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# On the Permutations Generated by <br> Cyclic Shift 

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#### Abstract

The set of permutations generated by cyclic shift is studied using a number system coding for these permutations. The system allows to find the rank of a permutation given how it has been generated, and to determine a permutation given its rank. It defines a code describing structural and symmetry properties of the set of permutations ordered according to generation by cyclic shift. The code is associated with an Hamiltonian cycle in a regular weighted digraph. This Hamiltonian cycle is conjectured to be of minimal weight, leading to a combinatorial Gray code listing the set of permutations.


## 1 Introduction

It is well known that any natural integer $a$ can be written uniquely in the factorial number system

$$
a=\sum_{i=1}^{n-1} a_{i} i!, \quad a_{i} \in\{0, \ldots, i\},
$$

where the uniqueness of the representation comes from the identity

$$
\begin{equation*}
\sum_{i=1}^{n-1} i \cdot i!=n!-1 \tag{1}
\end{equation*}
$$

Charles-Ange Laisant showed in 1888 [2] that the factorial number system codes the permutations generated in lexicographic order. More precisely, when the set of permutations is ordered lexicographically, the rank of a permutation written in the factorial number system provides a code determining the permutation. The code specifies which interchanges of the symbols according to lexicographic order have to be performed to generate the permutation.

In this study, a lesser-known number system on the finite ring $\mathbb{Z}_{n!}$ is used to describe properties of the set $\mathcal{S}_{n}$ of permutations on $n$ symbols generated by cyclic shift. When $\mathcal{S}_{n}$ is ordered according to generation by cyclic shift, the rank of a permutation written in this number system entirely specifies how the permutation is generated.

This number system is a special case of a large class of methods presented by Knuth [1, §7.2.1.2] for generating $\mathcal{S}_{n}$. Here, an explicit and self-contained description is given.

Example 1. As will be shown, any number $\alpha$ in $\mathbb{Z}_{5!}$ can be written uniquely

$$
\alpha=\alpha_{3} \varpi_{5,3}+\alpha_{2} \varpi_{5,2}+\alpha_{1} \varpi_{5,1}+\alpha_{0} \varpi_{5,0}
$$

with the digits

$$
\alpha_{3} \in \mathbb{Z}_{2}, \quad \alpha_{2} \in \mathbb{Z}_{3}, \quad \alpha_{1} \in \mathbb{Z}_{4}, \quad \alpha_{0} \in \mathbb{Z}_{5}
$$

and the base elements

$$
\varpi_{5,3}=3 \cdot 4 \cdot 5=60, \quad \varpi_{5,2}=4 \cdot 5=20, \quad \varpi_{5,1}=5, \quad \varpi_{5,0}=1
$$

For example,

$$
84=1 \cdot 60+1 \cdot 20+0 \cdot 5+4 \cdot 1=1104_{\varpi} .
$$

We use the digits of $1104_{\varpi}$ to generate by cyclic shift a permutation on 5 symbols. The generation scheme is

$$
(1) \xrightarrow{\alpha_{3}=1}(21) \xrightarrow{\alpha_{2}=1}(132) \xrightarrow{\alpha_{1}=0}(1324) \xrightarrow{\alpha_{0}=4}(51324),
$$

and is established as follows. The orbit of the permutation (1) under cyclic shift is

$$
\begin{array}{ll}
0: & (12) \\
1: & \underline{(21)} .
\end{array}
$$

We select the permutation (21) whose exponent of the cyclic shift is the leftmost digit $\alpha_{3}=1$. Next, the orbit of (21) under cyclic shift is

$$
\begin{array}{ll}
0: & (213) \\
1: & (132) \\
2: & (321)
\end{array}
$$

The digit $\alpha_{2}=1$ leads to (132). Next, the orbit of (132) under cyclic shift is

1: $\overline{(3241)}$
2: (2413)
3 : (4132).
The digit $\alpha_{1}=0$ leads to (1324). Finally, the last digit $\alpha_{0}=4$ leads to (51324). This permutation has rank $1104_{\varpi}=84$ in the set of permutations on 5 symbols generated by cyclic shift, indexed from 0 .

We shall describe properties of $\mathcal{S}_{n}$ generated by cyclic shift:

1. A decomposition into $k$-orbits;
2. The symmetries;
3. An infinite family of regular digraphs associated with $\left\{\mathcal{S}_{n} ; n \geq 1\right\}$;
4. A conjectured combinatorial Gray code generating the permutations on $n$ symbols. The adjacency rule associated with this code is that the last symbols of each permutation match the first symbols of the next optimally.

## 2 Number system

For any positive integer $a$, the ring $(\mathbb{Z} / a \mathbb{Z},+, \times)$ of integers modulo $a$ is denoted $\mathbb{Z}_{a}$. The set $\mathbb{Z}_{a}$ is identified with a subset of the set $\mathbb{N}$ of natural integers.

Proposition 2. For $n \geq 2$, any element $\alpha \in \mathbb{Z}_{n!}$ can be uniquely represented as

$$
\alpha=\sum_{i=0}^{n-2} \alpha_{i} \varpi_{n, i}, \quad \alpha_{i} \in \mathbb{Z}_{n-i},
$$

with the base elements

$$
\varpi_{n, 0}=1, \quad \varpi_{n, i}=n(n-1) \cdots(n-i+1), \quad i=1, \ldots, n-2 .
$$

The $\alpha_{i}$ 's are the digits of $\alpha$ in this number system, which we call the $\varpi$-system for short. Any element of $\mathbb{Z}_{n!}$ can be written uniquely

$$
\alpha=\alpha_{n-2} \cdots \alpha_{1} \alpha_{0_{\varpi}} .
$$

Unless $\alpha_{n-2}=1$, the leftmost digits are set to 0 , so that the representation always involves $n-1$ elements, indexed $0, \ldots, n-2$.

Proof. For simplicity, we momentarily denote $\varpi_{i}=\varpi_{n, i}$. For $n=2$, there is a single base element, $\varpi_{0}=1$, and the result clearly holds. For $n \geq 3$, and $\alpha \in \mathbb{Z}_{n!}$, we set

$$
\begin{gathered}
\alpha^{(0)}=\alpha, \\
\alpha_{i}=\alpha^{(i)} \bmod (n-i), \quad \alpha^{(i+1)}=\alpha^{(i)} \operatorname{div}(n-i), \quad i=0, \ldots, n-2,
\end{gathered}
$$

where div denotes integer division. These relations imply

$$
\alpha^{(i)}=(n-i) \alpha^{(i+1)}+\alpha_{i}, \quad i=0, \ldots, n-2 .
$$

We multiply by $\varpi_{i}$ on both sides. For $i=0, \ldots, n-3$, we use the identity

$$
\begin{equation*}
\varpi_{i+1}=(n-i) \varpi_{i}, \tag{2}
\end{equation*}
$$

and for $i=n-2$, we use the identity $2 \varpi_{n-2}=0$ in $\mathbb{Z}_{2}$, to get

$$
\begin{aligned}
\varpi_{i} \alpha^{(i)}-\varpi_{i+1} \alpha^{(i+1)} & =\alpha_{i} \varpi_{i}, \quad i=0, \ldots, n-3, \\
\varpi_{n-2} \alpha^{(n-2)} & =\alpha_{n-2} \varpi_{n-2}
\end{aligned}
$$

Adding these relations together, and accounting for telescoping cancellation on the left side,

$$
\varpi_{0} \alpha^{(0)}=\alpha_{n-2} \varpi_{n-2}+\cdots+\alpha_{0} \varpi_{0} .
$$

As and $\alpha^{(0)}=\alpha$, we obtain the representation

$$
\alpha=\alpha_{n-2} \varpi_{n-2}+\cdots+\alpha_{0} \varpi_{0}
$$

By construction, $\alpha_{i} \in \mathbb{Z}_{n-i}$ for $i=0, \ldots, n-2$. The existence of the decomposition also holds in $\mathbb{N}$.

We now prove the uniqueness of the decomposition in $\mathbb{N}$, and momentarily introduce the element $\varpi_{n-1}=n$ !. In $\mathbb{N}$, the identities

$$
\begin{equation*}
\sum_{i=0}^{k-1}(n-i-1) \varpi_{i}=\varpi_{k}-1, \quad k \in\{1, \ldots n-1\} \tag{3}
\end{equation*}
$$

are easily shown using induction and (2) (such identities are general to mixed radix number systems). Assume that $\alpha \in \mathbb{N}$ has two different decompositions. Then, with obvious notations,

$$
\begin{equation*}
\sum_{i=0}^{n-2}\left(\alpha_{i}-\alpha_{i}^{\prime}\right) \varpi_{i}=0 \tag{4}
\end{equation*}
$$

Let $k$ be the largest index such that $\alpha_{i} \neq \alpha_{i}^{\prime}$. If $k=0$, then $\alpha_{0} \neq \alpha_{0}^{\prime}$ and $\alpha_{i}=\alpha_{i}^{\prime}$ for $i>0$. From (4) we deduce $\alpha_{0}=\alpha_{0}^{\prime}$, a contradiction. If $k>0$, then

$$
\begin{equation*}
\sum_{i=0}^{k-1}\left(\alpha_{i}-\alpha_{i}^{\prime}\right) \varpi_{i}=\left(\alpha_{k}^{\prime}-\alpha_{k}\right) \varpi_{k} \tag{5}
\end{equation*}
$$

We may assume $\alpha_{k}^{\prime}>\alpha_{k}$ with no loss of generality, so that the right hand term in (5) is larger than $\varpi_{k}$. As $\alpha_{i}$ and $\alpha_{i}^{\prime}$ are less than $n-i-1$, the left hand term is less than $\varpi_{k}-1$ by (3), a contradiction. The uniqueness of the decomposition also holds in $\mathbb{Z}_{n!}$.

Arithmetics can be performed in the ring $\left(\mathbb{Z}_{n!},+, \times\right)$ endowed with the $\varpi$-system. The computation of the sum and product works in the usual way of positional number systems, using the ring structure of $\mathbb{Z}_{n-i}$ for the operations on the digits of the operands. There is no carry to propagate after the leftmost digit.
Lemma 3. The base elements verify

$$
\begin{gather*}
\varpi_{n, i+k}=\varpi_{n-k, i} \varpi_{n, k},  \tag{6}\\
\sum_{i=0}^{k-1}(n-i-1) \varpi_{n, i}=\varpi_{n, k}-1, \quad k \in\{1, \ldots n-2\},  \tag{7}\\
\sum_{i=0}^{n-2}(n-i-1) \varpi_{n, i}=-1 \tag{8}
\end{gather*}
$$

Proof. The verification of the first relation is straightforward. The identities (3) written in $\mathbb{Z}_{n!}$ give (7) and (8). For (8), we use the fact that $n!-1=-1$ in $\mathbb{Z}_{n!}$.
Corollary 4. For $\alpha, \alpha^{\prime} \in \mathbb{Z}_{n!}$, with digits $\alpha_{i}, \alpha_{i}^{\prime} \in \mathbb{Z}_{n-i}$,

$$
\alpha+\alpha^{\prime}=-1 \Longleftrightarrow \alpha_{i}+\alpha_{i}^{\prime}=-1, \quad i=0, \ldots, n-2
$$

Proof. We write

$$
\alpha+\alpha^{\prime}=\sum_{i=0}^{n-2}\left(\alpha_{i}+\alpha_{i}^{\prime}\right) \varpi_{n, i}
$$

In $\mathbb{Z}_{n-i}, \alpha_{i}+\alpha_{i}^{\prime}=-1$ if and only if $\alpha_{i}+\alpha_{i}^{\prime}=n-i-1$. By the uniqueness of the decomposition in the $\varpi$-system, the result follows from (8).

## 3 Code

The set of permutations on $n$ symbols $x_{1}, \ldots, x_{n}$ is denoted $\mathcal{S}_{n}$. From a permutation $q$ on the $n-1$ symbols $x_{1}, \ldots, x_{n-1}, n$ permutations on $n$ symbols are generated by inserting $x_{n}$ to the right and permuting the symbols cyclically. The insertion of $x_{n}$ to the right defines an injection

$$
\begin{array}{ccc}
\mathcal{S}_{n-1} & \stackrel{\iota}{\longmapsto} & \mathcal{S}_{n} \\
\left(a_{1} \cdots a_{n-1}\right) & \longmapsto & \left(a_{1} \cdots a_{n-1} x_{n}\right)=\tilde{q} .
\end{array}
$$

We define the cyclic shift $S: \mathcal{S}_{n-1} \rightarrow \mathcal{S}_{n}$ by $S=C \iota$, where $C: \mathcal{S}_{n} \rightarrow \mathcal{S}_{n}$ is the circular permutation, so that

$$
\begin{aligned}
S^{0} q & =\left(a_{1} a_{2} \cdots a_{n-1} x_{n}\right)=C^{0} \tilde{q}=\tilde{q}, \\
S^{1} q & =\left(a_{2} \cdots a_{n-1} x_{n} a_{1}\right)=C^{1} \tilde{q}, \\
& \vdots \\
S^{n-1} q & =\left(x_{n} a_{1} a_{2} \cdots a_{n-1}\right)=C^{n-1} \tilde{q} .
\end{aligned}
$$

The set $\mathcal{O}(q)=\left\{S^{0} q, \ldots, S^{n-1} q\right\}$ is the orbit of $q$. As $S^{i}=S^{j}$ is equivalent to $i=j \bmod n$, the exponents of the cyclic shift are elements of $\mathbb{Z}_{n}$.

Lemma 5. The set of permutations $\mathcal{S}_{n}$ is the disjoint union of the orbits $\mathcal{O}(q)$ for $q \in \mathcal{S}_{n-1}$.
Proof. If $q, r \in \mathcal{S}_{n-1}$, their orbits are disjoint subsets of $\mathcal{S}_{n}$. Indeed, if $S^{i} q=S^{j} r$, there exists $k \in \mathbb{Z}_{n}$ such that $S^{k} q=S^{0} r=\tilde{r}$. The only possibility is $k=0$, implying $S^{0} q=\tilde{q}=\tilde{r}$, and $q=r$. There are $(n-1)$ ! disjoint orbits, each of size $n$, so that they span $\mathcal{S}_{n}$.

According to Lemma 5 , the set $\mathcal{S}_{n}$ can be generated by cyclic shift. The generation by cyclic shift defines an order on the set of permutations, $\mathcal{S}_{n}=\left\{p_{0}, \ldots, p_{n!-1}\right\}$, a cyclic order in fact. For this order, the rank $\alpha$ of a permutation $p_{\alpha} \in \mathcal{S}_{n}$ is an element of $\mathbb{Z}_{n!}$.

The generation by cyclic shift of $p \in \mathcal{S}_{n}$ from (1) $\in \mathcal{S}_{1}$ can be schematized:

$$
\left\{\begin{array}{c}
p^{(1)}=(1) \xrightarrow{\alpha_{n-2}} p^{(2)} \longrightarrow \cdots \xrightarrow{\alpha_{2}} p^{(n-2)} \xrightarrow{\alpha_{1}} p^{(n-1)} \xrightarrow{\alpha_{0}} p^{(n)}=p,  \tag{9}\\
p^{(n-i)}=S_{n-i}^{\alpha_{i}} p^{(n-i-1)},
\end{array}\right\}
$$

where $p^{(n-i)} \in \mathcal{S}_{n-i}$ is generated from $p^{(n-i-1)} \in \mathcal{S}_{n-i-1}$ by the cyclic shift

$$
S_{n-i}: \mathcal{S}_{n-i-1} \longrightarrow \mathcal{S}_{n-i}
$$

with the exponent $\alpha_{i} \in \mathbb{Z}_{n-i}$ (Example 1).
Definition 6. The sequence of exponents $\alpha_{i} \in \mathbb{Z}_{n-i}$ associated with successive cyclic shifts leading from (1) $\in \mathcal{S}_{1}$ to $p \in \mathcal{S}_{n}$ is the code of $p$ in the $\varpi$-system:

$$
\alpha=\alpha_{n-2} \cdots \alpha_{0_{\varpi}} \in \mathbb{Z}_{n!} .
$$

Theorem 7. The rank of a permutation on $n$ symbols generated by cyclic shift is given by its code. A permutation on $n$ symbols generated by cyclic shift is determined by writing its rank in the $\varpi$-system.

Proof. We use induction on $n$. For $n=2$, in $\mathcal{S}_{2}=\{(12),(21)\}$, the rank of the permutation (12) is $0=0_{\varpi}$, and the rank of the permutation (21) is $1=1_{\varpi}$. For $n>2$, let $p=p_{\alpha} \in \mathcal{S}_{n}$ of rank $\alpha$, generated by cyclic shift from $q=q_{\beta} \in \mathcal{S}_{n-1}$ of rank $\beta$. Then $p=S_{n}^{\alpha_{0}} q$ for some $\alpha_{0} \in \mathbb{Z}_{n}, \alpha_{0}$ being the rank of $p$ within the orbit of $q$. As the orbits contain $n$ elements and as $\beta$ is the rank of $q$ in $\mathcal{S}_{n-1}$, the rank of $p$ in $\mathcal{S}_{n}$ is

$$
\alpha=\beta n+\alpha_{0}=\beta \varpi_{n, 1}+\alpha_{0} \varpi_{n, 0} .
$$

By induction hypothesis, the rank $\beta$ of $q$ is given by the code

$$
\beta=\sum_{i=0}^{n-3} \beta_{i} \varpi_{n-1, i}, \quad \beta_{i} \in \mathbb{Z}_{n-1-i}
$$

Eq. (6) gives, for $k=1$,

$$
\varpi_{n, i+1}=\varpi_{n-1, i} \varpi_{n, 1}
$$

so that

$$
\beta \varpi_{n, 1}=\sum_{i=0}^{n-3} \beta_{i} \varpi_{n-1, i} \varpi_{n, 1}=\sum_{i=0}^{n-3} \beta_{i} \varpi_{n, i+1}=\sum_{i=1}^{n-2} \beta_{i-1} \varpi_{n, i} .
$$

Let $\alpha_{i}=\beta_{i-1}$ for $i=1, \ldots, n-2$. As $\beta_{i} \in \mathbb{Z}_{n-1-i}, \alpha_{i} \in \mathbb{Z}_{n-i}$. We obtain that

$$
\alpha=\beta \varpi_{n, 1}+\alpha_{0} \varpi_{n, 0}=\sum_{i=0}^{n-2} \alpha_{i} \varpi_{n, i}, \quad \alpha_{i} \in \mathbb{Z}_{n-i},
$$

is the code of $p_{\alpha}$. Conversely, let $p_{\alpha} \in \mathcal{S}_{n}$. We write the rank $\alpha$ in the $\varpi$-system, $\alpha=$ $\alpha_{n-2} \cdots \alpha_{0_{\varpi}}$, and use scheme (9) with the exponents $\alpha_{n-2}, \ldots, \alpha_{0}$ to determine $p_{\alpha}$.

| $\alpha$ | $p_{\alpha}$ | $\alpha_{2}$ | $\alpha_{1}$ | $\alpha_{0}$ |
| :---: | :---: | :---: | :---: | :---: |
| 0 | 1234 | 0 | 0 | 0 |
| 1 | 2341 | 0 | 0 | 1 |
| 2 | 3412 | 0 | 0 | 2 |
| 3 | 4123 | 0 | 0 | 3 |
| 4 | 2314 | 0 | 1 | 0 |
| 5 | 3142 | 0 | 1 | 1 |
| 6 | 1423 | 0 | 1 | 2 |
| 7 | 4231 | 0 | 1 | 3 |
| 8 | 3124 | 0 | 2 | 0 |
| 9 | 1243 | 0 | 2 | 1 |
| 10 | 2431 | 0 | 2 | 2 |
| 11 | 4312 | 0 | 2 | 3 |
| 12 | 2134 | 1 | 0 | 0 |
| 13 | 1342 | 1 | 0 | 1 |
| 14 | 3421 | 1 | 0 | 2 |
| 15 | 4213 | 1 | 0 | 3 |
| 16 | 1324 | 1 | 1 | 0 |
| 17 | 3241 | 1 | 1 | 1 |
| 18 | 2413 | 1 | 1 | 2 |
| 19 | 4132 | 1 | 1 | 3 |
| 20 | 3214 | 1 | 2 | 0 |
| 21 | 2143 | 1 | 2 | 1 |
| 22 | 1432 | 1 | 2 | 2 |
| 23 | 4321 | 1 | 2 | 3 |

Table 1: The codes of the permutations of $\{1,2,3,4\}$ generated by cyclic shift.
Algorithm C in Knuth [1, $\S 7.2 .1 .2$ ] generates $\mathcal{S}_{n}$ by cyclic shift in a simple version of the scheme described in this section.

In the sequel, we assume that $\mathcal{S}_{n}$ is ordered according to generation by cyclic shift.

## 4 k-orbits

The $\varpi$-system is a family of number systems indexed by $n$, which are compatible in a sense precised in the next proposition. The compatibility relies on relation (6).

Proposition 8. Let $k \in\{0, \ldots, n-2\}$ and $p_{\alpha} \in \mathcal{S}_{n}$ with code $\alpha \in \mathbb{Z}_{n!}$. There exists $a$ permutation $q_{\beta} \in S_{n-k}$ with code $\beta \in \mathbb{Z}_{(n-k)!}$ such that

$$
\begin{equation*}
\alpha=\beta \varpi_{n, k}+\gamma, \quad \gamma \in\left\{0, \ldots, \varpi_{n, k}-1\right\} . \tag{10}
\end{equation*}
$$

The code $\beta$ is made of the $n-k-1$ leftmost digits of $\alpha$, and $\gamma$ is made of the $k$ rightmost digits of $\alpha$.

Proof. We have the decomposition

$$
\alpha=\alpha_{n-2} \cdots \alpha_{0_{\varpi}}=\alpha_{n-2} \cdots \alpha_{k} 0 \cdots 0_{\varpi}+0 \cdots 0 \alpha_{k-1} \cdots \alpha_{0_{\varpi}}=\tilde{\alpha}+\gamma
$$

Let $\beta_{i}=\alpha_{i+k}$ for $i=0, \ldots, n-k-2$, so that the $\beta$ 's are the $n-k-1$ leftmost digits of $\alpha$. As $\alpha_{i} \in \mathbb{Z}_{n-i}, \beta_{i}=\alpha_{i+k} \in \mathbb{Z}_{n-k-i}$. Hence

$$
\beta=\sum_{i=0}^{n-k-2} \beta_{i} \varpi_{n-k, i}, \quad \beta_{i} \in \mathbb{Z}_{n-k-i}
$$

is an element of $\mathbb{Z}_{(n-k)!}$ which is the code of a permutation $q_{\beta} \in \mathcal{S}_{n-k}$. Using relation (6), we obtain

$$
\tilde{\alpha}=\sum_{i=k}^{n-2} \alpha_{i} \varpi_{n, i}=\sum_{i=0}^{n-k-2} \alpha_{i+k} \varpi_{n, i+k}=\sum_{i=0}^{n-k-2} \alpha_{i+k} \varpi_{n-k, i} \varpi_{n, k}=\left(\sum_{i=0}^{n-k-2} \beta_{i} \varpi_{n-k, i}\right) \varpi_{n, k} .
$$

The term

$$
\gamma=\sum_{i=0}^{k-1} \alpha_{i} \varpi_{n, i}
$$

is made of the $k$ rightmost digits of $\alpha$. It is an element of $\mathbb{Z}_{n-k+1} \times \cdots \times \mathbb{Z}_{n}$ ranging from 0 to $\sum_{i=0}^{k-1}(n-i-1) \varpi_{n, i}$, which equals $\varpi_{n, k}-1$ by (7). We obtain

$$
\alpha=\tilde{\alpha}+\gamma=\beta \varpi_{n, k}+\gamma .
$$

Definition 9. For $k \in\{0, \ldots, n-2\}$ and $q_{\beta} \in \mathcal{S}_{n-k}$, the $k$-orbit of $q_{\beta}$ is the following subset of $\mathcal{S}_{n}$ :

$$
\mathcal{O}_{n, k}\left(q_{\beta}\right)=\left\{p_{\alpha} \in S_{n} ; \quad \alpha=\beta \varpi_{n, k}+\gamma, \quad \gamma=0, \ldots, \varpi_{n, k}-1\right\} .
$$

For $k=0$, the 0 -orbit of $q \in \mathcal{S}_{n}$ is $\{q\}$. Indeed, for $k=0, \varpi_{n, 0}=1, \gamma=0$, and $q=p_{\alpha}$. For $k \geq 1$, a $k$-orbit $\mathcal{O}_{n, k}(q)$ can be described as the subset of $\mathcal{S}_{n}$ generated from $q \in \mathcal{S}_{n-k}$ by $k$ successive cyclic shifts. Indeed, by Proposition 8 , the code of $p_{\alpha} \in \mathcal{O}_{n, k}\left(q_{\beta}\right)$ is obtained by appending $\alpha_{k-1} \cdots \alpha_{0}$ to the code $\beta_{n-k-2} \cdots \beta_{0 \varpi}$ of $q_{\beta}$. By scheme (9), the digits $\alpha_{k-1}, \ldots, \alpha_{0}$ describe the generation of $p_{\alpha}$ from $q_{\beta}$. In particular, for $k=1$, the 1-orbit $\mathcal{O}_{n, 1}(q)$ of $q \in \mathcal{S}_{n-1}$ is the orbit $\mathcal{O}(q)$. We may further define the $(n-1)$-orbit $\mathcal{O}_{n, n-1}(q)$ as the whole set $\mathcal{S}_{n}$, with $q=(1) \in \mathcal{S}_{1}$.

We have the following generalization of Lemma 5:
Proposition 10. For $k \in\{0, \ldots, n-2\}$, the set of permutations $\mathcal{S}_{n}$ is the disjoint union of the $k$-orbits $\mathcal{O}_{n, k}(q)$ for $q \in \mathcal{S}_{n-k}$.

Proof. The $k$-orbits are disjoint by the uniqueness of the decomposition (10). They are $(n-k)$ ! in number, and contain $\varpi_{n, k}$ elements each. As $(n-k)!\varpi_{n, k}=n!$ in $\mathbb{N}$, the $k$-orbits span $\mathcal{S}_{n}$.

In decomposition (10), $\beta$ specifies to which $k$-orbit $p_{\alpha}$ belongs and $\gamma$ specifies the rank of $p_{\alpha}$ within the $k$-orbit. The first element of the $k$-orbit has rank $\alpha^{\text {first }}=\beta \varpi_{n, k}$ (i.e., $\gamma=0$ ). The last element has rank $\alpha^{\text {last }}=\beta \varpi_{n, k}+\varpi_{n, k}-1$ (i.e., $\gamma=\varpi_{n, k}-1$ ). The element next to the last has rank $\alpha^{\text {last }}+1=\beta \varpi_{n, k}+\varpi_{n, k}=(\beta+1) \varpi_{n, k}$. It is the first element of the next $k$-orbit $\mathcal{O}_{n, k}\left(q_{\beta+1}\right)$, where $q_{\beta+1}$ is the element next to $q_{\beta}$ in $\mathcal{S}_{n-k}$.

Lemma 11. Let $p_{\alpha} \in \mathcal{S}_{n}$. There exists a largest $k \in\{0, \ldots, n-2\}$ and $q_{\beta} \in \mathcal{S}_{n-k}$ such that $p_{\alpha}$ is the last element of the $k$-orbit $\mathcal{O}_{n, k}\left(q_{\beta}\right)$, and not the last element of the $(k+1)$-orbit containing this $k$-orbit.

Proof. If $p_{\alpha}$ is not the last element of the 1-orbit it belongs to, it is the last element of the 0 -orbit $\left\{p_{\alpha}\right\}$. In this trivial case, $k=0$ and $p_{\alpha}=q_{\beta}$. Otherwise the rightmost digit of $\alpha$ is $\alpha_{0}=n-1$. There exists a largest $k \geq 1$ such that $\alpha_{i}=n-i-1$ for $i=0, \ldots, k-1$, and $\alpha_{k} \neq n-k-1$. This means that $p_{\alpha}$ is the last element of nested $j$-orbits, $j=1, \ldots, k$, and not the last element of the $(k+1)$-orbit containing these nested $j$-orbits.

## 5 Symmetries

For compatibility with the cyclic shift, we adopt the convention that the positions of the symbols in a permutation are computed from the right, and are considered as elements of $\mathbb{Z}_{n}$ (the position of the last symbol is 0 and the position of the first symbol is $n-1$ ).

According to scheme (9), the symbol $x_{n-i}(i \geq 2)$ appears at step $n-i$ with the digit $\alpha_{i}$ as exponent of the cyclic shift. Its position in the generated permutation $p^{(n-i)}$ is therefore

$$
\operatorname{pos}_{n-i}\left(x_{n-i}, p^{(n-i)}\right)=\alpha_{i} .
$$

In particular,

$$
\begin{equation*}
\operatorname{pos}_{n}\left(x_{n}, p^{(n)}\right)=\alpha_{0} . \tag{11}
\end{equation*}
$$

For a permutation $p=\left(a_{1} a_{2} \cdots a_{n-1} a_{n}\right) \in \mathcal{S}_{n}$, we introduce the mirror image of $p$, $\bar{p}=\left(a_{n} a_{n-1} \cdots a_{2} a_{1}\right)$.

Proposition 12. The permutations $p_{\alpha}$ and $p_{\alpha^{\prime}}$ are the mirror image of one another if and only if their ranks $\alpha$ and $\alpha^{\prime}$ verify in $\mathbb{Z}_{n}$ !

$$
\alpha+\alpha^{\prime}=-1
$$

For example, in $\mathbb{Z}_{5!}$ we have $84+35=-1$, and in $\mathcal{S}_{5}, p_{84}=(51324)$ is the mirror image of $p_{35}=(42315)$.

Proof. The proof is by induction on $n$. For $n=2$, $p_{0}=(12), p_{1}=(21)$, and $0+1=1=-1$ in $\mathbb{Z}_{2}$. Let $n>2$. By Proposition 8,

$$
\alpha=\beta \varpi_{n, 1}+\alpha_{0} \varpi_{n, 0}, \quad \alpha^{\prime}=\beta^{\prime} \varpi_{n, 1}+\alpha_{0}^{\prime} \varpi_{n, 0}, \quad q_{\beta}, q_{\beta^{\prime}} \in \mathcal{S}_{n-1}, \quad \alpha_{0}, \alpha_{0}^{\prime} \in \mathbb{Z}_{n}
$$

By Corollary 4 , the condition $\alpha+\alpha^{\prime}=-1$ is equivalent to $\beta+\beta^{\prime}=-1$ and $\alpha_{0}+\alpha_{0}^{\prime}=-1$. By induction hypothesis, $q_{\beta}$ is the mirror image of $q_{\beta^{\prime}}$ in $\mathcal{S}_{n-1}$ if and only if $\beta+\beta^{\prime}=-1$. The condition $\alpha+\alpha_{0}^{\prime}=-1$ is equivalent to $\alpha_{0}^{\prime}=n-1-\alpha_{0}$, i.e., the ranks of $\alpha_{0}$ and $\alpha_{0}^{\prime}$ are symmetrical in $\mathbb{Z}_{n}$. By (11), these ranks are the positions of symbol $x_{n}$ when $p_{\alpha}$ and $p_{\alpha^{\prime}}$ are generated by cyclic shift from $q_{\beta}$ and $q_{\beta^{\prime}}$ respectively. This gives the result.

Corollary 13. The word constructed by concatenating the symbols of the permutations generated by cyclic shift is a palindrome.
Proof. Let $p_{\alpha} \in \mathcal{S}_{n}$. The rank symmetrical to $\alpha$ in $\mathbb{Z}_{n!}$ is $(n!-1)-\alpha=-(\alpha+1)$. By Proposition 12, $p_{-(\alpha+1)}$ is the mirror image of $p_{\alpha}$.

The set $\mathcal{S}_{n}$ has in fact deeper symmetries, coming from the recursive structure of the $k$-orbits.

According to Theorem 7, the generation of $\mathcal{S}_{n}$ by cyclic shift is obtained by performing $\alpha \rightarrow \alpha+1$ for $\alpha \in \mathbb{Z}_{n!}$, and writing $\alpha$ in the $\varpi$-system. This determines each permutation $p_{\alpha}$. For a fixed $k$, as $\alpha$ runs through $\mathbb{Z}_{n!}, p_{\alpha}$ runs through the $k$-orbits of $\mathcal{S}_{n}$, and leaves a $k$-orbit to enter the next when, in the computation of $\alpha+1$, the carry propagates up to the digit $\alpha_{k}$, incrementing the rank $\beta$ of the $k$-orbit.

Proposition 14. Any two successive permutations of $\mathcal{S}_{n}$ are written as

$$
p_{\alpha}=\bar{A} B, \quad p_{\alpha+1}=B A,
$$

with an integer $k \in\{0, \ldots, n-2\}$ such that

$$
|A|=k+1
$$

For example, in $\mathcal{S}_{5}, p_{39}=(54231)$ and $p_{40}=(\underline{31245})$.
Proof. If $p_{\alpha}$ and $p_{\alpha+1}$ are in the same 1-orbit then

$$
p_{\alpha}=\left(a_{1} a_{2} \cdots a_{n}\right), \quad p_{\alpha+1}=\left(a_{2} \cdots a_{n} a_{1}\right)
$$

The result holds with $A=\left(a_{1}\right), B=\left(a_{2} \cdots a_{n}\right)$, and this corresponds to $k=0$. Otherwise, by Lemma 11 , there exists a largest $k \geq 1$ such that $p_{\alpha}$ is the last element of a $k$-orbit, and not the last element of a $(k+1)$-orbit. The elements of a $k$-orbit are generated by successively inserting the symbols $x_{n-k+1}, \ldots, x_{n}$ from a permutation $q_{\beta} \in \mathcal{S}_{n-k}$. The last element is

$$
\left(x_{n} \cdots x_{n-k+1} b_{1} \cdots b_{n-k}\right)
$$

where $q_{\beta}=\left(b_{1} \cdots b_{n-k}\right)$ is a permutation of the symbols $x_{1}, \ldots, x_{n-k}$. The first element of the next $k$-orbit is

$$
\left(c_{1} \cdots c_{n-k} x_{n-k+1} \cdots x_{n}\right)
$$

where $q_{\beta+1}=\left(c_{1} \cdots c_{n-k}\right)$. As $\mathcal{S}_{n-k}$ is generated by cyclic shift, $q_{\beta+1}=C_{n-k} q_{\beta}$, with $C_{n-k}$ the circular permutation in $\mathcal{S}_{n-k}$. We obtain

$$
\begin{aligned}
& p_{\alpha}=\left(x_{n} \cdots x_{n-k+1} b_{1} b_{2} \cdots b_{n-k}\right)=\bar{A} B \\
& p_{\alpha+1}=\left(b_{2} \cdots b_{n-k} b_{1} x_{n-k+1} \cdots x_{n}\right)=B A \text {, }
\end{aligned}
$$

where $A=\left(b_{1} x_{n-k+1} \cdots x_{n}\right)$ contains $k+1$ symbols.

According to Proposition $14, k+1$ symbols (the symbols of $A$ ) have to be erased to the left of $p_{\alpha}$ so that the last symbols of $p_{\alpha}$ (the symbols of $B$ ) match the first symbols of $p_{\alpha+1}$.
Definition 15. The weight $e_{n}(\alpha)$ of the transition $\alpha \rightarrow \alpha+1$ is the number of symbols that have to be erased to the left of $p_{\alpha}$ so that the last symbols of $p_{\alpha}$ match the first symbols of $p_{\alpha+1}$. The $\varpi$-ruler sequence is the sequence of weights:

$$
E_{n}=\left\{e_{n}(\alpha) ; \quad \alpha=0, \ldots, n!-2\right\}
$$

Proposition 16. The $\varpi$-ruler sequence is a palindrome.
Proof. If the ranks $\alpha$ and $\alpha^{\prime}$ are symmetrical in $\mathbb{Z}_{n!}, \alpha+\alpha^{\prime}=-1$. Then $\alpha_{i}+\alpha_{i}^{\prime}=-1$ for $i=0, \ldots, n-2$ by Corollary 4. By the definition of $e_{n}(\alpha)$ (the weight associated with the transition $\alpha \rightarrow \alpha+1)$, we want to show that $e_{n}(\alpha)=e_{n}\left(\alpha^{\prime}-1\right)$. If $p_{\alpha}$ is the last element of a $k$-orbit, $k \geq 1$, then $\alpha_{i}=-1$ for $i=0, \ldots, k-1$, so that $\alpha_{i}^{\prime}=0$ for $i=0, \ldots, k-1$ : $p_{\alpha^{\prime}}$ is the first element of a $k$-orbit, and $p_{\alpha^{\prime}-1}$ is the last element of the previous $k$-orbit. Hence $e_{n}(\alpha)=e_{n}\left(\alpha^{\prime}-1\right)=k+1$. If $p_{\alpha}$ is not the last element of a $k$-orbit, then $\alpha_{0} \neq-1$. Hence $\alpha_{0}^{\prime} \neq 0$, and $p_{\alpha^{\prime}}$ is not the first element of a 1-orbit. In this case $e_{n}(\alpha)=e_{n}\left(\alpha^{\prime}-1\right)=1$.
Proposition 17. The number of terms of the $\varpi$-ruler sequence such that $e_{n}(\alpha)=k$ is

$$
(n-k)(n-k)!.
$$

The sum of its $n!-1$ terms is

$$
W_{n}=1!+2!+\ldots+n!-n
$$

Proof. We have $e_{n}(\alpha)=k$ if and only if $p_{\alpha}$ is the last element of a $(k-1)$-orbit, and not the last element of a $k$-orbit. The number of $(k-1)$-orbits within a $k$-orbit is $n-k+1$. We exclude the last ( $k-1$ )-orbit within the $k$-orbit (otherwise $p_{\alpha}$ would be the last element of the $k$-orbit). This gives $n-k$ possibilities for $e_{n}(\alpha)=k$ in a $k$-orbit. As the number of $k$-orbits is $(n-k)$ !, there are $(n-k)(n-k)$ ! possibilities for $e_{n}(\alpha)=k$.

The formula for the sum is shown by induction. We have $W_{2}=1=1!+2!-2$, and for $n>2$,

$$
\begin{aligned}
W_{n} & =\sum_{k=1}^{n-1} k(n-k)(n-k)!=\sum_{k=0}^{n-2}(k+1)(n-1-k)(n-1-k)! \\
& =\sum_{k=1}^{n-2} k(n-1-k)(n-1-k)!+\sum_{k=0}^{n-2}(n-1-k)(n-1-k)! \\
& =W_{n-1}+\sum_{i=1}^{n-1} i \cdot i!=1!+\ldots+(n-1)!-(n-1)+n!-1=1!+\ldots+n!-n
\end{aligned}
$$

In the last line, the induction hypothesis and identity (1) have been used.
The $\varpi$-ruler sequence is analogous to the binary ruler function (A001511 in Sloane [3]). The terms of the ruler function give the position of the bit to flip when the binary numbers are listed according to the binary reflected Gray code. They represent the binary division of an inch. The $\varpi$-ruler sequence differs in that the number of intermediate ticks increases with $n$ (Table 2).

| $n$ | $E_{n}$ |
| :---: | :---: |
| 2 | 1 |
| 3 | $1^{2} 21^{2}$ |
| 4 | $1^{3} 21^{3} 21^{3} 31^{3} 21^{3} 21^{3}$ |
| 5 | $1^{4} 21^{4} 21^{4} 21^{4} 31^{4} 21^{4} 21^{4} 21^{4} 31^{4} 21^{4} 21^{4} 21^{4} 41^{4} 21^{4} 21^{4} 21^{4} 31^{4} 21^{4} 21^{4} 21^{4} 31^{4} 21^{4} 21^{4} 21^{4}$ |

Table 2: The $\varpi$-ruler sequence for $n=2,3,4,5$ ( $1^{j}$ denotes 1 repeated $j$ times).

## 6 Combinatorial Gray code

A combinatorial Gray code is a method for generating combinatorial objects so that successive objects differ by some pre-specified adjacency rule involving a minimality criterion (Savage [4]). Such a code can be formulated as an Hamiltonian path or cycle in a graph whose vertices are the combinatorial objects to be generated. Two vertices are joined by an edge if they differ from each other in the pre-specified way.

The code associated with the $\varpi$-system corresponds to an Hamiltonian path in a weighted directed graph $G_{n}$.

Definition 18. The vertices of the digraph $G_{n}$ are the elements of $\mathcal{S}_{n}$. For two permutations (vertices) $p_{\alpha}$ and $p_{\alpha^{\prime}}$, there is an arc from $p_{\alpha}$ to $p_{\alpha^{\prime}}$ if and only if the last symbols of $p_{\alpha}$ match the first symbols of $p_{\alpha^{\prime}}$ (there is no arc when there is no match). Let $p_{\alpha}, p_{\alpha^{\prime}} \in \mathcal{S}_{n}$ be two connected vertices in $G_{n}$. The weight $f_{n}\left(\alpha, \alpha^{\prime}\right) \in\{1, \ldots, n-1\}$ associated with the arc $\left(p_{\alpha}, p_{\alpha^{\prime}}\right)$ is the number of symbols that have to be erased to the left of $p_{\alpha}$ so that the last symbols of $p_{\alpha}$ match the first symbols of $p_{\alpha^{\prime}}$.

By Proposition 14, for each $\alpha$, there is an arc of weight $e_{n}(\alpha)=f_{n}(\alpha, \alpha+1)$ joining $p_{\alpha}$ to $p_{\alpha+1}$. This allows to define the Hamiltonian path

$$
\mathbf{w}_{n}=\left\{\left(p_{\alpha}, p_{\alpha+1}\right) ; \alpha=0, \ldots, n!-2\right\}
$$

joining successive permutations. This path has total weight $W_{n}=1!+\cdots+n!-n$ by Proposition 17. The path $\mathbf{w}_{n}$ can be closed into an Hamiltonian cycle by joining the last permutation $p_{n!-1}$ to the first $p_{0}$ by an arc of weight $n-1$ :

$$
\left(x_{n} \cdots x_{2} x_{1}\right) \xrightarrow{n-1}\left(x_{1} x_{2} \cdots x_{n}\right) .
$$

Hence, an oriented path exists from any vertex to any other, so that $G_{n}$ is strongly connected.
Table 3 displays the adjacency matrix of the weighted digraph $G_{4}$ and the Hamiltonian path $\mathbf{w}_{4}$.

Proposition 19. Each vertex of $G_{n}$ has exactly $j$ ! in-arcs of weight $j$ and $j$ ! out-arcs of weight $j$ for $j=1, \ldots, n-1$. Hence the vertices of $G_{n}$ have $L=1!+\cdots+(n-1)$ ! as inand out-degree, and $G_{n}$ is L-regular. The total number of arcs is Ln!.

Proof. Let us consider the arcs of weight $j \in\{1, \ldots, n-1\}$ joining a vertex to another in $G_{n}$ :

$$
\left(a_{1} \cdots a_{j} b_{1} \cdots b_{n-j}\right) \xrightarrow{j}\left(b_{1} \cdots b_{n-j} c_{1} \cdots c_{j}\right)
$$

|  | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 1 | 2 | 3 | 0 | 0 | 0 | 3 | 0 | 0 | 0 | 3 | 0 | 0 | 2 | 3 | 0 | 0 | 0 | 3 | 0 | 0 | 0 | 3 |
| 1 | 3 | 0 | 1 | 2 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 2 | 0 | 0 | 3 | 0 |
| 2 | 2 | 3 | 0 | 1 | 3 | 0 | 0 | 0 | 0 | 2 | 3 | 0 | 3 | 0 | 0 | 0 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 |
| 3 | 1 | 2 | 3 | 0 | 2 | 3 | 0 | 0 | 3 | 0 | 0 | 0 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 0 |
| 4 | 0 | 0 | 0 | 3 | 0 | 1 | 2 | 3 | 0 | 0 | 0 | 3 | 0 | 0 | 0 | 3 | 0 | 0 | 0 | 3 | 0 | 0 | 2 | 3 |
| 5 | 0 | 3 | 0 | 0 | 3 | 0 | 1 | 2 | 0 | 0 | 3 | 0 | 3 | 0 | 0 | 2 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 |
| 6 | 0 | 2 | 3 | 0 | 2 | 3 | 0 | 1 | 3 | 0 | 0 | 0 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 0 |
| 7 | 3 | 0 | 0 | 0 | 1 | 2 | 3 | 0 | 2 | 3 | 0 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 0 | 0 | 0 | 3 | 0 |
| 8 | 0 | 0 | 0 | 3 | 0 | 0 | 0 | 3 | 0 | 1 | 2 | 3 | 0 | 0 | 0 | 3 | 0 | 0 | 2 | 3 | 0 | 0 | 0 | 3 |
| 9 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 1 | 2 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 2 |
| 10 | 3 | 0 | 0 | 0 | 0 | 2 | 3 | 0 | 2 | 3 | 0 | 1 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 0 | 0 | 0 | 3 | 0 |
| 11 | 2 | 3 | 0 | 0 | 3 | 0 | 0 | 0 | 1 | 2 | 3 | 0 | 3 | 0 | 0 | 0 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 |
| 12 | 0 | 0 | 2 | 3 | 0 | 0 | 0 | 3 | 0 | 0 | 0 | 3 | 0 | 1 | 2 | 3 | 0 | 0 | 0 | 3 | 0 | 0 | 0 | 3 |
| 13 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 2 | 0 | 0 | 3 | 0 | 3 | 0 | 1 | 2 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 |
| 14 | 3 | 0 | 0 | 0 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 2 | 3 | 0 | 1 | 3 | 0 | 0 | 0 | 0 | 2 | 3 | 0 |
| 15 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 0 | 1 | 2 | 3 | 0 | 2 | 3 | 0 | 0 | 3 | 0 | 0 | 0 |
| 16 | 0 | 0 | 0 | 3 | 0 | 0 | 0 | 3 | 0 | 0 | 2 | 3 | 0 | 0 | 0 | 3 | 0 | 1 | 2 | 3 | 0 | 0 | 0 | 3 |
| 17 | 3 | 0 | 0 | 2 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 1 | 2 | 0 | 0 | 3 | 0 |
| 18 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 0 | 0 | 2 | 3 | 0 | 2 | 3 | 0 | 1 | 3 | 0 | 0 | 0 |
| 19 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 0 | 0 | 0 | 3 | 0 | 3 | 0 | 0 | 0 | 1 | 2 | 3 | 0 | 2 | 3 | 0 | 0 |
| 20 | 0 | 0 | 0 | 3 | 0 | 0 | 2 | 3 | 0 | 0 | 0 | 3 | 0 | 0 | 0 | 3 | 0 | 0 | 0 | 3 | 0 | 1 | 2 | 3 |
| 21 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 2 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 1 | 2 |
| 22 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 0 | 0 | 0 | 3 | 0 | 3 | 0 | 0 | 0 | 0 | 2 | 3 | 0 | 2 | 3 | 0 | 1 |
| 23 | 3 | 0 | 0 | 0 | 0 | 0 | 3 | 0 | 0 | 3 | 0 | 0 | 2 | 3 | 0 | 0 | 3 | 0 | 0 | 0 | 1 | 2 | 3 | 0 |

Table 3: The adjacency matrix of the digraph $G_{4}$. Lines delineate the 1-orbits. Double lines delineate the 2-orbits. Entries on the upper diagonal (in color) indicate the Hamiltonian path corresponding to the $\varpi$-system code, and forming the $\varpi$-ruler sequence.
where the c's are a permutation of the a's. There are $j$ ! possibilities for the $c$ 's, the $a$ 's and the $b$ 's being fixed. Hence $j$ ! arcs of weight $j$ leave each vertex. Similarly, there are $j$ ! possibilities for the $a$ 's, the $b$ 's and the $c$ 's being fixed, so that $j$ ! arcs of weight $j$ enter each vertex. By the degree sum formula, the sum of the in- or out-degrees of the $n$ ! vertices, $n!(1!+\cdots+(n-1)!)$, equals the total number of arcs.

The set $\left\{G_{n} ; n \geq 1\right\}$ is an infinite family of strongly connected regular digraphs.
We conjecture that the Hamiltonian path $\mathbf{w}_{n}$ joining successive permutations in the digraph $G_{n}$ is of minimal total weight. Assuming the conjecture, we may state:

The $\varpi$-system is a combinatorial Gray code listing the permutations generated by cyclic shift. The adjacency rule is that the minimal number of symbols is erased to the left of a permutation so that the last symbols of the permutation match the first symbols of the next permutation.

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