} \int_{B} \frac{|\nabla u|^{2}}{|x|^{2}} d x \geq \Lambda(-\Delta, 2) \int_{B} \frac{u^{2}}{|x|^{2}} d x+\frac{N(N-8)}{4} \Lambda\left((-\Delta)^{2}, 4\right) \int_{B} u^{2} d x \tag{2.32}
\end{equation*}
$$

which demonstrates inequality (1.9).

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