# UPPER AND LOWER BOUNDS ON $B_{k}^{+}$-SETS 

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#### Abstract

Let $G$ be an abelian group. A set $A \subset G$ is a $B_{k}^{+}$-set if whenever $a_{1}+\cdots+a_{k}=$ $b_{1}+\cdots+b_{k}$ with $a_{i}, b_{j} \in A$, there is an $i$ and a $j$ such that $a_{i}=b_{j}$. If $A$ is a $B_{k}$-set then it is also a $B_{k}^{+}$-set, but the converse is not true in general. Determining the largest size of a $B_{k}$-set in the interval $\{1,2, \ldots, N\} \subset \mathbb{Z}$ or in the cyclic group $\mathbb{Z}_{N}$ is a well-studied problem. In this paper we investigate the corresponding problem for $B_{k}^{+}$-sets. We prove nontrivial upper bounds on the maximum size of a $B_{k}^{+}$-set contained in the interval $\{1,2, \ldots, N\}$. For odd $k \geq 3$, we construct $B_{k}^{+}$-sets that have more elements than the $B_{k}$-sets constructed by Bose and Chowla. We prove that any $B_{3}^{+}$-set $A \subset \mathbb{Z}_{N}$ has at most $(1+o(1))(8 N)^{1 / 3}$ elements. A set $A$ is a $B_{k}^{*}$-set if whenever $a_{1}+\cdots+a_{k}=a_{k+1}+\cdots+a_{2 k}$ with $a_{i} \in A$, there is an $i \neq j$ such that $a_{i}=a_{j}$. We obtain new upper bounds on the maximum size of a $B_{k}^{*}$-set $A \subset\{1,2, \ldots, N\}$, a problem first investigated by Ruzsa.


## 1. Introduction

Let $G$ be an abelian group. A set $A \subset G$ is a $B_{k}^{+}$-set if

$$
\begin{equation*}
a_{1}+\cdots+a_{k}=b_{1}+\cdots+b_{k} \text { with } a_{1}, \ldots, a_{k}, b_{1}, \ldots, b_{k} \in A \tag{1}
\end{equation*}
$$

implies $a_{i}=b_{j}$ for some $i$ and $j$. A set $A$ is a $B_{k}$-set if (1) implies $\left(a_{1}, \ldots, a_{k}\right)$ is a permutation of $\left(b_{1}, \ldots, b_{k}\right)$. If $A$ is a $B_{k}$-set then $A$ is also a $B_{k}^{+}$-set, but in general the converse is not true. Often $B_{2}$-sets are called Sidon sets and have received much attention since they were first studied by Erdős and Turán [9] in 1941. Let $F_{k}(N)$ be the maximum size of a $B_{k}$-set $A \subset[N]$ and let $C_{k}(N)$ be the maximum size of a $B_{k}$-set $A \subset \mathbb{Z}_{N}$. If $A \subset \mathbb{Z}_{N}$ is a $B_{k}$-set, then $A$ is also a $B_{k}$-set when viewed as a subset of $\mathbb{Z}$. Thus, for any $k \geq 2, C_{k}(N) \leq F_{k}(N)$.

Erdős and Turán proved $F_{2}(N) \leq N^{1 / 2}+O\left(N^{1 / 4}\right)$. Their argument was used by Lindström [13] to show $F_{2}(N) \leq N^{1 / 2}+N^{1 / 4}+1$. In 2010, Cilleruelo [5] obtained

[^0]$F_{2}(N) \leq N^{1 / 2}+N^{1 / 4}+\frac{1}{2}$ as a consequence of a more general result. This is the best known upper bound on $F_{2}(N)$. By counting differences $a-b$ with $a \neq b$, it is easy to prove $C_{2}(N) \leq \sqrt{N}+1$. There are several constructions of dense $B_{2}$-sets (see [17], [2], [16]) that show $C_{2}(N) \geq N^{1 / 2}$ for infinitely many $N$. These constructions imply $F_{2}(N) \sim \sqrt{N}$ and $\lim \sup \frac{C_{2}(N)}{\sqrt{N}}=1$.

For $k \geq 3$, bounds on $F_{k}(N)$ and $C_{k}(N)$ are not as precise. For each $k \geq 2$ and prime power $q$, Bose and Chowla [2] constructed a $B_{k^{-}}$-set $A \subset \mathbb{Z}_{q^{k}-1}$ with $|A|=q$ so that

$$
(1+o(1)) N^{1 / k} \leq F_{k}(N)
$$

The current upper bounds on $F_{k}(N)$ and $C_{k}(N)$ do not match this lower bound for any $k \geq 3$. If $A \subset[N]$ is a $B_{k}$-set then each $k$-multiset in $A$ gives rise to a unique sum in $\{1, \ldots, k N\}$. Therefore, $(\underset{k}{|A|+k-1}) \leq k N$ which implies $F_{k}(N) \leq(k!\cdot k N)^{1 / k}$. Similar counting shows $C_{k}(N) \leq(k!N)^{1 / k}$. By considering differences one can improve these bounds. We illustrate this idea with an example that is relevant to our results. Let $A \subset \mathbb{Z}_{N}$ be a $B_{3}$-set. There are $\binom{|A|}{2}(|A|-2)$ sums of the form $a_{1}+a_{2}-a_{3}$ where $a_{1}, a_{2}$, and $a_{3}$ are distinct elements of $A$. Let $A^{(2)}=\{\{x, y\}$ : $x, y \in A, x \neq y\}$. It is not hard to check that each $n \in \mathbb{Z}_{N}$ has at most one representation as $n=a_{1}+a_{2}-a_{3}$ with $\left\{a_{1}, a_{2}\right\} \in A^{(2)}$ and $a_{3} \in A \backslash\left\{a_{1}, a_{2}\right\}$. This implies $\binom{|A|}{2}(|A|-2) \leq N$ so $|A| \leq(2 N)^{1 / 3}+2$. In general, for any $k \geq 2$

$$
\begin{equation*}
C_{k}(N) \leq\left(\left\lfloor\frac{k}{2}\right\rfloor!\left\lceil\frac{k}{2}\right\rceil!N\right)^{1 / k}+O_{k}(1) \tag{2}
\end{equation*}
$$

and

$$
\begin{equation*}
F_{k}(N) \leq\left(\left\lfloor\frac{k}{2}\right\rfloor!\left\lceil\frac{k}{2}\right\rceil!\cdot\left\lceil\frac{k}{2}\right\rceil N\right)^{1 / k}+O_{k}\left(N^{1 / 2 k}\right) \tag{3}
\end{equation*}
$$

These bounds were first obtained by Jia [12] in the even case, and Chen [3] in the odd case. The best upper bounds on $F_{k}(N)$ are to due to Green [10]. For every $k \geq 2$, (3) has been improved (see for example [10] or [4]), but there is no value of $k \geq 3$ for which (2) has been improved. This is interesting since all of the constructions take place in cyclic groups and provide lower bounds on $C_{k}(N)$. For other bounds on $B_{k}$-sets the interested reader is referred to Green [10], Cilleruelo [4], O'Bryant's survey [14], or the book of Halberstam and Roth [11].

Now we discuss $B_{k}^{+}$-sets. Write $F_{k}^{+}(N)$ for the maximum size of a $B_{k}^{+}$-set $A \subset$ [ $N$ ], and $C_{k}^{+}(N)$ for the maximum size of a $B_{k}^{+}$-set $A \subset \mathbb{Z}_{N}$. Ruzsa [16] proved that a set $A \subset[N]$ with no solution to the equation $x_{1}+\cdots+x_{k}=y_{1}+\cdots+y_{k}$ in $2 k$ distinct integers has at most $(1+o(1)) k^{2-1 / k} N^{1 / k}$ elements. Call such a set a $B_{k}^{*}$-set and define $F_{k}^{*}(N)$ in the obvious way. Any $B_{k}^{+}$-set is also a $B_{k}^{*}$-set so that $F_{k}^{+}(N) \leq F_{k}^{*}(N)$. Using the constructions of Bose and Chowla [2] and Ruzsa's Theorem 5.1 of [16], we get for every $k \geq 3$,

$$
(1+o(1)) N^{1 / k} \leq F_{k}(N) \leq F_{k}^{+}(N) \leq F_{k}^{*}(N) \leq(1+o(1)) k^{2-1 / k} N^{1 / k}
$$

In this paper we improve this upper bound on $F_{k}^{+}(N)$ and $F_{k}^{*}(N)$. We also improve this lower bound on $F_{k}^{+}(N)$ for all odd $k \geq 3$, and we prove a nontrivial upper bound on $C_{3}^{+}(N)$. We do not consider the case when $k=2$. The reason for this is that Ruzsa [16] proved $F_{2}^{*}(N) \leq N^{1 / 2}+4 N^{1 / 4}+11$, and thus $F_{2}(N) \sim$ $F_{2}^{+}(N) \sim F_{2}^{*}(N) \sim N^{1 / 2}$. In fact, a $B_{2}$-set is the same as a $B_{2}^{+}$-set.

Our first result is a construction which shows that for any odd $k \geq 3$, there is a $B_{k}^{+}$-set in $[N]$ that has more elements than any known $B_{k}$-set contained in $[N]$.

Theorem 1.1. For any prime power $q$ and odd integer $k \geq 3$, there is a $B_{k}^{+}$-set $A \subset \mathbb{Z}_{2\left(q^{k}-1\right)}$ with $|A|=2 q$.

Using known results on densities of primes (see [1] for example), Theorem 1.1 implies

Corollary 1.2. For any integer $N \geq 1$ and any odd integer $k \geq 3$,

$$
F_{k}^{+}(N) \geq(1+o(1)) 2^{1-1 / k} N^{1 / k}
$$

Green proved $F_{3}(N) \leq(1+o(1))(3.5 N)^{1 / 3}$. We will use a Bose-Chowla $B_{3}$-set to construct a $B_{3}^{+}$-set $A \subset\left[2 q^{3}\right]$ with $|A|=2 q=\left(4 \cdot 2 q^{3}\right)^{1 / 3}$. Putting the two results together we see that $A$ is denser than any $B_{3}$-set in $\left[2 q^{3}\right]$ for sufficiently large prime powers $q$. Our construction and Green's upper bound show that $F_{3}(N)$ and $F_{3}^{*}(N)$ are not asymptotically the same.

The proof of Theorem 1.1 is based on a simple lemma, Lemma 2.1, which implies

$$
\begin{equation*}
2 C_{k}(N) \leq C_{k}^{+}(2 N) \text { for any odd } k \geq 3 \tag{4}
\end{equation*}
$$

This inequality provides us with a method of estimating $C_{k}(N)$ by proving upper bounds on $C_{k}^{+}(N)$ for odd $k$. Our next theorem provides such an estimate when $k=3$.

Theorem 1.3. If $A \subset \mathbb{Z}_{N}$ is a $B_{3}^{+}$-set, then $|A| \leq(1+o(1))(8 N)^{1 / 3}$.
Theorem 1.3 and (4) imply
Corollary 1.4. If $A \subset \mathbb{Z}_{N}$ is a $B_{3}$-set, then $|A| \leq(1+o(1))(2 N)^{1 / 3}$.
As shown above, there is a simpler argument that implies this bound. The novelty here is that our results imply (2) for $k=3$. It is important to mention that the error term we obtain is larger than the error term in the bound $C_{3}(N) \leq(2 N)^{1 / 3}+2$. We feel that any improvement in the leading term of Theorem 1.3 or (2) would be significant.

In $\mathbb{Z}$ we obtain the following bounds for small $k$.
Theorem 1.5. (i) If $A \subset[N]$ is a $B_{3}^{+}$-set, then $|A| \leq(1+o(1))(18 N)^{1 / 3}$.
(ii) If $A \subset[N]$ is a $B_{4}^{+}$-set, then $|A| \leq(1+o(1))(272 N)^{1 / 4}$.

Recall that Ruzsa [16] proved $F_{k}^{*}(N) \leq(1+o(1)) k^{2-1 / k} N^{1 / k}$ which implies $F_{k}^{+}(N) \leq(1+o(1)) k^{2-1 / k} N^{1 / k}$. For $k \geq 5$, we were able to improve this upper bound on $F_{k}^{+}(N)$ by modifying arguments of Ruzsa. Our method also applies to $B_{k}^{*}$-sets. As a consequence, we improve the upper bound on $F_{k}^{*}(N)$ for all $k \geq 3$. We state our result only for $k=3$ and for large $k$. For other small values of $k$ the reader is referred to Table 1 in Section 6.

Theorem 1.6. If $A \subset[N]$ is a $B_{3}^{*}$-set, then $|A| \leq(1+o(1))(162 N)^{1 / 3}$. If $A \subset[N]$ is a $B_{k}^{*}$-set, then

$$
|A| \leq\left(\frac{1}{4}+\epsilon(k)\right) k^{2} N^{1 / k}
$$

where $\epsilon(k) \rightarrow 0$ as $k \rightarrow \infty$.
We remark that Ruzsa's upper bound on $F_{k}^{*}(N)$ is asymptotic to $k^{2} N^{1 / k}$. Our results do not rule out the possibility of $F_{k}^{+}(N)$ being asymptotic to $F_{k}^{*}(N)$.

Problem 1.7. Determine whether or not $F_{k}^{+}(N)$ is asymptotic to $F_{k}^{*}(N)$ for $k \geq 3$.
If $A \subset[N]$ is a $B_{k}^{*}$-set, then the number of solutions to $2 x_{1}+x_{2}+\cdots+x_{k-1}=$ $y_{1}+\cdots+y_{k}$ with $x_{i}, y_{j} \in A$ is $o\left(|A|^{k}\right)$ (see [16]). A $B_{k}^{*}$-set allows solutions to this equation with $x_{1}, \ldots, x_{k-1}, y_{1}, \ldots, y_{k}$ all distinct, but such a solution cannot occur in a $B_{k}^{+}$-set. If it were true that $F_{k}^{+}(N)$ is asymptotic to $F_{k}^{*}(N)$, then this would confirm the belief that it is the sums of $k$ distinct elements of $A$ that control the size of $A$ and the lower order sums should not matter. Jia [12] defines a semi- $B_{k}$-set to be a set $A$ with the property that all sums consisting of $k$ distinct elements of $A$ are distinct. He states that Erdős conjectured [8] that a semi- $B_{k}$-set $A \subset[N]$ should satisfy $|A| \leq(1+o(1)) N^{1 / k}$. A positive answer to Problem 1.7 would be evidence in favor of this conjecture.

At this time we do not know how to construct $B_{2 k}^{+}$-sets or $B_{2 k}^{*}$-sets for any $k \geq 2$ that are bigger than the corresponding Bose-Chowla $B_{2 k}$-sets. We were able to construct interesting $B_{4}^{+}$-sets in the non-abelian setting.

Let $G$ be a non-abelian group. A set $A \subset G$ is a non-abelian $B_{k}$-set if

$$
\begin{equation*}
a_{1} a_{2} \cdots a_{k}=b_{1} b_{2} \cdots b_{k} \text { with } a_{i}, b_{j} \in A \tag{5}
\end{equation*}
$$

implies $a_{i}=b_{i}$ for $1 \leq i \leq k$. If $A \subset G$ is a non-abelian $B_{k}$-set, then every $k$-letter word in $|A|$ is different so $|A|^{k} \leq|G|$. Odlyzko and Smith [15] proved that there exist infinitely many groups $G$ such that $G$ has a non-abelian $B_{4}$-set $A \subset G$ with $|A|=(1+o(1))\left(\frac{|G|}{1024}\right)^{1 / 4}$. They actually proved a more general result that gives constructions of non-abelian $B_{k}$-sets for all $k \geq 2$. The case when $k=4$ is the only result that we will need. Define a non-abelian $B_{k}^{+}$-set to be a set $A \subset G$ such that (5) implies $a_{i}=b_{i}$ for some $i \in\{1,2, \ldots, k\}$. As in the abelian setting, a non-abelian $B_{k}$-set is also a non-abelian $B_{k}^{+}$-set but the converse is not true in general. Using a construction of [15], we prove

Theorem 1.8. For any prime $p$ with $p-1$ divisible by 4, there is a non-abelian group $G$ of order $48\left(p^{4}-1\right)$ that contains a non-abelian $B_{4}^{+}$-set $A \subset G$ with

$$
|A|=\frac{1}{2}(p-1)
$$

Our result shows that there are infinitely many groups $G$ such that $G$ has a nonabelian $B_{4}^{+}$-set $A$ with $|A|=\left(\frac{|G|}{768}\right)^{1 / 4}+o\left(|G|^{1 / 4}\right)$. We conclude our introduction with the following conjecture concerning $B_{2 k}^{+}$-sets.

Conjecture 1.9. If $k \geq 4$ is any even integer, then there exists a positive constant $c_{k}$ such that for infinitely many $N$,

$$
F_{k}^{+}(N) \geq\left(1+c_{k}+o(1)\right) N^{1 / k}
$$

If Conjecture 1.9 is true with $c_{k}=2^{1-1 / k}-1$ as in the odd case, then using Green's upper bound $F_{4}(N) \leq(1+o(1))(7 N)^{1 / 4}$, we can conclude that $F_{4}(N)$ and $F_{4}^{*}(N)$ are not asymptotically the same just as in the case when $k=3$. Our hope is that a positive answer to Conjecture 1.9 will either provide an analogue of (4) for even $k \geq 4$, or a construction of a $B_{k}^{+}$-set that does not use Bose-Chowla $B_{k}$-sets.

## 2. Proof of Theorem 1.1

In this section we show how to construct $B_{k}^{+}$-sets for odd $k \geq 3$. Our idea is to take a dense $B_{k}$-set $A$ and a translate of $A$.

Lemma 2.1. If $A \subset \mathbb{Z}_{N}$ is a $B_{k}$-set where $k \geq 3$ is odd, then

$$
A^{+}:=\{a+b N: a \in A, b \in\{0,1\}\}
$$

is a $B_{k}^{+}$-set in $\mathbb{Z}_{2 N}$.
Proof. Let $k \geq 3$ be odd and suppose

$$
\begin{equation*}
\sum_{i=1}^{k} a_{i}+b_{i} N \equiv \sum_{i=1}^{k} c_{i}+d_{i} N(\bmod 2 N) \tag{6}
\end{equation*}
$$

where $a_{i}, c_{i} \in A$, and $b_{i}, d_{i} \in\{0,1\}$. Taking (6) modulo $N$ gives

$$
\sum_{i=1}^{k} a_{i} \equiv \sum_{i=1}^{k} c_{i}(\bmod N)
$$

Since $A$ is a $B_{k}$-set in $\mathbb{Z}_{N},\left(a_{1}, \ldots, a_{k}\right)$ must be a permutation of $\left(c_{1}, \ldots, c_{k}\right)$. If we label the $a_{i}$ 's and $c_{i}$ 's so that $a_{1} \leq a_{2} \leq \cdots \leq a_{k}$ and $c_{1} \leq c_{2} \leq \cdots \leq c_{k}$, then $a_{i}=c_{i}$ for $1 \leq i \leq k$. Rewrite (6) as

$$
\sum_{i=1}^{k} b_{i} N \equiv \sum_{i=1}^{k} d_{i} N(\bmod 2 N)
$$

The sums $\sum_{i=1}^{k} b_{i}$ and $\sum_{i=1}^{k} d_{i}$ have the same parity. Since $k$ is odd and $b_{i}, d_{i} \in$ $\{0,1\}$, there must be a $j$ such that $b_{j}=d_{j}$, so $a_{j}+b_{j} N \equiv c_{j}+d_{j} N(\bmod 2 N)$.

Let $q$ be a prime power, $k \geq 3$ be an odd integer, and $A_{k}$ be a Bose-Chowla $B_{k}$-set with $A_{k} \subset \mathbb{Z}_{q^{k}-1}$ (see [2] for a description of $A_{k}$ ). Let

$$
A_{k}^{+}=\left\{a+b\left(q^{k}-1\right): a \in A_{k}, b \in\{0,1\}\right\}
$$

By Lemma 2.1, $A_{k}^{+}$is a $B_{k}^{+}$-set in $\mathbb{Z}_{2\left(q^{k}-1\right)}$ and $\left|A_{k}^{+}\right|=2\left|A_{k}\right|=2 q$. This proves Theorem 1.1.

## 3. Proof of Theorem 1.3

Let $A \subset \mathbb{Z}_{N}$ be a $B_{3}^{+}$-set. If $N$ is odd, then $2 x \equiv 2 y(\bmod N)$ implies $x \equiv y(\bmod N)$. If $N$ is even, then $2 x \equiv 2 y(\bmod N)$ implies $x \equiv y(\bmod N)$ or $x \equiv y+N / 2(\bmod N)$. Because of this, the odd case is quite a bit easier to deal with and so we present the more difficult case. In this section $\boldsymbol{N}$ is assumed to be even. If $N$ is odd, then the proof of Theorem 1.5(i) given in the next section works in $\mathbb{Z}_{N}$. The only modification needed is to divide by $N$ instead of $3 N$ when applying Cauchy-Schwarz. For simplicity of notation, we write $x=y$ rather than $x \equiv y(\bmod N)$.

For $n \in \mathbb{Z}_{N}$, define

$$
f(n)=\#\left\{(\{a, c\}, b) \in A^{(2)} \times A: n=a-b+c,\{a, c\} \cap\{b\}=\emptyset\right\}
$$

Recall that $A^{(2)}=\{\{x, y\}: x, y \in A, x \neq y\}$. The sum $\sum f(n)(f(n)-1)$ counts the number of ordered pairs $((\{a, c\}, b),(\{x, z\}, y))$ such that the tuples $(\{a, c\}, b)$ and $(\{x, z\}, y)$ are distinct, and both are counted by $f(n)$. For each such pair we cannot have $\{a, c\}=\{x, z\}$. Otherwise, the tuples would be equal. If $((\{a, c\}, b),(\{x, z\}, y))$ is counted by $\sum f(n)(f(n)-1)$, then $a+y+c=x+b+z$. By the $B_{3}^{+}$property, $\{a, y, c\} \cap\{x, b, z\} \neq \emptyset$ so that $\{a, c\} \cap\{x, z\} \neq \emptyset$ or $b=y$. The tuples are distinct, so both of these cases cannot occur at the same time.
Case 1: $\{a, c\} \cap\{x, z\} \neq \emptyset$ and $b \neq y$.
Without loss of generality, assume $a=x$. Cancel $a$ from both sides of the equation $a-b+c=x-y+z$ and solve for $c$ to get $c=b-y+z$. Here we are
using the ordering of the tuples $((\{a, c\}, b),(\{x, z\}, y))$ to designate which element is solved for after the cancellation of the common term.

If $z=b$, then $c+y=2 b$ and we have a 3 -term arithmetic progression (a.p. for short). The number of trivial 3-term a.p.'s in $A$ is at most $2|A|$ since for any $a \in A$,

$$
a+a=2 a=2(a+N / 2)
$$

Next we count the number of nontrivial 3-term a.p.'s. By nontrivial, we mean that all terms involved in the a.p. are distinct, and $a+a=2(a+N / 2)$ is considered to be trivial.

If $p+q=2 r$ is a 3-term a.p., then call $p$ and $q$ outer terms. Let $p$ be an outer term of the 3 -term a.p. $p+q=2 r$ where $p, q, r \in A$. We will show that $p$ is an outer term of at most one other nontrivial a.p. Let $p+q^{\prime}=2 r^{\prime}$ be another a.p. with $q^{\prime}, r^{\prime} \in A$ and $(q, r) \neq,\left(q^{\prime}, r^{\prime}\right)$.

If $r=r^{\prime}$, then $p+q=2 r=2 r^{\prime}=p+q^{\prime}$ so $q=q^{\prime}$. This is a contradiction and so we can assume that $r \neq r^{\prime}$.

If $q=q^{\prime}$, then $2 r=p+q=p+q^{\prime}=2 r^{\prime}$ so $r^{\prime}=r$ or $r^{\prime}=r+N / 2$. Thus, $p+q=2 r$ or $p+q=2(r+N / 2)$.

Now suppose $r \neq r^{\prime}$ and $q \neq q^{\prime}$. Since $2 r-q=p=2 r^{\prime}-q^{\prime}$ we have by the $B_{3}^{+}$ property,

$$
\left\{r, q^{\prime}\right\} \cap\left\{r^{\prime}, q\right\} \neq \emptyset
$$

The only two possibilities are $r=q$ or $r^{\prime}=q^{\prime}$, but in either of these cases we get a trivial 3-term a.p. Putting everything together proves the following lemma.

Lemma 3.1. If $A \subset \mathbb{Z}_{N}$ is a $B_{3}^{+}$-set, then the number of 3-term arithmetic progressions in $A$ is at most $4|A|$.

Given a fixed element $a \in A$ and a fixed 3-term a.p. $c+y=2 b$ in $A$, there are at most 4! ways to form an ordered tuple of the form $((\{a, c\}, b),(\{a, b\}, y))$. The number of ordered tuples counted by $\sum f(n)(f(n)-1)$ when $\{a, c\} \cap\{x, z\} \neq \emptyset$ and $z=b$ is at most $4!|A| \cdot 4|A|=96|A|^{2}$. The first factor of $|A|$ in the expression $4!|A| \cdot 3|A|$ comes from the number of ways to choose the element $a$.

Assume now that $z \neq b$. Recall that we have solved for $c$ to get $c=b-y+z$. If $b=y$, then $c=z$ which implies $\{a, c\}=\{x, z\}$, a contradiction as the tuples are distinct. By definition $y \neq z$, so $c=b-y+z$ where $\{b, z\} \in A^{(2)}$ and $\{y\} \cap\{b, z\}=\emptyset$. The number of ways to write $c$ in this form is $f(c)$. Given such a solution $\{b, z\}, y$ counted by $f(c)$, there are two ways to order $b$ and $z$, and $|A|$ ways to choose $a=x$. The number of ordered tuples we obtain when $\{a, c\} \cap\{x, z\} \neq \emptyset$ and $z \neq b$ is at most $|A| \cdot 2 \sum_{c \in A} f(c)$. This completes the analysis in Case 1.

Before addressing Case 2, the case when $b=y$ and $\{a, c\} \cap\{x, z\}=\emptyset$, some additional notation is needed. For $d \in A+A$, define

$$
\begin{aligned}
S(d)=\left\{\{a, b\} \in A^{(2)}: a+b=\right. & d \text { and there is a pair }\left\{a^{\prime}, b^{\prime}\right\} \in A^{(2)} \\
& \text { with } \left.\{a, b\} \cap\left\{a^{\prime}, b^{\prime}\right\}=\emptyset \text { and } a^{\prime}+b^{\prime}=d\right\} .
\end{aligned}
$$

Let $d_{1}, d_{2}, \ldots, d_{M}$ be the integers for which $S\left(d_{i}\right) \neq \emptyset$. Write $S_{i}^{2}$ for $S\left(d_{i}\right)$ and define

$$
T_{i}^{1}=\left\{a: a \in\{a, b\} \text { for some }\{a, b\} \in S_{i}^{2}\right\}
$$

Let $s_{i}=\left|S_{i}^{2}\right|$ and $d_{1}, d_{2}, \ldots, d_{m}$ be the integers for which $s_{i}=2$. Let $d_{m+1}, \ldots, d_{M}$ be the integers for which $s_{i} \geq 3$. For $1 \leq i \leq M$, we will use the notation $S_{i}^{2}=$ $\left\{\left\{a_{1}^{i}, b_{1}^{i}\right\},\left\{a_{2}^{i}, b_{2}^{i}\right\}, \ldots,\left\{a_{s_{i}}^{i}, b_{s_{i}}^{i}\right\}\right\}$. A simple, but important, observation is that for any fixed $i \in\{1, \ldots, M\}$, any element of $A$ appears in at most one pair in $S_{i}^{2}$.

If $A$ was a $B_{3}$-set, then there would be no $d_{i}$ 's. This suggests that a $B_{3}^{+}$-set or a $B_{3}^{*}$-set that is denser than a $B_{3}$-set should have many $d_{i}$ 's. The $B_{3}^{+}$-set $A_{3}^{+}$ constructed in Theorem 1.1 has $m \approx \frac{1}{2}\binom{\left|A_{3}^{+}\right|}{2}$. However, if $A_{3}^{+}$is viewed as a subset of $\mathbb{Z}$, then $m \approx \frac{1}{4}\binom{\left|A_{3}^{+}\right|}{2}$ (see Lemma 4.3 which also holds in $\mathbb{Z}_{N}$ if $N$ is odd).
Case 2: $b=y$ and $\{a, c\} \cap\{x, z\}=\emptyset$.
If $b=y$, then $a+c=x+z$. There are $|A|$ choices for $b=y$ and

$$
\sum_{i=1}^{M}\left|S_{i}^{2}\right|\left(\left|S_{i}^{2}\right|-1\right)
$$

ways to choose an ordered pair of different sets $\{a, c\},\{x, z\} \in A^{(2)}$ with $a+c=x+z$, and $\{a, c\} \cap\{x, z\}=\emptyset$.

Putting Cases 1 and 2 together gives the estimate

$$
\begin{equation*}
\sum f(n)(f(n)-1) \leq|A|\left(2 \sum_{c \in A} f(c)+\sum_{i=1}^{M}\left|S_{i}^{2}\right|\left(\left|S_{i}^{2}\right|-1\right)\right)+96|A|^{2} \tag{7}
\end{equation*}
$$

Our goal is to find upper bounds on the sums $\sum_{c \in A} f(c)$ and $\sum_{i=1}^{M}\left|S_{i}^{2}\right|\left(\left|S_{i}^{2}\right|-1\right)$.
Lemma 3.2. If $x \in T_{i}^{1} \cap T_{j}^{1}$ for some $i \neq j$, then (i) $\max \left\{s_{i}, s_{j}\right\} \leq 3$ and (ii) if $s_{i}=s_{j}=3$, then for some $x_{1}, y, z \in A$ depending on $i$ and $j$, we have $d_{j}=d_{i}+N / 2$ and $S_{i}^{2}=\left\{\left\{x, x_{1}\right\},\{y, z\},\left\{y+\frac{N}{2}, z+\frac{N}{2}\right\}\right\}, S_{j}^{2}=\left\{\left\{x, x_{1}+\frac{N}{2}\right\},\left\{y+\frac{N}{2}, z\right\},\left\{y, z+\frac{N}{2}\right\}\right\}$.
Proof. If $s_{i}=2$ and $s_{j}=2$ then we are done. Assume $s_{j}>2$. Let $S_{i}^{2}=$ $\left\{\left\{a_{1}^{i}, b_{1}^{i}\right\}, \ldots,\left\{a_{s_{i}}^{i}, b_{s_{i}}^{i}\right\}\right\}$ and $S_{j}^{2}=\left\{\left\{a_{1}^{j}, b_{1}^{j}\right\}, \ldots,\left\{a_{s_{j}}^{j}, b_{s_{j}}^{j}\right\}\right\}$. Without loss of generality, suppose $x=a_{i}^{1}$ and $x=a_{j}^{1}$. By definition, $s_{i} \geq 2$ so we can write $d_{i}=x+b_{1}^{i}=a_{2}^{i}+b_{2}^{i}$ and $d_{j}=x+b_{1}^{j}=a_{2}^{j}+b_{2}^{j}=a_{3}^{j}+b_{3}^{j}$.

Solve for $x$ to get $x=a_{2}^{i}+b_{2}^{i}-b_{1}^{i}=a_{2}^{j}+b_{2}^{j}-b_{1}^{j}$. This can be rewritten as

$$
\begin{equation*}
a_{2}^{i}+b_{2}^{i}+b_{1}^{j}=a_{2}^{j}+b_{2}^{j}+b_{1}^{i} \tag{8}
\end{equation*}
$$

Since $d_{i} \neq d_{j}, b_{1}^{i}$ cannot be $b_{1}^{j}$ therefore $b_{1}^{j}$ is not on the right hand side of (8), and $b_{1}^{i}$ is not on the left hand side of (8). By the $B_{3}^{+}$property, $\left\{a_{2}^{i}, b_{2}^{i}\right\} \cap\left\{a_{2}^{j}, b_{2}^{j}\right\} \neq \emptyset$.

The same argument can be repeated with $a_{3}^{j}$ in place of $a_{2}^{j}$ and $b_{3}^{j}$ in place of $b_{2}^{j}$ to get

$$
\left\{a_{2}^{i}, b_{2}^{i}\right\} \cap\left\{a_{3}^{j}, b_{3}^{j}\right\} \neq \emptyset
$$

Recall any element of $A$ can occur at most once in the list $a_{1}^{j}, b_{1}^{j}, a_{2}^{j}, b_{2}^{j}, \ldots a_{s_{j}}^{j}, b_{s_{j}}^{j}$ thus $s_{j} \leq 3$. By symmetry, $s_{i} \leq 3$.

Now suppose $s_{i}=s_{j}=3$. Repeating the argument above, we have for each $2 \leq k \leq 3$ and $2 \leq l \leq 3$,

$$
\left|\left\{a_{l}^{i}, b_{l}^{i}\right\} \cap\left\{a_{k}^{j}, b_{k}^{j}\right\}\right|=1
$$

This intersection cannot have size 2 since $d_{i} \neq d_{j}$. Without loss of generality, let $y=a_{2}^{i}=a_{2}^{j}, z=b_{2}^{i}=a_{3}^{j}, u=a_{3}^{i}=b_{2}^{j}$, and $v=b_{3}^{i}=b_{3}^{j}$. We represent these equalities between $T_{i}^{1}$ and $T_{j}^{1}$ using a bipartite graph with parts $T_{i}^{1}$ and $T_{j}^{1}$ where $w \in T_{i}^{1}$ is adjacent to $w^{\prime} \in T_{j}^{1}$ if and only if $w=w^{\prime}$ (see Figure 1).


Figure 1 - Equality Graph for Lemma 3.2
The equalities $d_{i}=y+z=u+v$ and $d_{j}=y+u=z+v$ imply $d_{i}-d_{j}=z-u$ and $d_{i}-d_{j}=u-z$. Therefore $2 z=2 u$. If $z=u$, then this is a contradiction since the elements in the list $x, b_{1}^{i}, y, z, u, v$ are all distinct. It is in this step that the parity of $N$ plays an important role. We conclude $u=z+N / 2$ and

$$
d_{j}=y+u=y+(z+N / 2)=y+z+N / 2=d_{i}+N / 2
$$

Let $b_{1}^{i}=x_{1}$ so $b_{1}^{j}=x_{1}+N / 2$. Since $d_{i}=y+z=u+v$ and $u=z+N / 2$,

$$
v=y+z-u=y+z-(z+N / 2)=y-N / 2=y+N / 2 .
$$

Substituting $u=z+N / 2$ and $v=y+N / 2$ gives the assertion about the pairs in $S_{i}^{2}$ and $S_{j}^{2}$ when $s_{i}=s_{j}=3$.

Corollary 3.3. If $s_{i} \geq 4$, then for any $j \neq i, T_{i}^{1} \cap T_{j}^{1}=\emptyset$. Furthermore, any $x \in A$ is in at most two $T_{i}^{1}$ 's with $s_{i}=3$.

Proof. The first statement follows immediately from Lemma 3.2. For the second statement, suppose $x \in T_{i}^{1} \cap T_{j}^{1}$ with $s_{i}=s_{j}=3$ and $i \neq j$. By Lemma 3.2, $\left\{x, x_{1}\right\} \in S_{i}^{2}$ and $\left\{x, x_{1}+N / 2\right\} \in S_{j}^{2}$ for some $x_{1} \in A$. If $x \in T_{k}^{1}$ with $k \neq i$, then $\left\{x, x_{1}+N / 2\right\} \in S_{k}^{2}$ so $d_{j}=x+\left(x_{1}+N / 2\right)=d_{k}$ and $j=k$.

Lemma 3.4. If $A \subset \mathbb{Z}_{N}$ is a $B_{3}^{+}$-set, then

$$
\sum_{c \in A} f(c) \leq|A|^{2}+7|A|
$$

Proof. For $c \in A$, let

$$
g_{1}(c)=\#\left\{(\{x, z\}, y) \in A^{(2)} \times A: c=x-y+z, c \neq y,\{x, z\} \cap\{y\}=\emptyset\right\}
$$

and

$$
g_{2}(c)=\#\left\{(\{x, z\}, y) \in A^{(2)} \times A: c=x-y+z, c=y,\{x, z\} \cap\{y\}=\emptyset\right\} .
$$

For each $c \in A, f(c)=g_{1}(c)+g_{2}(c)$. The sum $\sum_{c \in A} g_{2}(c)$ is exactly the number of nontrivial 3-term a.p.'s in $A$. By Lemma 3.1, $\sum_{c \in A} g_{1}(c) \leq 4|A|$. Estimating $\sum_{c \in A} g_{1}(c)$ takes more work. To compute $g_{1}(c)$ with $c \in A$, we first choose an $i$ with $c \in T_{i}^{1}$, and then choose one of the pairs $\{x, z\} \in S_{i}^{2} \backslash\{c, y\}$ to obtain a solution $c=x-y+z$ with $c \neq y$ and $\{x, z\} \cap\{y\}=\emptyset$.

If $c \notin T_{1}^{1} \cup \cdots \cup T_{M}^{1}$, then the equation $c+y=x+z$ with $c, y, x$, and $z$ all distinct has no solutions in $A$ so $g_{1}(c)=0$. Assume $c \in T_{1}^{1} \cup \cdots \cup T_{M}^{1}$.
Case 1: $c \notin T_{1}^{1} \cup \cdots \cup T_{m}^{1}$.
By Corollary 3.3, there are two possibilities. One is that there is a unique $j$ with $c \in T_{j}^{1}$ and $s_{j} \geq 3$. In this case, $\left|S_{j}^{2}\right| \leq \frac{|A|}{2}$ so $g_{1}(c) \leq \frac{|A|}{2}$. The other possibility is that $c \in T_{i}^{1} \cap T_{j}^{1}$ with $s_{i}=s_{j}=3$ and $i \neq j$. In this case, $g_{1}(c) \leq 4$ because we can choose either $i$ or $j$, and then one of the two pairs in $S_{i}^{2}$ or $S_{j}^{2}$ that does not contain $c$.
Case 2: $c \in T_{1}^{1} \cup \cdots \cup T_{m}^{1}$.
By Lemma 3.2, $c$ is not in any $T_{j}^{1}$ with $s_{j} \geq 4$ and $c$ is in at most two $T_{j}^{1}$ 's with $s_{j}=3$. There are at most $|A| T_{i}^{1}$ 's with $c \in T_{i}^{1}$ since there are at most $|A|$ pairs $\{c, y\}$ that contain $c$ so $g_{1}(c) \leq|A|+4$.

In all cases, $g_{1}(c) \leq|A|+4$ and

$$
\sum_{c \in A} f(c)=\sum_{c \in A}\left(g_{1}(c)+g_{2}(c)\right) \leq|A|(|A|+4)+4|A|
$$

which proves the lemma.
Lemma 3.5. If $g_{1}(c)$ is the function of Lemma 3.4, then

$$
2 \sum_{i=1}^{M}\left|S_{i}^{2}\right|\left(\left|S_{i}^{2}\right|-1\right)=\sum_{c \in A} g_{1}(c) .
$$

Proof. Define an edge-colored graph $G$ with vertex set $A$, edge set $\cup_{i=1}^{M} S_{i}^{2}$, and such that the color of edge $\{a, b\}$ is $a+b$. The sum $\sum_{i=1}^{M}\left|S_{i}^{2}\right|\left(\left|S_{i}^{2}\right|-1\right)$ counts ordered pairs $(\{c, y\},\{x, z\})$ of distinct edges of $G$ where $\{c, y\}$ and $\{x, z\}$ have the same color, i.e., $c+y=x+z$, and $c, y, x$, and $z$ are all distinct elements of $A$. The sum $\sum_{c \in A} g_{1}(c)$ counts each such ordered pair $(\{c, y\},\{x, z\})$ exactly two times, one contribution coming from $g_{1}(c)$ and the other from $g_{1}(y)$.

By Lemma 3.5,

$$
\begin{equation*}
\sum_{i=1}^{M}\left|S_{i}^{2}\right|\left(\left|S_{i}^{2}\right|-1\right) \leq \frac{1}{2} \sum_{c \in A} f(c) \tag{9}
\end{equation*}
$$

Next we use the following version of the Cauchy-Schwarz inequality.
Lemma 3.6. (Cauchy-Schwarz) If $x_{1}, \ldots, x_{n}$ are real numbers, $t \in\{1,2, \ldots, n-1\}$, and $\Delta=\frac{1}{t} \sum_{i=1}^{t} x_{i}-\frac{1}{n} \sum_{i=1}^{n} x_{i}$, then

$$
\sum_{i=1}^{n} x_{i}^{2} \geq \frac{1}{n}\left(\sum_{i=1}^{n} x_{i}\right)^{2}+\frac{t n \Delta^{2}}{n-t}
$$

A simple counting argument shows $\sum f(n)=\binom{|A|}{2}(|A|-2)$. Let $\sum_{c \in A} f(c)=$ $\delta|A|^{2}$. If

$$
\Delta:=\frac{1}{|A|} \sum_{c \in A} f(c)-\frac{1}{N} \sum_{n} f(n)=\delta|A|-\frac{1}{N} \sum_{n} f(n)
$$

then, using Ruzsa's bound $|A|=O\left(N^{1 / 3}\right)$ and $C_{3}^{+}(N) \leq F_{3}^{+}(N)$, we get

$$
\Delta=\delta|A|-\frac{\binom{|A|}{2}(|A|-2)}{N} \geq \delta|A|-C
$$

where $C$ is some absolute constant. By Lemma 3.6,

$$
\begin{aligned}
\sum f(n)^{2} & \geq \frac{\binom{|A|}{2}^{2}(|A|-2)^{2}}{N}+\frac{|A| \cdot N(\delta|A|-C)^{2}}{N-|A|} \\
& =\frac{\binom{|A|}{2}^{2}(|A|-2)^{2}}{N}+\delta^{2}|A|^{3} \frac{\left(1-\frac{C}{\delta|A|}\right)^{2}}{1-\frac{|A|}{N}}
\end{aligned}
$$

By (7) and (9),

$$
\begin{aligned}
\sum f(n)^{2} & \leq \sum f(n)+|A|\left(2 \sum_{c \in A} f(c)+\sum_{i=1}^{M}\left|S_{i}^{2}\right|\left(\left|S_{i}^{2}\right|-1\right)\right)+96|A|^{2} \\
& \leq \frac{|A|^{3}}{2}+\frac{5|A|}{2} \sum_{c \in A} f(c)+96|A|^{2} \\
& =|A|^{3}\left(\frac{1+5 \delta}{2}\right)+96|A|^{2}
\end{aligned}
$$

Combining the two estimates on $\sum f(n)^{2}$ gives the inequality

$$
\begin{equation*}
\frac{\binom{|A|}{2}^{2}(|A|-2)^{2}}{N}+\delta^{2}|A|^{3} \frac{\left(1-\frac{C}{\delta|A|}\right)^{2}}{1-\frac{|A|}{N}} \leq|A|^{3}\left(\frac{1+5 \delta}{2}\right)+96|A|^{2} \tag{10}
\end{equation*}
$$

If $\delta=0$, then (10) is not valid but we still get

$$
\frac{\binom{|A|}{2}^{2}(|A|-2)^{2}}{N} \leq \frac{|A|^{3}}{2}+96|A|^{2} .
$$

This inequality implies $|A| \leq(1+o(1))(2 N)^{1 / 3}$. Assume that $\delta>0$. In this case, (10) simplifies to

$$
\begin{equation*}
|A| \leq(1+o(1))\left(2+10 \delta-4 \delta^{2}\right)^{1 / 3} N^{1 / 3} \tag{11}
\end{equation*}
$$

At this point we find the maximum of the right hand side of (11) using the fact that $0 \leq \delta \leq 1+\frac{7}{|A|}$, which follows from Lemma 3.4. For $|A| \geq 28$, the maximum occurs when $\delta=1+\frac{7}{|A|}$ therefore, after some simplifying, we find

$$
|A| \leq(1+o(1))(8 N)^{1 / 3}
$$

## 4. Proof of Theorem 1.5(i)

The proof of Theorem 1.5(i) follows along the same lines as the proof of Theorem 1.3. We will use the same notation as in the previous section. The derivation of (7) is very similar except in $\mathbb{Z}$, or in $\mathbb{Z}_{N}$ with $N$ odd, there are fewer 3-term a.p.'s in $A$. Regardless, (7) still holds under the assumption that $A \subset[N]$ is a $B_{3}^{+}$-set, or $A \subset \mathbb{Z}_{N}$ is a $B_{3}^{+}$-set and $N$ odd.

Next we prove a lemma that corresponds to Lemma 3.2.
Lemma 4.1. If $x \in T_{i}^{1} \cap T_{j}^{1}$ for distinct $i$ and $j$, then either $s_{i}=s_{j}=2$, or if $s_{j}>2$, then $s_{i}=2, s_{j}=3$, and $\left|T_{i}^{1} \cap T_{j}^{1}\right| \geq 3$.

Proof. The proof of this lemma is exactly the same as the proof of Lemma 3.2 up until the point where we write the equation $2 z=2 u$. In $\mathbb{Z}$ (or $\mathbb{Z}_{N}$ with $N$ odd), this implies $z=u$ which is a contradiction since the elements $x, b_{1}^{i}, y, z, u, v$ are all distinct. This allows us to conclude that $T_{i}^{1} \cap T_{j}^{1}=\emptyset$ for any $i \neq j$ with $s_{i} \geq 3$ and $s_{j} \geq 3$.

The assertion $\left|T_{i}^{1} \cap T_{j}^{1}\right| \geq 3$ can be verified with some easy computations. Alternatively, one can just ignore $a_{3}^{i}=u$ and $b_{3}^{i}=v$ in Figure 1 to see $\left|T_{i}^{1} \cap T_{j}^{1}\right| \geq 3$.

Corollary 4.2. If $m+1 \leq i<j \leq M$, then $T_{i}^{1} \cap T_{j}^{1}=\emptyset$.

Proof. If $x \in T_{i} \cap T_{j}$ with $i \neq j$, then by Lemma 4.1, one of $s_{i}$ or $s_{j}$ must be equal to 2 .

The next lemma has no corresponding lemma from the previous section. It will be used to estimate $\sum_{c \in A} f(c)$.

Lemma 4.3. If $A \subset[N]$ is a $B_{3}^{+}$-set or if $A \subset \mathbb{Z}_{N}$ is a $B_{3}^{+}$-set and $N$ is odd, then for any $a \in A$, the number of distinct $i \in\{1,2, \ldots, m\}$ such that $a \in T_{i}^{1}$ is at most $\frac{|A|}{2}$.

Proof. To make the notation simpler, we suppose $a \in T_{i}^{1}$ for $1 \leq i \leq k$ and we will show $k \leq \frac{|A|}{2}$. The case when $a \in T_{i_{1}}^{1} \cap \cdots \cap T_{i_{k}}^{1}$ for some sequence $1 \leq$ $i_{1}<\cdots<i_{k} \leq m$ is the same. For this lemma we deviate from the notation $S_{i}^{2}=\left\{\left\{a_{1}^{i}, b_{1}^{i}\right\}, \ldots\left\{a_{s_{i}}^{i}, b_{s_{i}}^{i}\right\}\right\}$. Write $S_{i}^{2}=\left\{\left\{a, a_{i}\right\},\left\{b_{i}, c_{i}\right\}\right\}$ and $a+a_{i}=b_{i}+c_{i}$ where $1 \leq i \leq k$, and for fixed $i$, the elements $a, a_{i}, b_{i}$, and $c_{i}$ are all distinct. Observe $a_{1}, \ldots, a_{k}$ are all distinct since the sums $a+a_{i}$ are all distinct. For $1 \leq i \leq k$, $a=b_{i}+c_{i}-a_{i}$. Therefore,

$$
b_{i}+c_{i}+a_{j}=b_{j}+c_{j}+a_{i}
$$

for any $1 \leq i, j \leq k$. These two sums must intersect and they cannot intersect at $a_{j}$ or $a_{i}$, unless $i=j$, so for $2 \leq j \leq k$,

$$
\left\{b_{1}, c_{1}\right\} \cap\left\{b_{j}, c_{j}\right\} \neq \emptyset .
$$

Let $2 \leq j \leq l$ be the indices for which the sums intersect at $b_{1}$. Let $l+1 \leq j \leq k$ be the indices for which the sums intersect at $c_{1}$. Let $b=b_{1}$ and $c=c_{1}$. We have the $k$ equations

$$
\begin{array}{cc}
a+a_{1}= & b+c, \\
a+a_{2} & =b+c_{2}, \\
\vdots & \vdots \\
a+a_{l}= & b+c_{l}, \\
a+a_{l+1} & =b_{l+1}+c, \\
\vdots & \vdots \\
a+a_{k}= & b_{k}+c .
\end{array}
$$

We will show that $a_{1}, \ldots, a_{k}, c_{1}, \ldots, c_{l}, b_{l+1}, \ldots, b_{k}$ are all distinct which implies $2 k \leq|A|$.

Suppose $a_{i}=b_{j}$ for some $2 \leq i \leq l$ and $l+1 \leq j \leq k$. Then $a+b_{j}=a+a_{i}=b+c_{i}$, but $a=b_{j}+c-a_{j}$. Therefore, $b+c_{i}=a+b_{j}=2 b_{j}+c-a_{j}$ which implies $2 b_{j}+c=b+c_{i}+a_{j}$. The elements $a_{j}, b_{j}$, and $c$ are all distinct so these sums cannot
intersect at $a_{j}$. Similarly they cannot intersect at $c$. The only remaining possibility is $b_{j}=c_{i}$, but then $a_{i}=b_{j}=c_{i}$, which is a contradiction. We conclude that $a_{i}$ and $b_{j}$ are distinct for $2 \leq i \leq l$ and $l+1 \leq j \leq k$. A similar argument shows that $a_{j}$ and $c_{i}$ are distinct for $l+1 \leq j \leq k$ and $2 \leq i \leq l$.

Suppose now that $a_{i}=c_{i^{\prime}}$ for some $2 \leq i \neq i^{\prime} \leq l$. Then $b+c_{i}=a+a_{i}=$ $a+c_{i^{\prime}}=a+\left(a+a_{i^{\prime}}-b\right)$, so that $2 b+c_{i}=2 a+a_{i^{\prime}}$. Since $2 \leq i^{\prime} \leq l$, these sums cannot intersect at $b$ and they cannot intersect at $a$. If $c_{i}=a_{i^{\prime}}$, then $a=b$ which is impossible. The equation $2 b+c_{i}=2 a+a_{i^{\prime}}$ contradicts the $B_{3}^{+}$property. Note that $2 b=2 a$ need not imply $a=b$ if $A \subset \mathbb{Z}_{N}$ with $N$ even. We conclude that $a_{i} \neq c_{i^{\prime}}$ for each $2 \leq i \neq i^{\prime} \leq l$. Similarly, $a_{j} \neq b_{j^{\prime}}$ for $l+1 \leq j \neq j^{\prime} \leq k$.

The previous two paragraphs imply

$$
\left\{a_{1}, a_{2}, \ldots, a_{k}\right\} \cap\left\{c_{2}, c_{3}, \ldots, c_{l}, b_{l+1}, b_{l+2}, \ldots, b_{k}\right\}=\emptyset
$$

To finish the proof we show $\left\{c_{2}, c_{3}, \ldots, c_{l}\right\} \cap\left\{b_{l+1}, b_{l+2}, \ldots, b_{k}\right\}=\emptyset$. Suppose $c_{i}=b_{j}$ for some $2 \leq i \leq l$ and $l+1 \leq j \leq k$. Then
$a+a_{i}=b+c_{i}=b+b_{j}=b+\left(a+a_{j}-c\right)=b+a+a_{j}-\left(a+a_{1}-b\right)=a_{j}+2 b-a_{1}$
which implies $a+a_{i}+a_{1}=a_{j}+2 b$. Since $i<l+1 \leq j$, these sums cannot intersect at $a_{j}$. They cannot intersect at $b$ either since $a, a_{i}, b$, and $c_{i}$ are all distinct whenever $1 \leq i \leq l$. This is a contradiction. Therefore, $c_{i} \neq b_{j}$ for all $2 \leq i \leq l$ and $l+1 \leq j \leq k$.

Lemma 4.4. If $A \subset[N]$ is a $B_{3}^{+}$-set, then

$$
\sum_{c \in A} f(c) \leq \frac{|A|^{2}}{2}+4|A|
$$

Proof. Again we write $f$ as a sum of the simpler functions $g_{1}$ and $g_{2}$. Recall that for $c \in A$,

$$
g_{1}(c)=\#\left\{(\{x, z\}, y) \in A^{(2)} \times A: c=x-y+z, c \neq y,\{x, z\} \cap\{y\}=\emptyset\right\}
$$

and

$$
g_{2}(c)=\#\left\{(\{x, z\}, y) \in A^{(2)} \times A: c=x-y+z, c=y,\{x, z\} \cap\{y\}=\emptyset\right\} .
$$

For each $c \in A, f(c)=g_{1}(c)+g_{2}(c)$. The sum $\sum_{c \in A} g_{2}(c)$ is exactly the number of nontrivial 3-term a.p.'s in $A$. By Lemma 3.1, this is at most $4|A|$.

If $c \notin T_{1}^{1} \cup \cdots \cup T_{M}^{1}$, then the equation $c+y=x+z$ with $c, y, x$, and $z$ all distinct has no solutions in $A$ so $g_{1}(c)=0$. Assume $c \in T_{1}^{1} \cup \cdots \cup T_{M}^{1}$.
Case 1: $c \notin T_{1}^{1} \cup \cdots \cup T_{m}^{1}$.

By Corollary 4.2, there is a unique $j$ with $c \in T_{j}^{1}$ and $m+1 \leq j \leq M$. For such a $j$ we have $\left|S_{j}^{2}\right| \leq \frac{|A|}{2}$ by Corollary 4.2. There is a unique pair in $S_{j}^{2}$ that contains $c$ so $y$ is determined. There are at most $\frac{|A|}{2}$ choices for the pair $\{x, z\} \in S_{j}^{2} \backslash\{c, y\}$ so $g_{1}(c) \leq \frac{|A|}{2}$.
Case 2: $c \in T_{1}^{1} \cup \cdots \cup T_{m}^{1}$.
First assume $c \notin T_{m+1}^{1} \cup \cdots \cup T_{M}^{1}$. A solution to $c+y=x+z$ with $c, y, x$, and $z$ all distinct corresponds to a choice of an $S_{i}^{2}$ with $1 \leq i \leq m$ and $c \in T_{i}^{1}$. By Lemma 4.3, $c$ is in at most $\frac{|A|}{2} T_{i}^{1}$ 's and so $g_{1}(c) \leq \frac{|A|}{2}$.

Lastly suppose $c \in T_{m+1}^{1} \cup \cdots \cup T_{M}^{1}$. There is a unique $j$ with $c \in T_{j}^{1}$ and $m+1 \leq j \leq M$. Furthermore, for this $j$ we have $\left|T_{j}^{1}\right|=6$ by Lemma 4.1. If $c \in T_{i}^{1}$ with $1 \leq i \leq m$ then, again by Lemma $4.1,\left|T_{i}^{1} \cap T_{j}^{1}\right| \geq 3$. There are $\binom{6}{3}$ 3 -subsets of $T_{j}^{1}$ and given such a 3 -subset, there are $\binom{3}{1}$ ways to pair up an element in the 3-subset with $c$ in $S_{i}^{2}$. This implies $c$ is in at most $3\binom{6}{3} S_{i}^{2}$ 's with $1 \leq i \leq m$, so $g_{1}(c) \leq 2+3\binom{6}{3} \leq \frac{|A|}{2}$. The 2 comes from choosing one of the two pairs in $S_{j}^{2} \backslash\{c, y\}$.

The rest of the proof of Theorem 1.5(i) is almost identical to that of Theorem 1.3. If $\sum_{c \in A} f(c)=\delta|A|^{2}$, then by (7) and (9),

$$
\sum f(n)^{2} \leq|A|^{3}\left(\frac{1+5 \delta}{2}\right)+O\left(|A|^{2}\right)
$$

We use the same version of the Cauchy-Schwarz inequality to get

$$
\begin{equation*}
\frac{\binom{|A|}{2}^{2}(|A|-2)^{2}}{3 N}+\delta^{2}|A|^{3} \frac{\left(1-\frac{C}{\delta|A|}\right)}{1-\frac{|A|}{3 N}} \leq|A|^{3}\left(\frac{1+5 \delta}{2}\right)+O\left(|A|^{2}\right) \tag{12}
\end{equation*}
$$

If $\delta=0$, then

$$
\frac{\binom{|A|}{2}^{2}(|A|-2)^{2}}{3 N} \leq \frac{|A|^{3}}{2}+O\left(|A|^{2}\right)
$$

which implies $|A| \leq(1+o(1))(6 N)^{1 / 3}$. Assume $\delta>0$. Then (12) simplifies to

$$
|A| \leq(1+o(1))\left(6+30 \delta-12 \delta^{2}\right)^{1 / 3} N^{1 / 3}
$$

By Lemma 4.4, $0 \leq \delta \leq \frac{1}{2}+\frac{3}{|A|}$. The maximum occurs when $\delta=\frac{1}{2}+\frac{3}{|A|}$ and we get

$$
|A| \leq(1+o(1))(18 N)^{1 / 3}
$$

If we were working in $\mathbb{Z}_{N}$ with $N$ odd, then in (12) the $3 N$ can be replaced by $N$. Some simple calculations show that we get Theorem 1.3 in the odd case. We actually obtain the upper bound $|A| \leq(1+o(1))(6 N)^{1 / 3}$ when $A \subset \mathbb{Z}_{N}$ is a $B_{3}^{+}$-set and $N$ is odd.

## 5. Proof of Theorem 1.5(ii)

Let $A \subset[N]$ be a $B_{4}^{+}$-set. For $n \in[-2 N, 2 N]$, define

$$
\begin{aligned}
f(n)=\#\left\{\left(\left\{a_{1}, a_{2}\right\},\left\{b_{1}, b_{2}\right\}\right) \in\right. & A^{(2)} \times A^{(2)}: a_{1}+a_{2}-b_{1}-b_{2}=n \\
& \left.\left\{a_{1}, a_{2}\right\} \cap\left\{b_{1}, b_{2}\right\}=\emptyset\right\}
\end{aligned}
$$

Recall that $A^{(2)}=\{\{x, y\}: x, y \in A, x \neq y\}$.
Lemma 5.1. If $A \subset[N]$ is a $B_{4}^{+}$-set, then $A$ is a $B_{2}$-set.
Proof. Suppose $a+b=c+d$ with $a, b, c, d \in A$. If $\{a, b\} \cap\{c, d\}=\emptyset$, then the equation $2(a+b)=2(c+d)$ contradicts the $B_{4}^{+}$property so $\{a, b\} \cap\{c, d\} \neq \emptyset$. Since $a+b=c+d$ and $\{a, b\} \cap\{c, d\} \neq \emptyset$, we have $\{a, b\}=\{c, d\}$.

Lemma 5.2. If $A \subset[N]$ is a $B_{4}^{+}$-set, then for any integer $n$, $f(n) \leq 2|A|$.
Proof. Suppose $f(n) \geq 1$. Fix a tuple $\left(\left\{a_{1}, a_{2}\right\},\left\{b_{1}, b_{2}\right\}\right)$ counted by $f(n)$. Let ( $\left\{c_{1}, c_{2}\right\},\left\{d_{1}, d_{2}\right\}$ ) be another tuple counted by $f(n)$, not necessarily different from $\left(\left\{a_{1}, a_{2}\right\},\left\{b_{1}, b_{2}\right\}\right)$. Then $a_{1}+a_{2}-b_{1}-b_{2}=c_{1}+c_{2}-d_{1}-d_{2}$ so

$$
\begin{equation*}
a_{1}+a_{2}+d_{1}+d_{2}=c_{1}+c_{2}+b_{1}+b_{2} \tag{13}
\end{equation*}
$$

By the $B_{4}^{+}$property, $\left\{a_{1}, a_{2}, d_{1}, d_{2}\right\} \cap\left\{c_{1}, c_{2}, b_{1}, b_{2}\right\} \neq \emptyset$. In order for this intersection to be non-empty, it must be the case that $\left\{a_{1}, a_{2}\right\} \cap\left\{c_{1}, c_{2}\right\} \neq \emptyset$ or $\left\{b_{1}, b_{2}\right\} \cap\left\{d_{1}, d_{2}\right\} \neq \emptyset$.
Case 1: $\left\{a_{1}, a_{2}\right\} \cap\left\{c_{1}, c_{2}\right\} \neq \emptyset$.
Assume $a_{1}=c_{1}$. There are at most $|A|$ choices for $c_{2}$ so we fix one. The equality $a_{1}=c_{1}$ and (13) imply

$$
\begin{equation*}
d_{1}+d_{2}=b_{1}+b_{2}+c_{2}-a_{2} \tag{14}
\end{equation*}
$$

The right hand side of (14) is determined. By Lemma 5.1, there is at most one pair $\left\{d_{1}, d_{2}\right\}$ such that (14) holds.
Case 2: $\left\{a_{1}, a_{2}\right\} \cap\left\{c_{1}, c_{2}\right\}=\emptyset$ and $\left\{b_{1}, b_{2}\right\} \cap\left\{d_{1}, d_{2}\right\} \neq \emptyset$.
Again there is no loss in assuming $b_{1}=d_{1}$. There are at most $|A|$ choices for $d_{2}$ so fix one. The equality $b_{1}=d_{1}$ and (13) imply

$$
\begin{equation*}
c_{1}+c_{2}=a_{1}+a_{2}-b_{2}+d_{2} \tag{15}
\end{equation*}
$$

The right hand side of (15) is determined and there is at most one pair $\left\{c_{1}, c_{2}\right\}$ satisfying (15) as before.

Putting the two possibilities together we get at most $2|A|$ solutions $\left(\left\{c_{1}, c_{2}\right\},\left\{d_{1}, d_{2}\right\}\right)$. We have also accounted for the solution $\left(\left\{a_{1}, a_{2}\right\},\left\{b_{1}, b_{2}\right\}\right)$ in our count so $f(n) \leq 2|A|$.

Lemma 5.3. If $A \subset[N]$ is a $B_{4}^{+}$-set, then

$$
\begin{equation*}
\sum f(n)(f(n)-1) \leq 2|A| \sum_{n \in A-A} f(n) . \tag{16}
\end{equation*}
$$

Proof. The left hand side of (16) counts the number of ordered tuples

$$
\left(\left(\left\{a_{1}, a_{2}\right\},\left\{b_{1}, b_{2}\right\}\right),\left(\left\{c_{1}, c_{2}\right\},\left\{d_{1}, d_{2}\right\}\right)\right)
$$

such that $\left(\left\{a_{1}, a_{2}\right\},\left\{b_{1}, b_{2}\right\}\right) \neq\left(\left\{c_{1}, c_{2}\right\},\left\{d_{1}, d_{2}\right\}\right)$, and both tuples are counted by $f(n)$. Equation (13) holds for these tuples. As before we consider two cases.
Case 1: $\left\{a_{1}, a_{2}\right\} \cap\left\{c_{1}, c_{2}\right\} \neq \emptyset$.
Assume $a_{1}=c_{1}$ so that $a_{2}-c_{2}=b_{1}+b_{2}-d_{1}-d_{2}$.
If $\left\{b_{1}, b_{2}\right\} \cap\left\{d_{1}, d_{2}\right\} \neq \emptyset$, say $b_{1}=d_{1}$, then $a_{2}-c_{2}=b_{2}-d_{2}$. We can rewrite this equation as $a_{2}+d_{2}=b_{2}+c_{2}$ so that $\left\{a_{2}, d_{2}\right\}=\left\{b_{2}, c_{2}\right\}$. Since $\left\{a_{1}, a_{2}\right\} \cap\left\{b_{1}, b_{2}\right\}=\emptyset$, it must be the case that $a_{2}=c_{2}$ and $d_{2}=b_{2}$. This contradicts the fact that the tuples are distinct. We conclude $\left\{b_{1}, b_{2}\right\} \cap\left\{d_{1}, d_{2}\right\}=\emptyset$.

There are $|A|$ choices for the element $a_{1}=c_{1}$ and we fix one. Since $a_{2}-c_{2}=$ $b_{1}+b_{2}-d_{1}-d_{2}$ and $\left\{b_{1}, b_{2}\right\} \cap\left\{d_{1}, d_{2}\right\}=\emptyset$, there are $f\left(a_{2}-c_{2}\right)$ ways to choose $\left\{b_{1}, b_{2}\right\}$ and $\left\{d_{1}, d_{2}\right\}$. Also observe that each $n \in A-A$ with $n \neq 0$ has a unique representation as $n=a_{2}-c_{2}$ with $a_{2}, c_{2} \in A$. This follows from the fact that $A$ is a $B_{2}$-set.
Case 2: $\left\{a_{1}, a_{2}\right\} \cap\left\{c_{1}, c_{2}\right\}=\emptyset$ and $\left\{b_{1}, b_{2}\right\} \cap\left\{d_{1}, d_{2}\right\} \neq \emptyset$.
The argument in this case is essentially the same as that of Case 1.
Putting the two cases together proves the lemma.

Observe $\sum f(n)=\binom{|A|}{2}\binom{|A|-2}{2}$. Using Cauchy-Schwarz, and Lemmas 5.3 and 5.2,

$$
\begin{aligned}
\frac{\left(\binom{|A|}{2}\binom{|A|-2}{2}\right)^{2}}{4 N} & \leq \sum f(n)^{2} \leq\binom{|A|}{2}\binom{|A|-2}{2}+2|A| \sum_{n \in A-A} f(n) \\
& \leq \frac{|A|^{4}}{4}+2|A||A-A| \cdot 2|A| \\
& \leq \frac{|A|^{4}}{4}+4|A|^{4}=\frac{17|A|^{4}}{4} .
\end{aligned}
$$

After rearranging we get

$$
|A| \leq(1+o(1))(16 \cdot 17 N)^{1 / 4}=(1+o(1))(272 N)^{1 / 4} .
$$

## 6. Proof of Theorem 1.6

Lemma 6.1. Let $A$ be a $B_{k}^{+}$-set with $k \geq 4$. If $k=2 l$, then there is a subset $A^{\prime} \subset A$ such that $A^{\prime}$ is a $B_{l}^{+}$-set and $\left|A^{\prime}\right| \geq|A|-2 l$. If $k=2 l+1$, then there is $a$ subset $A^{\prime} \subset A$ such that $\left|A^{\prime}\right| \geq|A|-2 k$ and $A^{\prime}$ is either a $B_{l}^{+}$-set or a $B_{l+1}^{+}-$set.

Proof. Suppose $k=2 l$ with $l \geq 2$. If $A$ is not a $B_{l}^{+}$-set, then there is a set of $2 l$ (not necessarily distinct) elements $a_{1}, \ldots, a_{2 l} \in A$, such that

$$
a_{1}+\cdots+a_{l}=a_{l+1}+\cdots+a_{2 l}
$$

and $\left\{a_{1}, \ldots, a_{l}\right\} \cap\left\{a_{l+1}, \ldots, a_{2 l}\right\}=\emptyset$. Let $A^{\prime}=A \backslash\left\{a_{1}, a_{2}, \ldots, a_{2 l}\right\}$. If $A^{\prime}$ is not a $B_{l}^{+}$-set, then there is another set of $2 l$ elements of $A^{\prime}$, say $b_{1}, \ldots, b_{2 l}$, such that

$$
b_{1}+\cdots+b_{l}=b_{l+1}+\cdots+b_{2 l}
$$

and $\left\{b_{1}, \ldots, b_{l}\right\} \cap\left\{b_{l+1}, \ldots, b_{2 l}\right\}=\emptyset$. Adding these two equations together gives

$$
a_{1}+\cdots+a_{l}+b_{1}+\cdots+b_{l}=a_{l+1}+\cdots+a_{2 l}+b_{l+1}+\cdots+b_{2 l}
$$

with $\left\{a_{1}, \ldots, a_{l}, b_{1}, \ldots, b_{l}\right\} \cap\left\{a_{l+1}, \ldots, a_{2 l}, b_{l+1}, \ldots, b_{2 l}\right\}=\emptyset$. This is a contradiction.

The case when $k=2 l+1 \geq 5$ can be handled in a similar way.

It is easy to modify the proof of Lemma 6.1 to obtain a version for $B_{k}^{*}$-sets.
Lemma 6.2. Let $A$ be a $B_{k}^{*}$-set with $k \geq 4$. If $k=2 l$, then there is a subset $A^{\prime} \subset A$ such that $A^{\prime}$ is a $B_{l}^{*}$-set and $\left|A^{\prime}\right| \geq|A|-2 l$. If $k=2 l+1$, then there is a subset $A^{\prime} \subset A$ such that $\left|A^{\prime}\right| \geq|A|-2 k$ and $A^{\prime}$ is either a $B_{l}^{*}$-set or a $B_{l+1}^{*}$-set.

For $A \subset[N]$ and $j \geq 2$, let

$$
\sigma_{j}(n)=\#\left\{\left(a_{1}, \ldots, a_{j}\right) \in A^{j}: a_{1}+\cdots+a_{j}=n\right\}
$$

Let $e(x)=e^{2 \pi i x}$ and $f(t)=\sum_{a \in A} e(a t)$. For any $j \geq 1, f(t)^{j}=\sum \sigma_{j}(n) e(n t)$ so by Parseval's Identity, $\sum \sigma_{j}(n)^{2}=\int_{0}^{1}|f(t)|^{2 j} d t$. The next lemma is (5.9) of [16].

Lemma 6.3. If $A \subset[N]$ is a $B_{k}^{*}$-set, then

$$
\begin{equation*}
\sum \sigma_{k}(n)^{2} \leq(1+o(1)) k^{2}|A| \sum \sigma_{k-1}(n)^{2} \tag{17}
\end{equation*}
$$

In [16], Ruzsa estimates the right hand side of (17) using Hölder's Inequality and shows

$$
\sum \sigma_{k-1}(n)^{2} \leq\left(\sum \sigma_{k}(n)\right)^{\frac{k-2}{k-1}}|A|^{\frac{1}{k-1}}
$$

Our next lemma uses Hölder's Inequality in a different way.

Lemma 6.4. Let $A \subset[N]$ be a $B_{k}^{*}$-set. If $k \geq 4$ is even, then

$$
\sum \sigma_{k}(n)^{2} \leq(1+o(1)) k^{k}|A|^{k / 2} \sum \sigma_{k / 2}(n)^{2}
$$

If $k=2 l+1 \geq 5$, then

$$
\sum \sigma_{k}(n)^{2} \leq(1+o(1)) \max \left\{k^{k+1}|A|^{l+1} \sum \sigma_{l}(n)^{2}, k^{k-1}|A|^{l} \sum \sigma_{l+1}(n)^{2}\right\}
$$

Proof. First assume that $k=2 l \geq 4$. By Lemma 6.2 , we may assume that $A$ is a $B_{l}^{*}$-set. Otherwise, we pass to a subset of $A$ that is a $B_{l}^{*}$ set and has at least $|A|-2 k$ elements. Applying Hölder's Inequality with $p=\frac{k}{k-2}$ and $q=\frac{k}{2}$, we get

$$
\begin{aligned}
\sum \sigma_{k-1}(n)^{2} & =\int_{0}^{1}|f(t)|^{2(k-1)} d t=\int_{0}^{1}|f(t)|^{\frac{2 k}{p}}|f(t)|^{\frac{2 l}{q}} d t \\
& \leq\left(\int_{0}^{1}|f(t)|^{2 k} d t\right)^{1 / p}\left(\int_{0}^{1}|f(t)|^{2 l} d t\right)^{1 / q} \\
& =\left(\sum \sigma_{k}(n)^{2}\right)^{(k-2) / k}\left(\sum \sigma_{l}(n)^{2}\right)^{2 / k}
\end{aligned}
$$

Substituting this estimate into (17) and solving for $\sum \sigma_{k}(n)^{2}$ gives the first part of the lemma.

Now assume $k=2 l+1 \geq 5$. Again by Lemma 6.2 , we can assume that $A$ is either a $B_{l}^{*}$-set or a $B_{l+1}^{*}$-set.

Suppose $A$ is a $B_{l}^{*}$-set. Applying Hölder's Inequality with $p=\frac{k+1}{k-1}$ and $q=\frac{k+1}{2}$, we get

$$
\sum \sigma_{k-1}(n)^{2} \leq\left(\sum \sigma_{k}(n)^{2}\right)^{\frac{k-1}{k+1}}\left(\sum \sigma_{l}(n)^{2}\right)^{\frac{2}{k+1}}
$$

This inequality and (17) imply

$$
\sum \sigma_{k}(n)^{2} \leq(1+o(1)) k^{k+1}|A|^{\frac{k+1}{2}} \sum \sigma_{l}(n)^{2}
$$

If $A$ is a $B_{l+1}^{*}$-set instead, then apply Hölder's Inequality with $p=\frac{l}{l-1}$ and $q=\frac{1}{l}$ and proceed as above. It is in this step that we must assume $k=2 l+1 \geq 5$ otherwise if $k=3$, then $l=1$ and $p$ is not defined.

For $k \geq 2$ let $c_{k}^{+}$be the smallest constant such that for any $B_{k}^{+}$-set $A$,

$$
\sum \sigma_{k}(n)^{2} \leq(1+o(1)) c_{k}^{+}|A|^{k}
$$

Define $c_{k}^{*}$ similarly. The techniques of [16] can be used to show that $c_{k}^{*} \leq k^{2 k}$ so $c_{k}^{+}$ and $c_{k}^{*}$ are well defined. Observe that for any $k \geq 2, c_{k}^{+} \leq c_{k}^{*}$. Using Lemma 6.4, it is not difficult to show that for even $k \geq 4$,

$$
\begin{equation*}
c_{k}^{+} \leq k^{k} c_{k / 2}^{+} \text {and } c_{k}^{*} \leq k^{k} c_{k / 2}^{*} \tag{18}
\end{equation*}
$$

Similarly, one can show that for odd $k=2 l+1 \geq 5$,

$$
\begin{equation*}
c_{k}^{+} \leq \max \left\{k^{k+1} c_{l}^{+}, k^{k-1} c_{l+1}^{+}\right\} \text {and } c_{k}^{*} \leq \max \left\{k^{k+1} c_{l}^{*}, k^{k-1} c_{l+1}^{*}\right\} \tag{19}
\end{equation*}
$$

Lemma 6.5. Let $A \subset[N]$ be a $B_{k}^{+}$-set. If $k \geq 4$ is even, then

$$
\begin{equation*}
|A| \leq(1+o(1))\left(k^{k+1} c_{k / 2}^{+} N\right)^{1 / k} \tag{20}
\end{equation*}
$$

If $k=2 l+1 \geq 5$, then

$$
\begin{equation*}
|A| \leq(1+o(1))\left(k^{k} \cdot \max \left\{k^{2} c_{l}^{+}, c_{l+1}^{+}\right\} N\right)^{1 / k} \tag{21}
\end{equation*}
$$

The same inequalities hold under the assumption that $A \subset[N]$ is a $B_{k}^{*}$-set provided that the $c_{k}^{+}$'s are replaced with $c_{k}^{*}$ 's.

Proof. By Cauchy-Schwarz,

$$
\begin{equation*}
\frac{|A|^{2 k}}{k N} \leq \sum \sigma_{k}(n)^{2} \tag{22}
\end{equation*}
$$

for any $k \geq 2$.
First suppose $k \geq 4$ is even. By (22) and Lemma 6.4,

$$
\frac{|A|^{2 k}}{k N} \leq \sum \sigma_{k}(n)^{2} \leq(1+o(1)) k^{k}|A|^{k / 2} \sum \sigma_{k / 2}(n)^{2} \leq(1+o(1)) k^{k} c_{k / 2}^{+}|A|^{k}
$$

Solving this inequality for $|A|$ proves (20).
Now suppose $k=2 l+1 \geq 5$. By (22) and Lemma 6.4,

$$
\begin{aligned}
\frac{|A|^{2 k}}{k N} & \leq \sum \sigma_{k}(n)^{2} \leq(1+o(1)) \max \left\{k^{k+1} c_{l}^{+}|A|^{k}, k^{k-1} c_{l+1}^{+}|A|^{k}\right\} \\
& =(1+o(1))|A|^{k} k^{k-1} \max \left\{k^{2} c_{l}^{+}, c_{l+1}^{+}\right\}
\end{aligned}
$$

Lemma 6.5 shows that we can obtain upper bounds on $B_{k}^{+}$-sets and $B_{k}^{*}$-sets recursively. To start the recursion we need estimates on $c_{2}^{+}, c_{2}^{*}, c_{3}^{+}$, and $c_{3}^{*}$.
Lemma 6.6. If $A$ is a $B_{2}^{*}$-set, then

$$
\sum \sigma_{2}(n)^{2} \leq 2|A|^{2}+32|A|
$$

and therefore $c_{2}^{*} \leq 2$.
Proof. Let $\delta(n)=\#\left\{\left(a_{1}, a_{2}\right) \in A^{2}: a_{1}-a_{2}=n\right\}$. Observe $\sum \sigma_{2}(n)^{2}=\sum \delta(n)^{2}$. In [16] (see Theorem 4.7) it is shown that $\delta(n) \leq 1$ for any $n \neq 0$, and $\delta(n)=2$ for at most $8|A|$ integers $n$. We conclude

$$
\sum \delta(n)^{2} \leq \delta(0)^{2}+8|A| \cdot 4+|A-A| \leq 2|A|^{2}+32|A| .
$$

Lemma 6.7. If $A \subset[N]$ is a $B_{3}^{+}$-set, then

$$
\sum \sigma_{3}(n)^{2} \leq(1+o(1)) 18|A|^{3}
$$

and therefore $c_{3}^{+} \leq 18$.
Proof. Let $A \subset[N]$ be a $B_{3}^{+}$-set and let

$$
r_{2}(n)=\#\left\{\{a, b\} \in A^{(2)}: a+b=n\right\}
$$

Define $2 \cdot A:=\{2 a: a \in A\}$. For $n \in 2 \cdot A, \sigma_{2}(n)=2 r_{2}(n)+1$ and $\sigma_{2}(n)=2 r_{2}(n)$ otherwise. The sum $\sum_{n \in 2 \cdot A} r_{2}(n)$ counts the number of 3 -term a.p.'s in $A$ so by Lemma 3.1,

$$
\begin{aligned}
\sum \sigma_{2}(n)^{2} & =4 \sum r_{2}(n)^{2}+4 \sum_{n \in 2 \cdot A} r_{2}(n)+|2 \cdot A| \\
& \leq 4 \sum r_{2}(n)^{2}+4 \cdot 4|A|+|A|=4 \sum r_{2}(n)^{2}+17|A|
\end{aligned}
$$

Using the notation and results of Section 3, and the inequality $x^{2} \leq 2 x(x-1)$ for $x \geq 2$, we have

$$
\sum r_{2}(n)^{2}=\sum_{i=1}^{M}\left|S_{i}^{2}\right|^{2} \leq 2 \sum_{i=1}^{M}\left|S_{i}^{2}\right|\left(\left|S_{i}^{2}\right|-1\right) \leq \sum_{c \in A} f(c) \leq \frac{|A|^{2}}{2}+3|A|
$$

Combining this inequality with (17) gives

$$
\begin{aligned}
\sum \sigma_{3}(n)^{2} & \leq(1+o(1)) 3^{2}|A| \sum \sigma_{2}(n)^{2} \leq(1+o(1)) 9|A|\left(4 \sum r_{2}(n)^{2}+17|A|\right) \\
& \leq(1+o(1)) 9|A|\left(2|A|^{2}+29|A|\right) \leq(1+o(1))\left(18|A|^{3}+261|A|^{2}\right)
\end{aligned}
$$

Lemma 6.8. If $A \subset[N]$ is a $B_{3}^{*}$-set, then

$$
\sum \sigma_{3}(n)^{2} \leq(1+o(1)) 54|A|^{3}
$$

and therefore $c_{3}^{*} \leq 54$.
Proof. Let $A \subset[N]$ be a $B_{3}^{*}$-set. The idea of the proof is motivated by the same arguments that we used for $B_{3}^{+}$-sets. For $d \in A+A$, let

$$
P^{2}(d)=\left\{\{a, b\} \in A^{(2)}: a+b=d\right\}
$$

Define $m_{0}=0$ and for $1 \leq j \leq 4$, let $d_{m_{j-1}+1}, d_{m_{j-1}+2}, \ldots, d_{m_{j}}$ be the integers for which $\left|P^{2}\left(d_{i}\right)\right|=j$. Let $d_{m_{4}+1}, d_{m_{4}+2}, \ldots, d_{M}$ be the integers for which $\left|P^{2}\left(d_{i}\right)\right| \geq$ 5 . Write $P_{i}^{2}$ for $P^{2}\left(d_{i}\right), p_{i}$ for $\left|P_{i}^{2}\right|$, and for $1 \leq i \leq M$, let

$$
Q_{i}^{1}=\left\{a: a \in\{a, b\} \text { for some }\{a, b\} \in P_{i}^{2}\right\}
$$

We will use the notation $P_{i}^{2}=\left\{\left\{a_{1}^{i}, b_{1}^{i}\right\}, \ldots,\left\{a_{p_{i}}^{i}, b_{p_{i}}^{i}\right\}\right\}$. A difference between the $P_{i}^{2}$ 's of this section and the $S_{i}^{2}$ 's of earlier sections is that we allow for a $P_{i}^{2}$ to contain only one pair.

Lemma 6.9. If $x \in Q_{i}^{1} \cap Q_{j}^{1}$ for some $i \neq j$ where $p_{i} \geq 3$ and $p_{j} \geq 3$, then $p_{i}+p_{j} \leq 7$.

Proof. Without loss of generality, assume $x=a_{1}^{i}$ and $x=a_{1}^{j}$ where
$P_{i}^{2}=\left\{\left\{a_{1}^{i}, b_{1}^{i}\right\},\left\{a_{2}^{i}, b_{2}^{i}\right\}, \ldots,\left\{a_{p_{i}}^{i}, b_{p_{i}}^{i}\right\}\right\}$ and $P_{j}^{2}=\left\{\left\{a_{1}^{j}, b_{1}^{j}\right\},\left\{a_{2}^{j}, b_{2}^{j}\right\}, \ldots,\left\{a_{p_{j}}^{j}, b_{p_{j}}^{j}\right\}\right\}$.
For $2 \leq l \leq p_{i}$ we have $d_{i}=x+b_{1}^{i}=a_{l}^{i}+b_{l}^{i}$. Similarly, for $2 \leq k \leq p_{j}$ we have $d_{j}=x+b_{1}^{j}=a_{k}^{j}+b_{k}^{j}$. Then $a_{l}^{i}+b_{l}^{i}-b_{1}^{i}=x=a_{k}^{j}+b_{k}^{j}-b_{1}^{j}$, so

$$
\begin{equation*}
a_{l}^{i}+b_{l}^{i}+b_{1}^{j}=a_{k}^{j}+b_{k}^{j}+b_{1}^{i} \text { for any } 2 \leq l \leq p_{i} \text { and } 2 \leq k \leq p_{j} \tag{23}
\end{equation*}
$$

If $b_{1}^{j} \in T_{i}^{1}$, then there is no loss in assuming $b_{1}^{j} \in\left\{a_{2}^{i}, b_{2}^{i}\right\}$. The same assumption may be made with $i$ and $j$ interchanged. This means that for $l \geq 3, b_{1}^{j}$ is not a term in the sum $a_{l}^{i}+b_{l}^{i}$ and for $k \geq 3, b_{1}^{i}$ is not a term in the sum $a_{k}^{j}+b_{k}^{j}$. The $B_{3}^{*}$ property and (23) imply

$$
\begin{equation*}
\left|\left\{a_{l}^{i}, b_{l}^{i}\right\} \cap\left\{a_{k}^{j}, b_{k}^{j}\right\}\right|=1 \text { for any } 3 \leq l \leq p_{i} \text { and } 3 \leq k \leq p_{j} . \tag{24}
\end{equation*}
$$

In particular, $\left\{a_{3}^{i}, b_{3}^{i}\right\} \cap\left\{a_{3}^{j}, b_{3}^{j}\right\} \neq \emptyset$ and $\left\{a_{3}^{i}, b_{3}^{i}\right\} \cap\left\{a_{4}^{j}, b_{4}^{j}\right\} \neq \emptyset$ so that $p_{j} \leq 4$. Here we are using the fact that any element of $A$ can occur at most once in the list $a_{1}^{i}, b_{1}^{i}, \ldots, a_{p_{i}}^{i}, b_{p_{i}}^{i}$. By symmetry, $p_{i} \leq 4$.

If $p_{i}=p_{j}=4$, then by (24), $\left\{a_{3}^{i}, b_{3}^{i}, a_{4}^{i}, b_{4}^{i}\right\}=\left\{a_{3}^{j}, b_{3}^{j}, a_{4}^{j}, b_{4}^{j}\right\}$ but then $2 d_{i}=$ $a_{3}^{i}+b_{3}^{i}+a_{4}^{i}+b_{4}^{i}=2 d_{j}$ implying $d_{i}=d_{j}$, a contradiction.

Corollary 6.10. If $p_{i} \geq 4$ and $p_{j} \geq 4$ with $i \neq j$, then $Q_{i}^{1} \cap Q_{j}^{1}=\emptyset$.
Using the definition of the $P_{i}^{2}$ 's, we can write
$\sum r_{2}(n)^{2}=\sum_{i=1}^{M}\left|P_{i}^{2}\right|^{2}=m_{1}+4\left(m_{2}-m_{1}\right)+9\left(m_{3}-m_{2}\right)+16\left(m_{4}-m_{3}\right)+\sum_{i=m_{4}+1}^{M}\left|P_{i}^{2}\right|^{2}$.
If $p_{i}=p_{j}=4$ for some $i \neq j$, then $Q_{i}^{1} \cap Q_{j}^{1}=\emptyset$ by Corollary 6.10 so $m_{4}-m_{3} \leq \frac{|A|}{8}$. For $1 \leq i \leq 3$, let $\delta_{i}|A|^{2}=m_{i}-m_{i-1}$. Then

$$
\begin{equation*}
\sum r_{2}(n)^{2} \leq|A|^{2}\left(\delta_{1}+4 \delta_{2}+9 \delta_{3}\right)+\sum_{i=m_{4}+1}^{M}\left|P_{i}^{2}\right|^{2}+2|A| \tag{25}
\end{equation*}
$$

Define a graph $H$ with vertex set $Q_{m_{2}+1}^{1} \cup \cdots \cup Q_{m_{3}}^{1}$ and edge set $P_{m_{2}+1}^{2} \cup \cdots \cup P_{m_{3}}^{2}$. Let $n=|V(H)|$. The graph $H$ has $3\left(m_{3}-m_{2}\right)=3 \delta_{3}|A|^{2}$ edges so $3 \delta_{3}|A|^{2} \leq \frac{n}{2}$ which can be rewritten as

$$
\begin{equation*}
\sqrt{6 \delta_{3}}|A| \leq\left|Q_{m_{2}+1}^{1} \cup \cdots \cup Q_{m_{3}}^{1}\right| \tag{26}
\end{equation*}
$$

For any $i$ and $j$ with $m_{2}+1 \leq i \leq m_{3}$ and $m_{4}+1 \leq j \leq M, Q_{i}^{1} \cap Q_{j}^{1}=\emptyset$ by Lemma 6.9. Thus (26) implies

$$
\sum_{i=m_{4}+1}^{M}\left|P_{i}^{2}\right|=\frac{1}{2} \sum_{i=m_{4}+1}^{M}\left|Q_{i}^{1}\right|=\frac{1}{2}\left|Q_{m_{4}+1}^{1} \cup \cdots \cup Q_{M}^{1}\right| \leq \frac{1}{2}\left(1-\sqrt{6 \delta_{3}}\right)|A|
$$

We conclude $\sum_{i=m_{4}+1}^{M}\left|P_{i}^{2}\right|^{2} \leq\left(\frac{1-\sqrt{6 \delta_{3}}}{2}\right)^{2}|A|^{2}$. This estimate and (25) give

$$
\begin{equation*}
\sum r_{2}(n)^{2} \leq|A|^{2}\left(\delta_{1}+4 \delta_{2}+9 \delta_{3}+\frac{1}{4}\left(1-\sqrt{6 \delta_{3}}\right)^{2}\right)+2|A| \tag{27}
\end{equation*}
$$

Each pair $\{a, b\} \in A^{(2)}$ is in at most one $P_{i}^{2}$ so

$$
|A|^{2}\left(\delta_{1}+2 \delta_{2}+3 \delta_{3}\right)=m_{1}+2\left(m_{2}-m_{1}\right)+3\left(m_{3}-m_{2}\right) \leq\binom{|A|}{2} \leq \frac{|A|^{2}}{2}
$$

The maximum of $\delta_{1}+4 \delta_{2}+9 \delta_{3}+\frac{1}{4}\left(1-\sqrt{6 \delta_{3}}\right)^{2}$ subject to the conditions $\delta_{1}+2 \delta_{2}+$ $3 \delta_{3} \leq \frac{1}{2}, \delta_{1} \geq 0, \delta_{2} \geq 0$, and $\delta_{3} \geq 0$ is $\frac{3}{2}$, achieved when $\delta_{1}=\delta_{2}=0$ and $\delta_{3}=\frac{1}{6}$. By (27),

$$
\begin{equation*}
\sum r_{2}(n)^{2} \leq \frac{3|A|^{2}}{2}+2|A| \tag{28}
\end{equation*}
$$

An immediate consequence is that

$$
\begin{equation*}
\sum_{n \in 2 \cdot A} r_{2}(n)=\sum \mathbb{1}_{2 \cdot A}(n) r_{2}(n) \leq|A|^{1 / 2}\left(\sum r_{2}(n)^{2}\right)^{1 / 2} \leq 2|A|^{3 / 2} \tag{29}
\end{equation*}
$$

Next we proceed as in Lemma 6.7. Using (29) and (28),

$$
\begin{aligned}
\sum \sigma_{2}(n)^{2} & =4 \sum r_{2}(n)^{2}+4 \sum_{n \in 2 \cdot A} r_{2}(n)+|2 \cdot A| \\
& \leq 6|A|^{2}+8|A|^{3 / 2}+9|A|
\end{aligned}
$$

By Lemma 6.3,

$$
\sum \sigma_{3}(n)^{2} \leq(1+o(1)) 3^{2}|A| \sum \sigma_{2}(n)^{2}
$$

The previous two estimates show that $\sum \sigma_{3}(n)^{2} \leq(1+o(1)) 54|A|^{3}$. This completes the proof of Lemma 6.8.

Corollary 6.11. If $A \subset[N]$ is a $B_{3}^{*}$-set, then

$$
|A| \leq(1+o(1))(162 N)^{1 / 3}
$$

Proof. Let $A \subset[N]$ be a $B_{3}^{*}$-set. By Cauchy-Schwarz and Lemma 6.8,

$$
\frac{|A|^{6}}{3 N} \leq \sum \sigma_{3}(n)^{2} \leq(1+o(1)) 54|A|^{3}
$$

So far we have shown $c_{2}^{+} \leq c_{2}^{*} \leq 2, c_{3}^{+} \leq 18$, and $c_{3}^{*} \leq 54$. Now we describe our method for obtaining upper bounds on $F_{k}^{+}(N)$ and $F_{k}^{*}(N)$. Assume we have upper bounds on $c_{2}^{+}, c_{3}^{+}, \ldots, c_{k-1}^{+}$. Lemma 6.5 gives an upper bound on $|A|$ in terms of $c_{k / 2}^{+}$when $k$ is even, and in terms of $c_{l}^{+}$and $c_{l+1}^{+}$when $k=2 l+1 \geq 5$. An upper bound on $c_{k}^{+}$is obtained from (18) and (19). We can also apply this method to $B_{k}^{*}$-sets. The upper bounds we obtain are given in Table 1 below. They have been rounded up to the nearest tenth. They hold for large enough $N$ without error terms.

| $k$ | U.b. of $[16]$ on $F_{k}^{*}$ | Our U.b. on $F_{k}^{*}$ | Our U.b. on $F_{k}^{+}$ |
| :---: | :---: | :---: | :---: |
| 3 | $6.3 N^{1 / 3}$ | $5.5 N^{1 / 3}$ | $2.7 N^{1 / 3}$ |
| 4 | $11.4 N^{1 / 4}$ | $6.8 N^{1 / 4}$ | $4.1 N^{1 / 4}$ |
| 5 | $18.2 N^{1 / 5}$ | $11.2 N^{1 / 5}$ | $11 N^{1 / 5}$ |
| 6 | $26.8 N^{1 / 6}$ | $15.8 N^{1 / 6}$ | $13.1 N^{1 / 6}$ |
| 7 | $37.2 N^{1 / 7}$ | $21.6 N^{1 / 7}$ | $18.5 N^{1 / 7}$ |
| 8 | $49.4 N^{1 / 8}$ | $22.7 N^{1 / 8}$ | $22.7 N^{1 / 8}$ |

Table 1: Upper bounds on $B_{k}^{+}$-sets and $B_{k}^{*}$-sets.
We conclude this section with our proof of the second statement of Theorem 1.6. Recall that (18) states $c_{k}^{*} \leq k^{k} c_{k / 2}^{*}$ for any even $k \geq 4$. For $k=2 l+1 \geq 5$, (19) gives $c_{k}^{*} \leq k^{k+1} \max \left\{c_{l}^{*}, c_{l+1}^{*}\right\}$. For $x \geq 0$, let $\lceil x\rceil$ be the smallest integer greater than or equal to $x$. Let $\lfloor x\rfloor$ be the greatest integer less than or equal to $x$. For $k \geq 0$, define $\phi_{1}(k)=\left\lceil\frac{k}{2}\right\rceil$ and $\phi_{i}(k):=\phi_{1}\left(\phi_{i-1}(k)\right)$ for $i \geq 2$. A simple induction argument can be used to show that for all $i \geq 1, \phi_{i}(k) \leq k 2^{-i}+\sum_{t=0}^{i-1} 2^{-t}$. The conclusion is that for every $i \geq 1, \phi_{i}(k) \leq k 2^{-i}+2$. For any $k \geq 5$,

$$
c_{k}^{*} \leq k^{k+1} \prod_{i=1}^{\left\lfloor\log _{2} k\right\rfloor} \phi_{i}(k)^{\phi_{i}(k)+1} \leq k^{k+1} \prod_{i=1}^{\left\lfloor\log _{2} k\right\rfloor}\left(k 2^{-i}+2\right)^{k 2^{-i}+3}
$$

Taking $k$-th roots,

$$
\begin{aligned}
\left(c_{k}^{*}\right)^{1 / k} & \leq k^{1+1 / k} \prod_{i=1}^{\left\lfloor\log _{2} k\right\rfloor}\left(k 2^{-i}+2\right)^{2^{-i}+3 / k} \\
& \leq k^{1+1 / k}\left(\frac{k}{2}+2\right)^{\frac{3 \log _{2} k}{k}\left\lfloor\log _{2} k\right\rfloor} \prod_{i=1}\left(k 2^{-i}+2\right)^{2^{-i}} \\
& \leq k^{1+1 / k} k^{\frac{3 \log _{2} k}{k}} k^{\sum_{i=1}^{\left\lfloor\log _{2} k\right\rfloor} 2^{-i}} \prod_{i=1}^{\left\lfloor\log _{2} k\right\rfloor}\left(2^{-i}+\frac{2}{k}\right)^{2^{-i}} \\
& \leq k^{2} k^{\frac{4 \log _{2} k}{k}} \prod_{i=1}^{\left\lfloor\log _{2} k\right\rfloor}\left(2^{-i}+\frac{2}{k}\right)^{2^{-i}} .
\end{aligned}
$$

We claim the sequence $\left(c_{k}^{*}\right)^{1 / k}$ is bounded above by a function $F(k)$ that tends to $\frac{k^{2}}{4}$ as $k \rightarrow \infty$. With this in mind, we rewrite the previous inequality as

$$
\begin{equation*}
\frac{4\left(c_{k}^{*}\right)^{1 / k}}{k^{2}} \leq 4 k^{\frac{4 \log _{2} k}{k}} \prod_{i=1}^{\left\lfloor\log _{2} k\right\rfloor}\left(2^{-i}+\frac{2}{k}\right)^{2^{-i}} \tag{30}
\end{equation*}
$$

It is easy to check $k^{\frac{4 \log _{2} k}{k}} \rightarrow 1$ as $k \rightarrow \infty$. Using $\sum_{n=0}^{\infty} n x^{n-1}=\frac{1}{(1-x)^{2}}$ from elementary calculus, we obtain

$$
\prod_{i=1}^{\left\lfloor\log _{2} k\right\rfloor}\left(2^{-i}\right)^{2^{-i}}=\left(\frac{1}{2}\right)^{\sum_{i=1}^{\left\lfloor\log _{2} k\right\rfloor} i 2^{-i}} \rightarrow \frac{1}{4}
$$

as $k \rightarrow \infty$. Using the inequality $1+x \leq e^{x}$ for $x \geq 0$, we have

$$
\begin{aligned}
1 & \leq \frac{\prod_{i=1}^{\left\lfloor\log _{2} k\right\rfloor}\left(2^{-i}+2 / k\right)^{2^{-i}}}{\prod_{i=1}^{\left\lfloor\log _{2} k\right\rfloor}\left(2^{-i}\right)^{2^{-i}}}=\prod_{i=1}^{\left\lfloor\log _{2} k\right\rfloor}\left(1+\frac{2^{i+1}}{k}\right)^{2^{-i}} \\
& \leq \prod_{i=1}^{\left\lfloor\log _{2} k\right\rfloor} e^{2^{i+1} / k} \leq e^{\frac{1}{k} \sum_{i=2}^{\left\lfloor\log _{2} k\right\rfloor} 2^{i}} \leq e^{1 / k} .
\end{aligned}
$$

As $k \rightarrow \infty, e^{1 / k} \rightarrow 1$ so

$$
\prod_{i=1}^{\left\lfloor\log _{2} k\right\rfloor}\left(2^{-i}+\frac{2}{k}\right)^{2^{-i}} \rightarrow \frac{1}{4}
$$

This shows that the right hand side of (30) tends to 1 as $k \rightarrow \infty$ which proves the claim.

Given $\epsilon>0$, we can choose $k$ large enough so that $k^{1 / k}\left(c_{k}^{*}\right)^{1 / k} \leq(1+\epsilon) \frac{k^{2}}{4}$. The theorem now follows from the definition of $c_{k}^{*}$ and the estimate $\frac{|A|^{2 k}}{k N} \leq \sum \sigma_{k}(n)^{2}$.

## 7. Proof of Theorem 1.8

Lemma 7.1. If $A \subset G$ is a non-abelian $B_{k}$-set and $B \subset H$ is a non-abelian $B_{k}^{+}$-set, then $A \times B$ is a non-abelian $B_{k}^{+}$-set in $G \times H$.

Proof. Suppose $a_{1}, \ldots, a_{k}, a_{1}^{\prime}, \ldots, a_{k}^{\prime} \in A, b_{1}, \ldots, b_{k}, b_{1}^{\prime}, \ldots, b_{k}^{\prime} \in B$ and

$$
\left(a_{1}, b_{1}\right) \cdots\left(a_{k}, b_{k}\right)=\left(a_{1}^{\prime}, b_{1}^{\prime}\right) \cdots\left(a_{k}^{\prime}, b_{k}^{\prime}\right)
$$

Then $a_{1} \cdots a_{k}=a_{1}^{\prime} \cdots a_{k}^{\prime}$ and $b_{1} \cdots b_{k}=b_{1}^{\prime} \cdots b_{k}^{\prime}$ so that $a_{i}=a_{i}^{\prime}$ for every $i$ and $b_{j}=b_{j}^{\prime}$ for some $j$. Thus, $\left(a_{j}, b_{j}\right)=\left(a_{j}^{\prime}, b_{j}^{\prime}\right)$.

Let $\mathbb{F}_{4}=\{0,1, a, b\}$ be the finite field with four elements. Let

$$
H=\left\{\left(\begin{array}{cc}
x & y \\
0 & x^{-1}
\end{array}\right): x \in \mathbb{F}_{4}^{*}, y \in \mathbb{F}_{4}\right\}
$$

Then $H$ is a group under matrix multiplication and $|H|=12$. Let

$$
\alpha=\left(\begin{array}{cc}
a & 1 \\
0 & b
\end{array}\right) \quad \text { and } \beta=\left(\begin{array}{cc}
a & a \\
0 & b
\end{array}\right)
$$

Simple computations show that $\alpha$ and $\beta$ satisfy $\alpha^{3}=\beta^{3}=\operatorname{id}$ and $\alpha^{2} \beta=\beta^{2} \alpha$.
Lemma 7.2. The set $\{\alpha, \beta\}$ is a $B_{4}^{+}$-set in $H$.
Proof. Suppose there is a solution to the equation $x_{1} x_{2} x_{3} x_{4}=y_{1} y_{2} y_{3} y_{4}$ with $x_{i} \neq y_{i}$ for $1 \leq i \leq 4$, and $x_{i}, y_{j} \in\{\alpha, \beta\}$ for all $i, j$. Without loss of generality, assume $x_{1}=\alpha$ and $y_{1}=\beta$. There are eight cases which we can deal with using the relations $\alpha^{3}=\beta^{3}=\mathrm{id}$ and $\alpha^{2} \beta=\beta^{2} \alpha$. Instead of considering each individually, we handle several cases at the same time.
Case 1: $\alpha^{4}=\beta^{4}$ or $\alpha^{3} \beta=\beta^{3} \alpha$ or $\alpha \beta^{3}=\beta \alpha^{3}$.
If any of these equations hold, then the relation $\alpha^{3}=\beta^{3}=\mathrm{id}$ implies $\alpha=\beta$, a contradiction.
Case 2: $\alpha^{2} \beta \alpha=\beta^{2} \alpha \beta$ or $\alpha^{2} \beta^{2}=\beta^{2} \alpha^{2}$.
If either of these equations hold, then the relation $\alpha^{2} \beta=\beta^{2} \alpha$ implies $\alpha=\beta$.
Case 3: $\alpha \beta \alpha^{2}=\beta \alpha \beta^{2}$.
Multiplying the equation on the right by $\beta$ and using $\beta^{3}=\mathrm{id}$, we get $\alpha \beta \alpha^{2} \beta=$ $\beta \alpha$. On the other hand, $\alpha \beta \alpha^{2} \beta=\alpha \beta^{3} \alpha=\alpha^{2}$ so combining the two equations we get $\beta \alpha=\alpha^{2}$. This implies $\alpha=\beta$, a contradiction.
Case 4: $\alpha \beta \alpha \beta=\beta \alpha \beta \alpha$.
Multiply the equation on the left by $\beta^{2}$ to get $\beta^{2} \alpha \beta \alpha \beta=\alpha \beta \alpha$. This can be rewritten as $\alpha^{2} \beta^{2} \alpha \beta=\alpha \beta \alpha$ using $\beta^{2} \alpha=\alpha^{2} \beta$. Replace $\beta^{2} \alpha$ with $\alpha^{2} \beta$ on the left hand side of $\alpha^{2} \beta^{2} \alpha \beta=\alpha \beta \alpha$ and cancel $\alpha$ to get $\beta^{2}=\beta \alpha$. This implies $\beta=\alpha$.
Case 5: $\alpha \beta^{2} \alpha=\beta \alpha^{2} \beta$.
Using the relation $\beta^{2} \alpha=\alpha^{2} \beta$, we can rewrite this equation as $\alpha^{3} \beta=\beta^{3} \alpha$ which implies $\alpha=\beta$ since $\alpha^{3}=\beta^{3}=\mathrm{id}$.

The set $\{\alpha, \beta\}$ is not a non-abelian $B_{4}$-set since $\alpha^{2} \beta \beta=\beta^{2} \alpha \beta$. The next theorem is a special case of a result of Odlyzko and Smith. We will use it in our construction.

Theorem 7.3. (Odlyzko, Smith, [15]) For each prime $p$ with $p-1$ divisible by 4, there is a non-abelian group $G$ of order $4\left(p^{4}-1\right)$ and a non-abelian $B_{4}$-set $A \subset G$ with

$$
|A|=\frac{1}{4}(p-1)
$$

Armed with Lemma 7.1, Lemma 7.2, and Theorem 7.3, we now prove Theorem 1.8.

Let $p$ be any prime with $p-1$ divisible by 4 . By Theorem 7.3 , there is a group $G_{1}$ of order $4\left(p^{4}-1\right)$ and a non-abelian $B_{4}$-set $A_{1} \subset G_{1}$ with $\left|A_{1}\right|=\frac{1}{4}(p-1)$. Define the group $G$ to be the product group $G=G_{1} \times H$. Let $A=A_{1} \times\{\alpha, \beta\}$. Clearly $|G|=12 \cdot 4\left(p^{4}-1\right),|A|=\frac{1}{2}(p-1)$, and by Lemma 7.1, $A$ is a non-abelian $B_{4}^{+}$-set in $G$.

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