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## Classification of unknotting tunnels for two bridge knots

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**Abstract** In this paper, we show that any unknotting tunnel for a two bridge knot is isotopic to either one of known ones. This together with Morimoto–Sakuma’s result gives the complete classification of unknotting tunnels for two bridge knots up to isotopies and homeomorphisms.

**AMS Classification** 57M25; 57M05

**Keywords** Two bridge knots, unknotting tunnel

### 1 Introduction

Let  $K$  be a knot in the 3–sphere  $S^3$ . The *exterior* of  $K$  is the closure of the complement of a regular neighborhood of  $K$ , and is denoted by  $E(K)$ . A *tunnel* for  $K$  is an embedded arc  $\sigma$  in  $S^3$  such that  $\sigma \cap K = \partial\sigma$ . Then we denote  $\sigma \cap E(K)$  by  $\hat{\sigma}$ , where we regard  $\sigma$  as obtained from  $\hat{\sigma}$  by a radial extension. Let  $\sigma_1, \sigma_2$  be tunnels for  $K$ . We say that  $\sigma_1$  and  $\sigma_2$  are *homeomorphic* if there is a self homeomorphism  $f$  of  $E(K)$  such that  $f(\hat{\sigma}_1) = \hat{\sigma}_2$ . We say that  $\sigma_1$  and  $\sigma_2$  are *isotopic* if  $\hat{\sigma}_1$  is ambient isotopic to  $\hat{\sigma}_2$  in  $E(K)$ .

We say that a tunnel  $\sigma$  for  $K$  is *unknotting* if  $S^3 - \text{Int } N(K \cup \sigma, S^3)$  is a genus two handlebody. We note that the unknotting tunnels for  $K$  is essentially the genus 2 Heegaard splittings of  $E(K)$ ; if  $\sigma$  is an unknotting tunnel, then we can obtain a genus 2 Heegaard splitting  $(C_1, C_2)$ , where  $C_1$  is a regular neighborhood of  $\partial E(K) \cup \hat{\sigma}$  in  $E(K)$ , and  $C_2 = \text{cl}(E(K) - C_1)$ , and every genus 2 Heegaard splitting of  $E(K)$  is obtained in this manner. Moreover, such Heegaard splittings are isotopic (homeomorphic resp.) if and only if the corresponding unknotting tunnels are isotopic (homeomorphic resp.). We say that a knot  $K$  is a 2–bridge knot if  $K$  admits a (genus zero) 2–bridge position, that is, there exists a genus zero Heegaard splitting  $B_1 \cup_P B_2$  of  $S^3$  such that  $K \cap B_i$  is a system of 2–string trivial arcs in  $B_i$  ( $i = 1, 2$ ). It is known that



Figure 1.1

each 2-bridge knot admits six unknotting tunnels as depicted in Figure 1.1 or Figure 3.1 (see [17], or [8]).

Then the purpose of this paper is to prove:

**Theorem 1.1** *Every unknotting tunnel for a non-trivial 2-bridge knots is isotopic to one of the above six unknotting tunnels.*

We note that the isotopy, and homeomorphism classes of the above tunnels are completely classified by Morimoto–Sakuma [12] and Y.Uchida [18], and that it is known that the unknotting tunnels for a trivial knot are mutually isotopic (see, for example [15]). Hence these results together with the above theorem give the complete classification of isotopy, and homeomorphism classes of unknotting tunnels for two-bridge knots.

## 2 Preliminaries

Throughout this paper, we work in the differentiable category. For a submanifold  $H$  of a manifold  $K$ ,  $N(H; K)$  denotes a regular neighborhood of  $H$  in  $K$ . Let  $N$  be a manifold embedded in a manifold  $M$  with  $\dim N = \dim M$ . Then  $\text{Fr}_M N$  denotes the frontier of  $N$  in  $M$ . For the definitions of standard terms in 3-dimensional topology, we refer to [6].

Let  $M$  be a compact 3-manifold,  $\gamma$  a union of mutually disjoint arcs or simple closed curves properly embedded in  $M$ ,  $F$  a surface embedded in  $M$ , which is in general position with respect to  $\gamma$ , and  $\ell(\subset F)$  a simple closed curve with  $\ell \cap \gamma = \emptyset$ .

**Definition 2.1** A surface  $D$  in  $M$  is a  $\gamma$ -disk, if  $D$  is a disk intersecting  $\gamma$  in at most one transverse point.

**Definition 2.2** We say that  $\ell$  is  $\gamma$ -inessential if  $\ell$  bounds a  $\gamma$ -disk in  $F$ . We say that  $\ell$  is  $\gamma$ -essential if it is not  $\gamma$ -inessential.

**Definition 2.3** We say that a disk  $D$  is a  $\gamma$ -compressing disk for  $F$  if;  $D$  is a  $\gamma$ -disk, and  $D \cap F = \partial D$ , and  $\partial D$  is a  $\gamma$ -essential simple closed curve in  $F$ . The surface  $F$  is  $\gamma$ -compressible if it admits a  $\gamma$ -compressing disk, and it is  $\gamma$ -incompressible if it is not  $\gamma$ -compressible.

**Definition 2.4** Let  $F_1, F_2$  be surfaces embedded in  $M$  such that  $\partial F_1 = \partial F_2$ , or  $\partial F_1 \cap \partial F_2 = \emptyset$ . We say that  $F_1$  and  $F_2$  are  $\gamma$ -parallel, if there is a submanifold  $N$  in  $M$  such that  $(N, N \cap \gamma)$  is homeomorphic to  $(F_1 \times I, \mathcal{P} \times I)$  as a pair, where  $\mathcal{P}$  is a nion of points in  $\text{Int}(F_1)$ , and  $F_1$  ( $F_2$  resp.) is the closure of the component of  $\partial(F_1 \times I) - (\partial F_1 \times \{1/2\})$  containing  $F_1 \times \{0\}$  ( $F_1 \times \{1\}$  resp.) if  $\partial F_1 = \partial F_2$ , or  $F_1$  ( $F_2$  resp.) is the surface corresponding to  $F_1 \times \{0\}$  ( $F_1 \times \{1\}$  resp.) if  $\partial F_1 \cap \partial F_2 = \emptyset$ .

The submanifold  $N$  is called a  $\gamma$ -parallelism between  $F_1$  and  $F_2$ .

We say that  $F$  is  $\gamma$ -boundary parallel if there is a subsurface  $F'$  in  $\partial M$  such that  $F$  and  $F'$  are  $\gamma$ -parallel.

**Definition 2.5** We say that  $F$  is  $\gamma$ -essential if  $F$  is  $\gamma$ -incompressible, and not  $\gamma$ -boundary parallel.

Let  $a$  be an arc properly embedded in  $F$  with  $a \cap \gamma = \emptyset$ .

**Definition 2.6** We say that  $a$  is  $\gamma$ -inessential if there is a subarc  $b$  of  $\partial F$  such that  $\partial b = \partial a$ , and  $a \cup b$  bounds a disk  $D$  in  $F$  such that  $D \cap \gamma = \emptyset$ , and  $a$  is  $\gamma$ -essential if it is not  $\gamma$ -inessential.

**Definition 2.7** We say that  $F$  is  $\gamma$ -boundary compressible if there is a disk  $\Delta$  in  $M$  such that  $\Delta \cap F = \partial \Delta \cap F = \alpha$  is an  $\gamma$ -essential arc in  $F$ , and  $\Delta \cap \partial M = \partial \Delta \cap \partial M = \text{cl}(\partial \Delta - \alpha)$ .

**Definition 2.8** Let  $F_1, F_2$  be mutually disjoint surfaces in  $M$  which are in general position with respect to  $\gamma$ . We say that  $F_1$  and  $F_2$  are  $\gamma$ -isotopic if there is an ambient isotopy  $\phi_t$  ( $0 \leq t \leq 1$ ) of  $M$  such that;  $\phi_0 = \text{id}_M$ ;  $\phi_1(F_1) = F_2$ , and;  $\phi_t(\gamma) = \gamma$  for each  $t$ .

**Genus  $g$   $n$ -bridge position**

Let  $\Lambda = \{\gamma_1, \dots, \gamma_n\}$  be a system of mutually disjoint arcs properly embedded in  $M$ .

**Definition 2.9** We say that  $\Lambda$  is a *system of  $n$ -string trivial arcs* if there exists a system of mutually disjoint disks  $\{D_1, \dots, D_n\}$  in  $M$  such that, for each  $i$  ( $i = 1, \dots, n$ ), we have (1)  $D_i \cap \Lambda = \partial D_i \cap \gamma_i = \gamma_i$ , and (2)  $D_i \cap \partial M$  is an arc, say  $\alpha_i$ , such that  $\alpha_i = \text{cl}(\partial D_i - \gamma_i)$ .

**Example 2.10** Let  $\beta$  be a system of 2-string trivial arcs in a 3-ball  $B$ . The pair  $(B, \beta)$  is often referred as *2-string trivial tangle*, or a *rational tangle*.

Let  $K$  be a link in a closed 3-manifold  $M$ . Let  $M = A \cup_P B$  be a genus  $g$  Heegaard splitting. Then the next definition is borrowed from [3].

**Definition 2.11** We say that  $K$  is in a (*genus  $g$* )  *$n$ -bridge position* (with respect to the Heegaard splitting  $A \cup_P B$ ) if  $K \cap A$  ( $K \cap B$  resp.) is a system of  $n$ -string trivial arcs in  $A$  ( $B$  resp.).

In this paper, we abbreviate a genus 0  $n$ -bridge position to an  $n$ -bridge position. A knot  $K$  is called an  *$n$ -bridge knot* if it admits an  $n$ -bridge position. It is known that the 2-bridge positions of a 2-bridge knot  $K$  are unique up to  $K$ -isotopy (see [13],[16], or Section 7 of [10]).

**Definition 2.12** We say that a genus  $g$  bridge position of  $K$  with respect to  $A \cup_P B$  is *weakly  $K$ -reducible* if there exist  $K$ -compressing disks  $D_A, D_B$  for  $P$  in  $A, B$  respectively such that  $\partial D_A \cap \partial D_B = \emptyset$ . The genus  $g$  bridge position of  $K$  with respect to  $A \cup_P B$  is *strongly  $K$ -irreducible* if it is not weakly  $K$ -reducible.

**Remark** It is known that the 2-bridge positions of a 2-bridge knot are strongly  $K$ -irreducible (see Proposition 7.5 of [10]).

For a 2-bridge knot  $K$  we can obtain four genus one 1-bridge positions of  $K$  as follows.

Let  $A \cup_P B$  be the Heegaard splitting which gives the 2-bridge position, and  $a_1, a_2, b_1, b_2$  the closures of the components of  $K - P$ , where  $a_1 \cup a_2$  ( $b_1 \cup b_2$  resp.) is contained in  $A$  ( $B$  resp.). Let  $T_1 = A \cup N(b_1, B)$ ,  $\alpha_1 = a_1 \cup b_1 \cup a_2$ ,  $T_2 = \text{cl}(B - N(b_1, B))$ , and  $\alpha_2 = b_2$ . Then each  $T_i$  is a solid torus and it is easy to see that  $\alpha_i$  is a trivial arc in  $T_i$  ( $i = 1, 2$ ). Hence,  $T_1 \cup T_2$  gives genus one 1-bridge position of  $K$ . Moreover, by using  $a_1, a_2, b_2$  for  $b_1$ , we can obtain other three genus one 1-bridge positions of  $K$ .

Let  $K$  be a knot with a genus one 1–bridge position with respect to  $T_1 \cup T_2$ . Let  $\mu_1, \mu_2$  be tunnels for  $K$  embedded in  $T_1, T_2$  respectively as in Figure 2.1. It is easy to see that  $\mu_1, \mu_2$  are unknotting tunnels, and we call them the *unknotting tunnels associated to the genus one 1–bridge position*. In Section 8 of [10], it is shown that every genus one 1–bridge position for a non-trivial 2–bridge knot is obtained as above. Hence, by definition (see also Figure 3.1), it is easy to see:

**Proposition 2.13** *Let  $\mu_1, \mu_2$  be unknotting tunnels associated to a genus one 1–bridge position of a 2–bridge knot  $K$ . Then one of  $\mu_1, \mu_2$  is isotopic to  $\tau_1$  or  $\tau_2$ , and the other is isotopic to either  $\rho_1, \rho'_1, \rho_2$  or  $\rho'_2$*

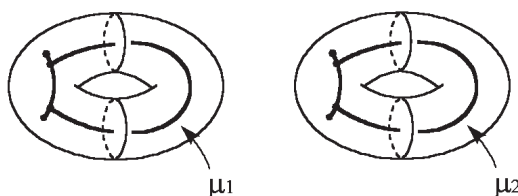


Figure 2.1

Let  $\sigma$  be an unknotting tunnel for  $K$ . Let  $V_1 = N(K \cup \sigma; S^3), V_2 = \text{cl}(S^3 - V_1)$ . Note that  $V_1 \cup V_2$  is a genus two Heegaard splitting of  $S^3$ .

**Definition 2.14** We say that the Heegaard splitting  $V_1 \cup V_2$  is *weakly  $K$ –reducible* if there exist  $K$ –compressing disks  $D_1, D_2$  properly embedded in  $V_1, V_2$  respectively such that  $\partial D_1 \cap \partial D_2 = \emptyset$ . The splitting is *strongly  $K$ –irreducible* if it is not weakly  $K$ –reducible.

**Proposition 2.15** *If  $(V_1, V_2)$  is weakly  $K$ –reducible, then either  $K$  is a trivial knot or  $K$  admits a genus one 1–bridge position, where  $\sigma$  is isotopic to one of the unknotting tunnels associated to the 1–bridge position.*

**Proof** Let  $D_1 (\subset V_1), D_2 (\subset V_2)$  be a pair of  $K$ –compressing disks which gives weak  $K$ –irreducibility.

**Claim 1** We may suppose that  $D_1 (D_2 \text{ resp.})$  is non-separating in  $V_1 (V_2 \text{ resp.})$ .

**Proof of Claim 1** Suppose that  $D_2$  is separating in  $V_2$ . Then  $D_2$  cuts  $V_2$  into two solid tori, say  $T_1, T_2$ . By exchanging the suffix, if necessary, we may suppose that  $\partial D_1 \subset \partial T_1$ . Then take a meridian disk  $D'_2$  in  $T_2$  such that

$\partial D'_2 \subset \partial V_2$ . We may regard  $D'_2$  as a (non-separating essential) disk in  $V_2$ , and we have  $\partial D_1 \cap \partial D'_2 = \emptyset$ . By regarding  $D'_2$  as  $D_2$ , we see that we may suppose that  $D_2$  is non-separating in  $V_2$ .

Suppose that  $D_1$  is separating in  $V_1$ . Since  $K$  does not intersect  $D_1$  in one point, we have  $D_1 \cap K = \emptyset$ . The disk  $D_1$  cuts  $V_1$  into two solid tori  $U_1, U_2$ , where  $K$  is a core circle of  $U_1$ . If  $\partial D_2 \subset \partial U_1$ , then the above argument works to show that there exists a non-separating meridian disk for  $V_1$  giving weak  $K$ -reducibility together with  $D_2$ . If  $\partial D_2 \subset \partial U_2$ , then we take a meridian disk  $D'_1$  for  $U_1$  such that  $\partial D'_1 \subset V_1$ , and  $D'_1$  intersects  $K$  transversely in one point. We may regard  $D'_1$  a (non-separating essential)  $K$ -disk in  $V_1$ , and we have  $\partial D'_1 \cap \partial D_2 = \emptyset$ . By regarding  $D'_1$  as  $D_1$ , we see that we may suppose that  $D_1, D_2$  are non-separating in  $V_1, V_2$  respectively.

Now we have the following two cases.

**Case 1**  $D_1 \cap K = \emptyset$ .

Let  $T$  be the solid torus obtained from  $V_1$  by cutting along  $D_1$ . Since  $\partial D_2$  is non-separating in  $\partial V_2$  and  $S^3$  does not contain non-separating 2-sphere, we see that  $\partial D_2$  is an essential simple closed curve in  $\partial T$ . Since  $S^3$  does not contain non-separating 2-sphere or punctured lens spaces,  $\partial D_2$  is a longitude of  $T$ , and, hence, there is an annulus  $A$  in  $T$  such that  $\partial A = K \cup \partial D_2$ . Then  $A \cup D_2$  gives a disk bounding  $K$ , and this shows that  $K$  is a trivial knot.

**Case 2**  $D_1 \cap K \neq \emptyset$ .

Let  $N = N(D_1; V_1)$ ,  $T_1 = \text{cl}(V_1 - N)$ ,  $a_1 = K \cap T_1$ , and  $a_2 = K \cap N$ . Note that  $a_2$  is a core with respect to a natural 1-handle structure on  $N$ . It is easy to see that  $a_1$  is a trivial arc in  $T_1$ . Let  $T_2 = V_2 \cup N$ . We regard  $a_2$  as an arc properly embedded in  $T_2$ .

**Claim 2**  $T_2$  is a solid torus and  $a_2$  is a trivial arc in  $T_2$ .

**Proof of Claim 2** Let  $T'$  be the solid torus obtained from  $V_2$  by cutting along  $D_2$  and  $B' = T' \cup N$ . By the arguments in Case 1, we see that  $\partial D_1$  is a longitude of  $T'$ . Hence  $B'$  is a 3-ball and  $a_2$  is a trivial arc in  $B'$ . Since  $V_2$  is obtained from  $B'$  by identifying two disks in  $\partial B'$  corresponding to the copies of  $D_2$ , we see that  $T_2$  is a solid torus, and  $a_2$  is a trivial arc in  $T_2$ .

Hence we see that  $T_1 \cup T_2$  gives a genus one 1-bridge position of  $K$ . By the construction of  $T_1$ , we see that  $\sigma$  is isotopic to an unknotting tunnel associated to  $T_1 \cup T_2$ .  $\square$

### 3 Comparing 2–bridge position and an unknotting tunnel

In [14], Rubinstein-Scharlemann introduced a powerful machinery called *graphic* for studying positions of two Heegaard surfaces of a 3–manifold. Successively, Dr. Osamu Saeki and the author introduced an orbifold version of their setting, and showed that the results similar to Rubinstein-Scharlemann’s hold in this setting [10]. In this section, we quickly review the arguments and apply it to compare decomposing 2–spheres giving 2–bridge positions, and genus 2 Heegaard splittings obtained from an unknotting tunnel for a 2–bridge knot.

Let  $K$  be a 2–bridge knot, that is, there exists a genus zero Heegaard splitting  $B_1 \cup_P B_2$  of  $S^3$  such that  $K \cap B_i$  is a 2–strings trivial arcs in  $B_i$  ( $i = 1, 2$ ). Then the unknotting tunnels  $\tau_1, \tau_2$  are contained in  $B_1, B_2$  respectively as in Figure 3.1.

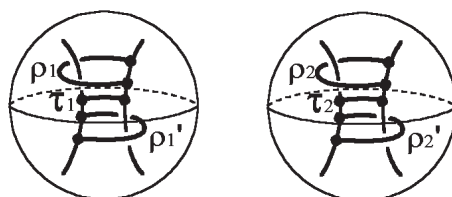


Figure 3.1

There is a diffeomorphism  $f: P \times (0, 1) \rightarrow S^3 - (\tau_1 \cup \tau_2)$  such that  $f(P \times \{1/2\})$  is the decomposing 2–sphere  $P$ , and that  $f((p_1 \cup p_2 \cup p_3 \cup p_4) \times (0, 1)) = K \cap (S^3 - (\tau_1 \cup \tau_2))$  for some  $p_1, p_2, p_3, p_4 \in P$ .

Let  $\sigma$  be an unknotting tunnel for  $K$ . Let  $\Theta_1 = K \cup \sigma, V_1 = N(\Theta_1; S^3), V_2 = \text{cl}(S^3 - V_1)$ , and  $\Theta_2$  a spine of  $V_2$  such that each vertex has valency 3. Note that  $V_1 \cup_Q V_2$  is a genus two Heegaard splitting of  $S^3$ . Then there is a diffeomorphism  $g: Q \times (0, 1) \rightarrow S^3 - (\Theta_1 \cup \Theta_2)$ .

Let  $P_s = f(P \times \{s\})$ , and  $Q_t = g(Q \times \{t\})$ . Then for a fixed small constant  $\varepsilon > 0$ , we may suppose that  $P_s \cap Q_t$  looks as one of the following, where  $s \in (0, \varepsilon)$  or  $(1 - \varepsilon, 1)$ , and  $t \in (0, \varepsilon)$ .

- (1)  $P_s \cap Q_t$  consists of two transverse simple closed curves  $\ell_1, \ell_2$  which are  $K$ –essential in  $P_s$ , and inessential in  $Q_t$ .
- (2)  $P_s \cap Q_t$  consists of a simple closed curve  $\ell$  and a figure 8  $\delta$  such that;  $\ell$  is  $K$ –essential in  $P_s$ , and inessential in  $Q_t$ , and  $\delta$  is arising from a saddle tangency.

- (3)  $P_s \cap Q_t$  consists of three transverse simple closed curves  $l_1, l_2$ , and  $m$  such that;  $l_1$  and  $l_2$  bound pairwise disjoint  $K$ -disks in  $P_s$  each of which contains a puncture from  $K$ ,  $l_1$  and  $l_2$  are parallel in  $Q_t$ , and;  $m$  is  $K$ -essential in  $P_s$  and inessential in  $Q_t$ ,
- (4)  $P_s \cap Q_t$  consists of two transverse simple closed curves  $l_1, l_2$ , and a figure 8,  $\delta$  such that;  $l_1$  and  $l_2$  bound pairwise disjoint  $K$ -disks in  $P_s$  each of which contains a puncture from  $K$ ,  $l_1$  and  $l_2$  are parallel in  $Q_t$ , and;  $\delta$  is arising from a saddle tangency.
- (5)  $P_s \cap Q_t$  consists of four transverse simple closed curves  $l_1, l_2, l_3$ , and  $l_4$  such that  $l_1, l_2, l_3, l_4$  bound mutually disjoint  $K$ -disks in  $P_s$  each containing a puncture from  $K$ , and  $l_1$  and  $l_2$  ( $l_3$  and  $l_4$  resp.) are pairwise parallel in  $Q_t$ .

Moreover, for a fixed  $\varepsilon_1 \in (0, \varepsilon)$ , if we move  $s$  from 0 to  $\varepsilon$ , then the intersection  $P_s \cap Q_{\varepsilon_1}$  ( $P_{1-s} \cap Q_{\varepsilon_1}$  resp.) is changed as (1)  $\rightarrow$  (2)  $\rightarrow$  (3)  $\rightarrow$  (4)  $\rightarrow$  (5).

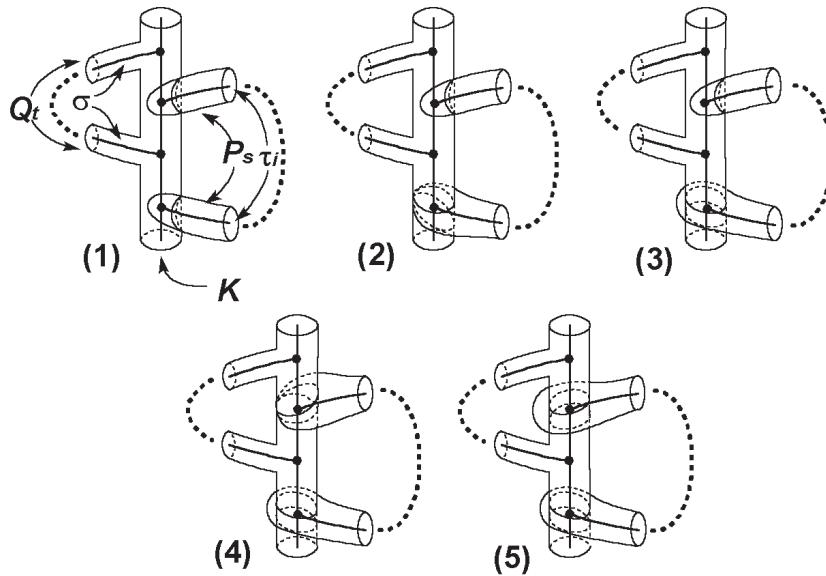


Figure 3.2

Then, by the arguments in Section 4 of [10], we see that by an arbitrarily small deformation of  $f|_{(\varepsilon, 1-\varepsilon)}$ , and  $g|_{(\varepsilon, 1)}$  which does not alter  $f|_{(0, \varepsilon] \cup [1-\varepsilon, 1)}$ , and  $g|_{(0, \varepsilon]}$ , we may suppose that the maps are pairwise generic, that is:

There is a stratification of  $\text{Int}(I \times I)$  which consists of four parts below.



**Regions** Region is a component of the subset of  $\text{Int}(I \times I)$  consisting of values  $(s, t)$  such that  $P_s$  and  $Q_t$  intersect transversely, and this is an open set.

**Edges** Edge is a component of the subset consisting of values  $(s, t)$  such that  $P_s$  and  $Q_t$  intersect transversely except for one non-degenerate tangent point. The tangent point is either a “center” or a “saddle”. Edge is a 1-dimensional subset of  $\text{Int}(I \times I)$ .

**Crossing vertices** Crossing vertex is a component of the subset consisting of points  $(s, t)$  such that  $P_s$  and  $Q_t$  intersect transversely except for two non-degenerate tangent points. Crossing vertex is an isolated point in  $\text{Int}(I \times I)$ . In a neighborhood of a crossing vertex, four edges are coming in, where one can regard the crossing vertex as the intersection of two edges.

**Birth-death vertices** Birth-death vertex is a component of the subset consisting of points  $(s, t)$  such that  $P_s$  and  $Q_t$  intersect transversely except for a single degenerate tangent point. In particular, there is a parametrization  $(\lambda, \mu)$  of  $I \times I$  such that  $P_s = \{(x, y, z) | z = 0\}$ , and  $Q_t = \{(x, y, z) | z = x^2 + \lambda + \mu y + y^3\}$ . Birth-death vertex is an isolated point in  $\text{Int}(I \times I)$ , and in a neighborhood of a birth-death vertex, two edges are coming in, with one from center tangency, the other from saddle tangency.

Let  $\Gamma$  be the union of edges and vertices above. By the above,  $\Gamma$  is a 1-complex in  $\text{Int}(I \times I)$ . Then we note that as in Section 3 of [14],  $\Gamma$  naturally extends to  $\partial(I \times I)$ . Here we note that, by the configurations (1)  $\sim$  (5) above,  $\Gamma$  looks as in Figure 3.3 near the bottom corners of  $I \times I$ . We note that the arguments in Section 6 of [10] which uses labels on the regions hold without changing proofs in this setting. Hence the argument in the proof of Proposition 5.9 of [14] which uses a simplicial map to a certain complex (called  $K$  in [14]) works in our setting, and this shows (note that  $B_1 \cup_P B_2$  is always strongly  $K$ -irreducible (Remark of Definition 2.12)).

**Proposition 3.1** *Suppose that  $V_1 \cup_Q V_2$  is strongly  $K$ -irreducible, and  $K$  is not a trivial knot in  $S^3$ . Then there is an unlabelled region in  $I \times I - \Gamma$ .*

And we also have (see Corollary 6.22 of [10]):

**Corollary 3.2** *Suppose that  $V_1 \cup_Q V_2$  is strongly  $K$ -irreducible and  $K$  is not a trivial knot in  $S^3$ . Then, by applying  $K$ -isotopy, we may suppose that  $P$  and  $Q$  intersect in non-empty collection of simple closed curves which are  $K$ -essential in  $P$ , and essential in  $Q$ .*

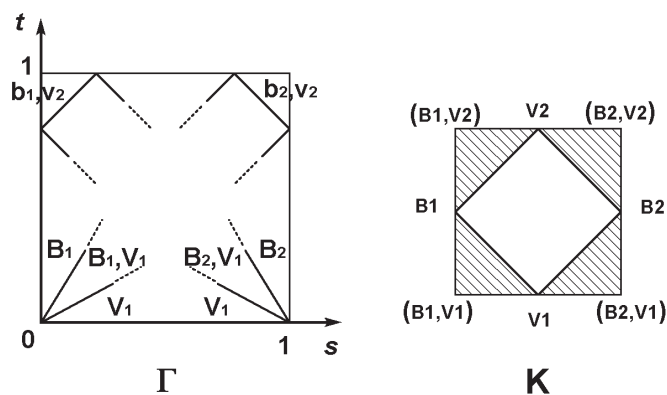


Figure 3.3

### 4 Proof of Theorem 1.1

In this section, we give a proof of Theorem 1.1. For the statements and the proofs of Lemmas B-1, C-1, C-2, C-3, D-2, D-3, D-4 which are used in this section, see Appendix of this paper. Let  $K$  be a non-trivial 2-bridge knot and  $\tau_1, \tau_2, \rho_1, \rho'_1, \rho_2, \rho'_2, \sigma, B_1 \cup_P B_2, V_1 \cup_Q V_2$  be as in the previous section.

**Proposition 4.1** *Suppose that  $P \cap Q$  consists of non-empty collection of transverse simple closed curves which are  $K$ -essential in  $P$  and essential in  $Q$ . Then either*

- (1)  $\sigma$  is isotopic to either  $\tau_1$ , or  $\tau_2$ ,
- (2)  $V_1 \cup_Q V_2$  is weakly  $K$ -reducible, or
- (3) there is an essential annulus in  $E(K)$ .

We note that the closures of  $P - Q$  consist of two disks with each intersecting  $K$  in two points, and annuli. Since the disks are contained in  $V_1$ ,  $P \cap Q$  consists of even number of components. The proof of Theorem 4.1 is carried out by the induction on the number of the components. As the first step of the induction, we show:

**Lemma 4.2** *Suppose that  $P \cap Q$  consists of two simple closed curves which are  $K$ -essential in  $P$  and essential in  $Q$ . Then we have the conclusion of Proposition 4.1.*

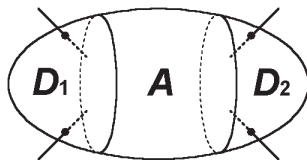


Figure 4.1

**Proof** Let  $D_1, A, D_2$  be the closures of the components of  $P - (P \cap Q)$  such that  $D_1, D_2$  are disks, and  $A$  is an annulus.

We divide the proof into several cases.

**Case 1** Either  $D_1$  or  $D_2$ , say  $D_1$ , is separating in  $V_1$ .

We first show:

**Claim 1** The annulus  $A$  is boundary parallel in  $V_2$ .

**Proof** Since  $D_1$  is separating in  $V_1$ , the component of  $\partial A$  corresponding to  $\partial D_1$  is separating in  $\partial V_2$ . Hence, by Lemma C-2, we see that  $A$  is compressible or boundary parallel in  $V_2$ . Suppose that  $A$  is compressible in  $V_2$ . Since  $S^3$  does not contain non-separating 2-sphere, we see that  $D_2$  is also separating in  $V_1$ , and, hence,  $D_1$  and  $D_2$  are pairwise parallel in  $V_1$ . Let  $A'$  be the annulus in  $Q$  such that  $\partial A' = \partial A$ . By exchanging suffix, if necessary, we may suppose that  $A'$  is properly embedded in  $B_1$ . Since each component of  $K \cap B_1$  is an unknotted arc, we see that  $A'$  is an unknotted annulus in  $B_1$ , and this implies that  $A$  and  $A'$  are parallel in  $B_1$ , and, hence, in  $V_2$  ie,  $A$  is boundary parallel.

This completes the proof of Claim 1.

By Claim 1, we may suppose, by isotopy, that  $B_1 \subset V_1$ , and  $\partial B_1 = D_1 \cup A' \cup D_2$ , where  $A'$  is an annulus contained in  $\partial V_1 (= Q)$ .

**Claim 2** Both  $D_1$  and  $D_2$  are  $K$ -incompressible in  $V_1$ .

**Proof** Assume, without loss of generality, that there is a  $K$ -compressing disk  $E_1$  for  $D_1$ . Note that since  $K \cap D_1$  consists of two points,  $\partial E_1$  and  $\partial D_1$  are parallel in  $D_1 - K$ . Let  $A_1$  be the annulus in  $D_1$  bounded by  $\partial E_1 \cup \partial D_1$ . Let  $D'_1$  be the disk in  $D_1$  bounded by  $\partial E_1$ . Then we have the following two cases.

**Case (a)**  $N(\partial E_1; E_1)$  is contained in  $B_1$ .

We consider the 2–sphere  $D'_1 \cup E_1$  in  $V_1$ . Let  $B'_1$  be the 3–ball in  $V_1$  bounded by  $D'_1 \cup E_1$ . Since  $K$  does not contain a local knot in  $V_1$ , we see that  $K \cap B'_1$  is an unknotted arc properly embedded in  $B'_1$ . Hence there is an ambient isotopy of  $S^3$  which moves  $K \cap B'_1$  to an arc in  $D_1$  joining  $\partial(K \cap B'_1)$ , and which does not move  $cl(K - B'_1)$ . On the other hand,  $cl(K - B'_1)$  is a component of the strings of the trivial tangle  $(B_2, K \cap B_2)$ . This shows that  $K$  is a trivial knot, a contradiction.

**Case (b)**  $N(\partial E_1; E_1)$  is contained in  $B_2$ .

In this case, we first consider the disk  $A' \cup A_1 \cup E_1$ . By a slight deformation of  $A' \cup A_1 \cup E_1$ , we obtain a  $K$ –compressing disk  $E_2$  for  $D_2$  such that  $N(\partial E_2; E_2)$  is contained in  $B_1$ . Then, by the argument as in Case (a), we see that  $K$  is a trivial knot, a contradiction.

This completes the proof of Claim 2.

Now we have the following two subcases.

**Case 1.1**  $D_1$  and  $D_2$  are not  $K$ –parallel in  $V_1$ .

In this case, by Lemma D-4, we see that  $\partial N((K \cup \tau_1); V_1)$  is isotopic to  $\partial V_1$  in  $S^3 - K$ . This shows that  $\sigma$  is isotopic to  $\tau_1$ .

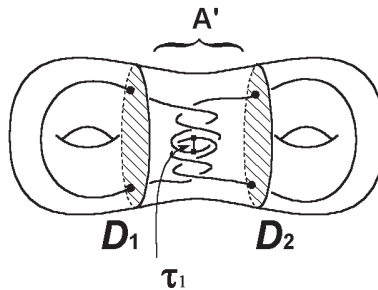


Figure 4.2

**Case 1.2**  $D_1$  and  $D_2$  are  $K$ –parallel in  $V_1$ .

Let  $Q_1, Q_2$  be the closures of the components of  $Q - A'$  such that  $\partial Q_i = \partial D_i$  ( $i = 1, 2$ ). Then  $Q_i$  is a torus with one hole properly embedded in  $B_2$ . By Lemma D-2, we may suppose, by exchanging suffix if necessary, that there is

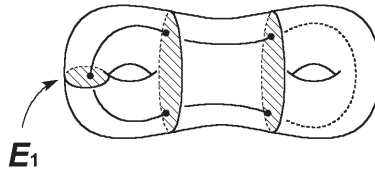


Figure 4.3

a  $K$ -compressing disk  $E_1$  for  $Q_1$  such that  $E_1 \subset V_1$ , and  $E_1 \cap K$  consists of a point. We consider the genus one surface  $Q_2$  properly embedded in  $B_2$ . By Lemma B-1, we see that  $Q_2$  is  $K$ -compressible in  $B_2$ . Let  $E_2$  be the  $K$ -compressing disk for  $Q_2$ . Now we have the following subsubcases.

**Case 1.2.1**  $N(\partial E_2; E_2)$  is contained in  $V_1$ .

By the  $K$ -incompressibility of  $D_2$  (Claim 2), we see that  $E_2 \cap K \neq \emptyset$  ie,  $E_2 \cap K$  consists of a point. Then  $E_1 \cup E_2$  cuts  $(V_1, K)$  into a 2-string trivial tangle which is  $K$ -isotopic to  $(B_1, K \cap B_1)$ . Hence  $\sigma$  is isotopic to  $\tau_1$ .

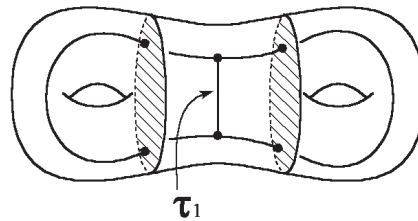


Figure 4.4

**Case 1.2.2**  $N(\partial E_2; E_2)$  is contained in  $V_2$ .

In this case, we first show:

**Claim 1**  $E_2 \cap Q_1 \neq \emptyset$ .

**Proof** Suppose that  $E_2 \cap Q_1 = \emptyset$ . Then, by compressing  $Q_2$  along  $E_2$ , we obtain a disk  $D'$  properly embedded in  $B_2$  such that  $\partial D' = \partial Q_2$ , and  $D'$  separates the components of  $B_2 \cap K$ . Let  $B_{2,1}, B_{2,2}$  be the closures of the components of  $B_2 - D'$  such that  $D_1 \subset B_{2,1}, D_2 \subset B_{2,2}$ . Then we can isotope

$K \cap B_{2,i}$  rel  $\partial$  in  $B_{2,i}$  to an arc in  $D_i$  without moving  $K \cap B_1$ . Since  $D_1$  and  $D_2$  are  $K$ -parallel in  $V_1$ , this shows that  $K$  is a trivial knot, a contradiction.

Let  $V_{1,2}$  be the closure of the component of  $V_1 - D_1$  such that  $\text{Fr}_{B_2} V_{1,2} = Q_1$ . Note that  $V_{1,2}$  is a solid torus in  $B_2$  with  $V_{1,2} \cap P = \partial V_{1,2} \cap P = D_1$ . By regarding  $V_{1,2}$  as a very thin solid torus, we may suppose that  $\text{Int} E_2 \cap V_1$  consists of a disk  $E_{2,1}$  intersecting  $K$  in one point. Then  $E_2 \cap V_2$  is an annulus  $A_{2,1} (= \text{cl}(E_2 - E_{2,1}))$ .

**Claim 2**  $A_{2,1}$  is incompressible in  $V_2$ .

**Proof** Assume that  $A_{2,1}$  is compressible in  $V_2$ . Then, by compressing  $A_{2,1}$ , we obtain a disk  $E'_2$  in  $V_2$  such that  $\partial E'_2 = \partial E_{2,1}$ . Since  $E_{2,1}$  intersects  $K$  in one point,  $E_{2,1}$  is a non-separating disk in  $V_1$ . Hence, we see that  $E'_2 \cup E_{2,1}$  is a non-separating 2-sphere in  $S^3$ , a contradiction.

Then, by Lemma C-1, there is an essential disk  $D'_2$  in  $V_2$  such that  $D'_2 \cap (E_2 \cap V_2) = \emptyset$ , and, hence,  $E_{2,1} \cap D'_2 = \emptyset$ . This shows that  $V_1 \cup_Q V_2$  is weakly  $K$ -reducible.

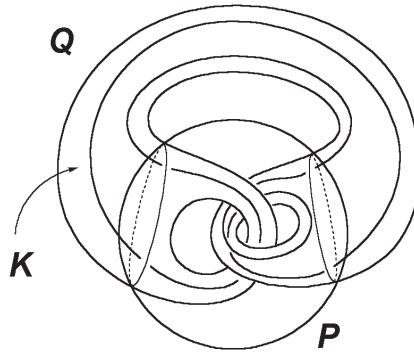


Figure 4.5

**Case 2** Both  $D_1$  and  $D_2$  are non-separating in  $V_1$ .

In this case, we first show:

**Claim 1**  $A$  is boundary parallel in  $V_2$ .

**Proof** Assume that  $A$  is not boundary parallel. Since  $S^3$  does not contain non-separating 2-sphere, we see that  $A$  is incompressible in  $V_2$ . Hence, by

Lemma C-1, we see that there is an essential disk  $D$  for  $V_2$  such that  $D \cap A = \emptyset$ , and that  $D$  cuts  $V_2$  into two solid tori  $T_1, T_2$ , where  $A \subset T_1$ . Moreover, since  $S^3$  does not contain a punctured lens space, we see that each component of  $\partial A$  represents a generator of the fundamental group of the solid torus  $T_1$ . However this contradicts Lemma C-3.

By Claim 1, we may suppose, by isotopy, that  $B_1 \subset V_1$ , and  $\partial B_1 = D_1 \cup A' \cup D_2$ , where  $A'$  is an annulus contained in  $\partial V_1 (= Q)$ .

Then we have the following subcases.

**Case 2.1** Both  $D_1$  and  $D_2$  are  $K$ -incompressible in  $V_1$ .

This case is divided into the following two subsubcases.

**Case 2.1.1**  $D_1$  and  $D_2$  are not  $K$ -parallel in  $V_1$ .

In this case, by Lemma D-4, we see that the given unknotting tunnel  $\sigma$  is isotopic to  $\tau_1$ .

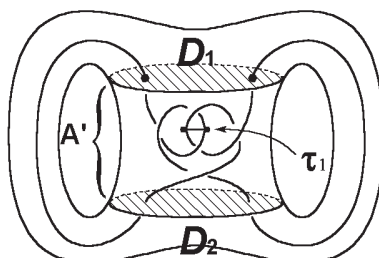


Figure 4.6

**Case 2.1.2**  $D_1$  and  $D_2$  are  $K$ -parallel in  $V_1$ .

By Lemma D-3, there is a  $K$ -boundary compressing disk  $\Delta$  for  $D_1$  or  $D_2$ , say  $D_1$ , such that  $\Delta \cap D_2 = \emptyset$ . Let  $Q_1$  be the closure of the component of  $Q - (\partial D_1 \cup \partial D_2)$  which is a torus with two holes. Let  $T_1 = Q_1 \cup D_1$ . Then  $\Delta$  is a compressing disk for  $T_1$ . Let  $D'$  be the disk obtained by compressing  $T_1$  along  $\Delta$ , and  $D'_2$  a disk obtained by pushing  $\text{Int} D'$  slightly into  $\text{Int}(V_1 \cap B_2)$ . We may regard  $D'_2$  is properly embedded in  $B_2$ . Suppose that  $D'_2$  is  $K$ -compressible in  $B_2$ . Then we can show that  $K$  is a trivial knot by using the argument as

in the proof of Claim 1 of Case 1.2.2. Hence  $D'_2$  is  $K$ -incompressible in  $B_2$ . Hence, by Lemma B-1 (3), either  $D'_2$  and  $D_2$  are  $K$ -parallel or  $D'_2 \cup D_2$  bounds a 2-string trivial tangle in  $V_1$ , which is not a  $K$ -parallelism between  $D_2$  and  $D'_2$ .

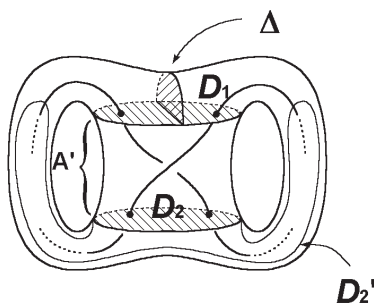


Figure 4.7

In the former case, we immediately see that the given unknotting tunnel  $\sigma$  is isotopic to  $\tau_1$ . In the latter case, we have:

**Claim 1** Suppose that  $D'_2 \cup D_2$  bounds a 2-string trivial tangle in  $V_1$  which is not a  $K$ -parallelism between  $D_2$  and  $D'_2$ . Then  $\sigma$  is isotopic to  $\tau_2$ .

**Proof** By Lemma B-1 (2), we see that  $D'_2$  and  $D_1 \cup A'$  bounds a  $K$ -parallelism in  $B_2$ . Hence, by isotopy, we can move  $P$  to the position such that  $B_2 \subset V_1$ , and  $\partial B_2 = D_2 \cup D'_2$ . Then, by applying the argument of Case 2.1.1 with regarding  $D_2, D'_2$  as  $D_1, D_2$  respectively, we see that  $\sigma$  is isotopic to  $\tau_2$ .

**Case 2.2** Either  $D_1$  or  $D_2$  is  $K$ -compressible in  $V_1$ .

Let  $E$  be a compressing disk for  $D_1$  or  $D_2$ , say  $D_1$ , in  $V_1$ . Then  $\partial E$  and  $\partial D_1$  are parallel in  $D_1 - K$ , and let  $A^*$  be the annulus in  $D_1$  bounded by  $\partial E \cup \partial D_1$ . Let  $D^*$  be a disk properly embedded in  $V_1$  which is obtained by moving  $\text{Int}(A^* \cup E)$  slightly so that  $D^* \cap (D_1 \cup D_2) = \partial D^* = \partial D_1$ .

**Claim 1**  $D^* \subset B_1$ .

**Proof** Assume that  $D^* \subset B_2$ . Then we may regard  $A' \cup D^*$  is a  $K$ -compressing disk for  $D_2$  in  $V_1$ . Then, by using the arguments in Case (a) of the proof of Claim 2 of Case 1, we can show that  $K$  is a trivial knot, a contradiction.



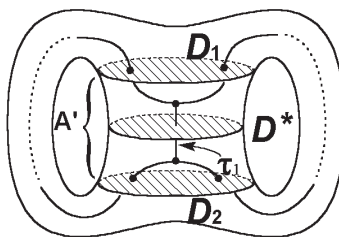


Figure 4.8

By Claim 1,  $\tau_1$  looks as in Figure 4.8.

**Assertion** Either “ $K \cup \tau_1$  is a spine of  $V_1$ ” or “there is an essential annulus in  $E(K)$ ”.

**Proof of Assertion** Let  $U_1$  be a sufficiently small regular neighborhood of  $K \cup \tau_1$ , and  $U_2 = \text{cl}(S^3 - U_1)$ . Note that  $U_2$  is a handlebody, because  $\tau_1$  is an unknotting tunnel for  $K$ . Let  $E_2$  be a non-separating essential disk properly embedded  $U_2$ .

We may suppose that  $D^* \cap U_1$  consists of a disk intersecting  $\tau_1$  in one point.

We suppose that  $\#\{E_2 \cap D^*\}$  is minimal among all non-separating essential disks for  $U_2$ .

**Claim 1** No component of  $E_2 \cap D^*$  is a simple closed curve, an arc joining points in  $\partial U_2$ , or an arc joining points in  $\partial V_1$ .

**Proof** This can be proved by using standard innermost disk, outermost arc, and outermost circle arguments. The idea can be seen in the following figures.

**Claim 2**  $E_2 \cap D^* \neq \emptyset$ .

**Proof** Assume that  $E_2 \cap D^* = \emptyset$ . Let  $T^*$  be the solid torus obtained by cutting  $U_1$  along  $D^* \cap U_1$ . Note that  $T^*$  is a regular neighborhood of  $K$ . Since  $E_2$  is non-separating in  $U_2$ , and  $S^3$  does not contain a non-separating 2-sphere,  $\partial E_2$  is an essential simple closed curve in  $\partial T^*$ , and  $\partial E_2$  is not contractible in  $T^*$ . This shows that  $K$  bounds a disk which is an extension of  $E_2$ . Hence  $K$  is a trivial knot, a contradiction.

Hence  $E_2 \cap D^*$  consists of a number of arcs joining points in  $\partial U_1$  to points in  $\partial V_1$ . Here, by using cut and paste arguments, we remove the components of  $E_2 \cap \partial V_1$  which are inessential in  $\partial V_1$ .

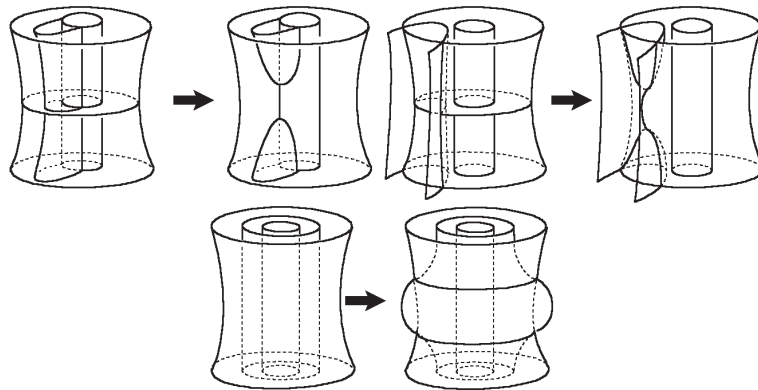


Figure 4.9

**Claim 3** The components of  $E_2 \cap \partial V_1$  are not nested in  $E_2$ .

**Proof** Let  $\ell$  be a component of  $E_2 \cap \partial V_1$  which is innermost in  $E_2$ , and  $G$  the disk in  $E_2$  bounded by  $\ell$ .

**Subclaim 1**  $G$  is contained in  $V_2$ .

**Proof** Assume that  $G$  is contained in  $V_1$ . Since  $G \cap (K \cup \tau_1) = \emptyset$ , this implies that  $\tau_1$  is contained in a regular neighborhood of  $K$ , contradicting the fact that  $\tau_1$  is an unknotting tunnel.

**Subclaim 2**  $\partial G \cap \partial D^* \neq \emptyset$ .

**Proof** Assume that  $\partial G \cap \partial D^* = \emptyset$ . Then we can show that there is a non-separating disk  $G^*$  properly embedded in  $V_2$  such that  $\partial G^* \cap \partial D^* = \emptyset$  by using the argument as in the Proof of Claim 1 of the proof of Proposition 2.15. Then by using the argument as in the proof of Claim 2 above, we can show that  $K$  is a trivial knot, a contradiction.

Hence there exists a component of  $E_2 \cap D^*$  connecting  $\ell$  and  $\partial U_1$ . This means that  $\ell$  is not surrounded by another component of  $E_2 \cap \partial V_1$ , and this gives the conclusion of Claim 3.

**Claim 4** For each component  $\ell$  of  $E_2 \cap \partial V_1$ ,  $\ell \cap D^*$  consists of more than one component.

**Proof** Assume that  $\ell \cap D^*$  consists of a point. Let  $G$  be the disk in  $E_2$  bounded by  $\ell$ . Then  $\partial D^*$  and  $\partial G$  intersects in one point, and this shows that  $\hat{\tau}_1$  is a trivial arc in  $E(K)$ , a contradiction.

Let  $E^2 = E_2 \cap V_1$ . We call the boundary component of  $\partial E^2$  corresponding to  $\partial E_2$  the *outer boundary*. Other boundary components of  $E^2$  (: the components of  $E^2 \cap \partial V_1$ ) are called *inner boundary components*. Let  $V'_1$  be the solid torus obtained by cutting  $V_1$  along  $D^*$ . Let  $\ell$  be an inner boundary component which is “outermost” with respect to the intersection  $E^2 \cap D^*$ , that is:

Let  $A_\ell$  be the union of the components of  $E^2 \cap D^*$  intersecting  $\ell$ . Then except for at most one component, each component of  $E^2 - A_\ell$  does not intersect other inner boundary components.

Let  $G$  be the disk in  $E_2$  bounded by  $\ell$ . Let  $a_1, \dots, a_n$  be the components of  $E^2 \cap D^*$ , which are located on  $E^2$  in this order, where  $a_i \cup a_{i+1}$  ( $i = 1, \dots, n-1$ ) cobounds a square  $\Delta_i$  in  $E^2$ . Let  $\Delta'_i = \Delta_i \cap V'_1$ .

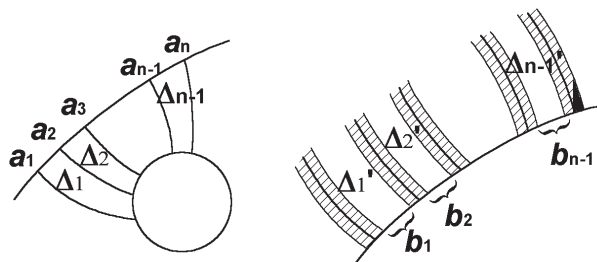


Figure 4.10

Let  $R'$  be the image of  $\partial V_1$  in  $V'_1$ . Note that  $R'$  is a torus with two holes. Let  $b_i = \Delta'_i \cap R'$ . Then by the minimality condition, we see that each  $b_i$  is an essential arc properly embedded in  $R'$ .

**Claim 5** If  $b_1, \dots, b_{n-1}$  are mutually parallel in  $R'$ , then there is an essential annulus in  $E(K)$ .

**Proof** Note that  $\ell \cap R'$  consists of  $n$  components, that is,  $b_1, \dots, b_{n-1}$  above, and another component, say  $b_0$ .

**Subclaim 1**  $b_0$  is not parallel to  $b_i$  ( $i = 1, \dots, n - 1$ ) in  $R'$ .

**Proof** Assume that  $b_0, b_1, \dots, b_{n-1}$  are mutually parallel in  $R'$ . Then we can take a simple closed curve  $m$  in  $\partial V_1$  such that  $m$  intersects  $\partial D^*$  transversely in one point, and  $m \cap R'$  is ambient isotopic to  $b_i$  in  $R'$ . Let  $T^*$  be a regular neighborhood of  $D^* \cup m$  in  $V_1$  such that  $\partial G \subset T^*$ . Note that  $T^*$  is a solid torus, and  $\partial G$  wraps around  $\partial T^*$  longitudinally  $n$  times. This shows that the 3-sphere contains a lens space with fundamental group a cyclic group of order  $n$ , a contradiction.

By Subclaim 1, we see that we can take simple closed curves  $m_0, m_1$  in  $\partial V_1$  such that  $m_0 \cap m_1 = \emptyset$ ,  $m_i$  ( $i = 0, 1$ ) intersects  $\partial D^*$  transversely in one point,  $m_0 \cap R'$  is ambient isotopic to  $b_0$  in  $R'$ , and  $m_1 \cap R'$  is ambient isotopic to  $b_i$  ( $i = 1, \dots, n-1$ ) in  $R'$ .

Let  $W^*$  be a regular neighborhood of  $D^* \cup m_0 \cup m_1$  in  $V_1$  such that  $\partial G \subset \partial W^*$ , and  $A^* = \text{Fr}_{V_1} W^*$ . Then  $W^*$  is a genus two handlebody, and  $A^*$  is an annulus in  $\partial W^*$ . Note that  $\text{cl}(V_1 - W^*)$  is a regular neighborhood of  $K$ . Then we denote by  $E'(K)$  the closure of the exterior of this regular neighborhood of  $K$ . Note that  $A^*$  is embedded in  $\partial E'(K)$ . Then attach  $N(G; V_2)$  to  $W^*$  along  $\partial G = \ell$ . It is directly observed (see Figure 4.11) that we obtain a solid torus, say  $T_*$ , such that  $A^*$  wraps around  $\partial T_*$  longitudinally  $n$ -times. Then, let  $A^{*'} = \text{cl}(\partial T_* - A^*)$ . Note that  $A^{*'}$  is an annulus properly embedded in  $E'(K)$ .

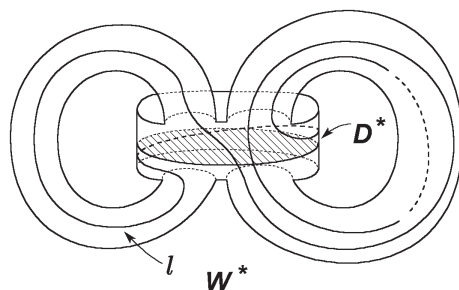


Figure 4.11

Assume that  $A^{*'}$  is compressible in  $E'(K)$ . Then the compressing disk is not contained in  $T_*$  since  $A^{*'}$  is incompressible in  $T_*$ . Hence  $T_*$  together with a regular neighborhood of this compressing disk produces a punctured lens space with fundamental group a cyclic group of order  $n$  in  $S^3$ , a contradiction. Hence  $A^{*'}$  is incompressible in  $E'(K)$ . Then assume that  $A^{*'}$  is boundary parallel, and let  $R$  be the corresponding parallelism. Since  $n \geq 2$ ,  $R$  is not  $T_*$ . Hence  $E'(K) = T_* \cup R$ , and this shows that  $E'(K)$  is a solid torus, which implies

that  $K$  is a trivial knot, a contradiction. Hence  $A^{*'}$  is an essential annulus in  $E'(K)$ , and this completes the proof of Claim 5.

Suppose that  $b_1, \dots, b_{n-1}$  contains at least two proper isotopy classes in  $R'$ . We suppose that  $b_i, b_j$  ( $i \neq j$ ) belong to mutually different isotopy classes. Let  $r_1, r_2$  be the components of  $\partial R'$ . Since  $\partial G$  and  $\partial D^*$  intersects transversely, we easily see that we may suppose that  $b_i \cap r_1 \neq \emptyset$ , and  $b_j \cap r_2 \neq \emptyset$ .

Let  $T^*$  be the solid torus obtained by cutting  $V_1$  along  $D^*$ , and  $T^2 = \text{cl}(T^* - N(K; T^*))$  (, hence,  $T^2$  is homeomorphic to  $(\text{torus}) \times [0, 1]$ ). Here we may regard that  $U_1$  is obtained from  $U_1 \cap T^*$  by adding a 1-handle  $h^1$  corresponding to  $N(D^* \cap U_1; U_1)$ , where  $\tau_1 \cap h^1$  is a core of  $h^1$ . Let  $\tau', \tau''$  be the components of the image of  $\tau_1$  in  $T^2$ , where we may regard that  $U_1 \cap T^*$  is obtained from  $N(K, T^*)$  by adding  $N(\tau' \cup \tau''; T^2)$ .

**Claim 6**  $\tau' \cup \tau''$  is “vertical” in  $T^2$  ie,  $\tau' \cup \tau''$  is ambient isotopic to the union of arcs of the form  $(p_1 \cup p_2) \times [0, 1]$ , where  $p_1, p_2$  are points in (torus).

**Proof** By extending  $\Delta'_i$  ( $\Delta'_j$  resp.) to the cores of  $N(\tau' \cup \tau''; T^2)$ , we obtain either an annulus which contains  $\tau'$  or  $\tau''$  (if  $\partial b_i$  ( $\partial b_j$  resp.) is contained in  $r_1$  or  $r_2$ ), or a rectangle two edges of which are  $\tau'$  and  $\tau''$  (if  $\partial b_i$  ( $\partial b_j$  resp.) joins  $r_1$  and  $r_2$ ) in  $T^2$ .

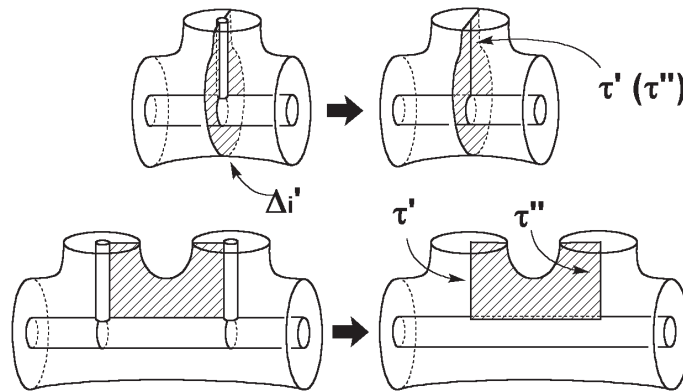


Figure 4.12

Then we have the following three cases.

**Case 1** Both  $b_i$  and  $b_j$  join  $r_1$  and  $r_2$ .

In this case, we obtain an annulus  $A_*$  by taking the union of the rectangles from  $\Delta_i$  and  $\Delta_j$ . Since  $b_i$  and  $b_j$  are not ambient isotopic in  $R'$ ,  $A_*$  is incompressible in  $T^2$ . We note that every incompressible annulus in  $(\text{torus}) \times [0, 1]$  with one boundary component contained in  $(\text{torus}) \times \{0\}$ , the other in  $(\text{torus}) \times \{1\}$  is “vertical” (for a proof of this, see, for example, [4]). Hence  $A_*$  is vertical, and this shows that  $\tau' \cup \tau''$  is vertical.

**Case 2** Either  $b_i$  or  $b_j$ , say  $b_i$ , join  $r_1$  and  $r_2$ , and  $\partial b_j$  is contained in  $r_1$  or  $r_2$ .

In this case, we see that  $\tau'$  or  $\tau''$  is vertical by the existence of the annulus from  $\Delta_j$ . Then the existence of the rectangle from  $\Delta_i$  shows that  $\tau'$  and  $\tau''$  are parallel, and this implies that  $\tau' \cup \tau''$  is vertical.

**Case 3**  $\partial b_i$  is contained in  $r_1$ , and  $\partial b_j$  is contained in  $r_2$ .

In this case we see that  $\tau' \cup \tau''$  is vertical by the existence of the vertical annuli from  $\Delta_i$  and  $\Delta_j$ .

By Claims 5, and 6, we see that  $K \cup \tau_1$  is a spine of  $V_1$  or there is an essential annulus in  $E(K)$ , and this completes the proof of Assertion.  $\square$

Assertion shows that  $\sigma$  is isotopic to  $\tau_1$  or there is an essential annulus in  $E(K)$ , and this together with the conclusions of Cases 1, and 2.1 shows that we have the conclusions of Lemma 4.2 for all cases.

This completes the proof of Lemma 4.2.  $\square$

**Lemma 4.3** *Suppose that  $P \cap Q$  consists of more than two components. Then we can deform  $Q$  by an ambient isotopy in  $E(K)$  to reduce  $\#\{P \cap Q\}$  still with non-empty intersection each component of which is  $K$ -essential in  $P$ , and essential in  $Q$ .*

**Proof** Let  $2n = \#\{P \cap Q\}$ , and  $D_1, A_1, A_2, \dots, A_{2n-1}, D_2$  the closures of the components of  $P - (P \cap Q)$  such that  $D_1, D_2$  are disks and that they are located on  $P$  successively in this order.

**Claim 1** Suppose that there is an annulus component  $A$  of  $Q \cap B_i$  ( $i = 1$  or  $2$ ) such that  $A$  is  $K$ -compressible in  $B_i$ . Then the  $K$ -compressing disk is disjoint from  $K$ .

**Proof** Let  $D$  be the  $K$ -compressing disk for  $A$ . Assume that  $D \cap K \neq \emptyset$  ie,  $D \cap K$  consists of a point. Then, by compressing  $A$  along  $D$ , we obtain two disks each of which intersects  $K$  in one point. But this is impossible, since each component of  $\partial A$  separates  $\partial B_1$  into two disks each intersecting  $K$  in two points.

**Claim 2** Suppose that there is an annulus component  $A_1^Q$  in  $Q \cap B_1$ , and an annulus component  $A_2^Q$  in  $Q \cap B_2$ . Then either  $A_1^Q$  or  $A_2^Q$  is  $K$ -incompressible in  $B_1$  or  $B_2$ .

**Proof** We first suppose that  $A_2^Q$  is  $K$ -compressible in  $B_2$ . Then, by Claim 1, the  $K$ -compressing disk is disjoint from  $K$ . Hence, by compressing  $A_2^Q$  along the disk, we obtain two disks in  $B_2$  which are  $K$ -essential in  $B_2$  and disjoint from  $K$ . Let  $D_2^*$  be one of the disks. Assume, moreover, that  $A_1^Q$  is also  $K$ -compressible. Then, by using the same argument, we obtain a  $K$ -essential disk  $D_1^*$  in  $B_1$  such that  $D_1^* \cap K = \emptyset$ . Note that  $\partial D_1^*$  and  $\partial D_2^*$  are parallel in  $P - K$ . This implies that  $K$  is a two-component trivial link, a contradiction.

**Claim 3** If  $2n > 6$ , then we have the conclusion of Lemma 4.3.

**Proof** Note that there are at most three mutually non-parallel, disjoint essential simple closed curves on  $Q$ . Hence if  $2n > 6$ , then there are three components, say  $\ell_1, \ell_2, \ell_3$ , of  $P \cap Q$  which are mutually parallel on  $Q$ . We may suppose that  $\ell_1, \ell_2, \ell_3$  are located on  $Q$  successively in this order. Let  $A_1^*$  ( $A_2^*$  resp.) be the annulus on  $Q$  bounded by  $\ell_1 \cup \ell_2$  ( $\ell_2 \cup \ell_3$  resp.). Without loss of generality, we may suppose that  $A_1^*$  ( $A_2^*$  resp.) is properly embedded in  $B_1$  ( $B_2$  resp.). Since  $K$  is connected, we may suppose, by exchanging suffix if necessary, that each component of  $\partial A_1^*$  separates the boundary points of each component of  $K \cap B_1$  on  $P$ . Since each component of  $K \cap B_1$  is an unknotted arc, we see that  $A_1^*$  is an unknotted annulus. Hence there is an annulus  $A'_1$  in  $P$  such that  $\partial A'_1 = \partial A_1^*$  and  $A'_1$  and  $A_1^*$  are pairwise ( $K$ -)parallel in  $B_1$ . Let  $N$  be the parallelism between  $A'_1$  and  $A_1^*$ .

If  $\text{Int}(N) \cap Q \neq \emptyset$ , then we can push the components of  $\text{Int}(N) \cap Q$  out of  $B_1$  along the parallelism  $N$ , still with at least two components of intersection  $\ell_1 \cup \ell_2$ . If  $\text{Int}(N) \cap Q = \emptyset$ , then we can push  $A_1^*$  out of  $B_1$  along this parallelism to reduce  $\#\{P \cap Q\}$  by two.

According to Claim 3 and its proof, we suppose that  $2n = 4$  or  $6$ , and no three components of  $P \cap Q$  are mutually parallel in  $Q$ . Note that the intersection numbers of any simple closed curves on  $Q$  with  $P \cap Q$  are even, because  $P$  is a

separating surface. This shows that  $P \cap Q$  consists of two (in case when  $n = 2$ ) or three (in case when  $n = 3$ ) parallel classes in  $Q$  each of which consists of two components. Hence, each component of  $Q \cap B_i$  ( $i = 1$  or  $2$ , say  $1$ ) is an annulus. If a component of  $Q \cap B_1$  is  $K$ -incompressible in  $B_1$ , then, by the argument in the proof of Claim 3, we have the conclusion of Lemma 4.3. Hence, in the rest of the proof, we suppose that each component of  $Q \cap B_1$  is a  $K$ -compressible annulus in  $B_1$ .

Let  $N_1$  be the closure of the component of  $B_1 - (Q \cap B_1)$  such that  $(K \cap B_1) \subset N_1$ . Note that  $N_1$  is a 3-ball such that  $\text{Fr}_{B_1} N_1$  consists of some components of  $Q \cap B_1$ . Then, by the assumptions, we see that  $\text{Fr}_{B_1} N_1$  consists of either one, two, or three annuli.

**Claim 4** If  $\text{Fr}_{B_1} N_1$  consists of an annulus, then there is a component of  $Q \cap B_1$  which is  $K$ -boundary parallel in  $B_1$ , and, hence, we have the conclusion of Lemma 4.3.

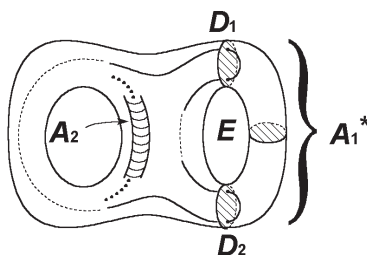


Figure 4.13

**Proof** Let  $A_1^* = \text{Fr}_{B_1} N_1$ . Since  $A_1^*$  is compressible, there is a  $K$ -compressing disk  $E$  for  $A_1^*$  in  $B_1$ . Note that  $E \cap K = \emptyset$  (Claim 1). We may regard that  $E$  is properly embedded in  $V_1$  and  $E$  is parallel to  $D_1$  and  $D_2$  in  $V_1$ . Since  $K$  is connected, we see that  $E$  is non-separating in  $V_1$ . By cutting  $V_1$  along  $E$ , we obtain a solid torus  $T_1$  such that  $K$  is a core circle of  $T_1$ . Recall that  $D_1, A_1, A_2, \dots, A_{2n-1}, D_2$  are the closures of the components of  $P - Q$ . Note that  $A_2$  is properly embedded in  $T_1 - K$ . Since the 3-sphere does not contain a non-separating 2-sphere, we see that  $A_2$  is incompressible in  $T_1$ . Since every incompressible surface in  $(\text{torus}) \times I$  is either vertical or boundary parallel annulus (see [4]),  $A_2$  is boundary parallel in  $T_1$ . Let  $N^*$  be the parallelism for  $A_2$ , and  $A_2^* = N^* \cap \partial T_1$ . Since  $K$  is connected, and  $K$  intersects  $D_1$  and  $D_2$ , we see that  $A_2^*$  is disjoint from the images of  $D_1$  and  $D_2$  in  $T_1$ . Hence we see that  $A_2^*$  is disjoint from the images of  $E$  in  $\partial T_1$ . This shows that the



parallelism  $N^*$  survives in  $V_1$ , and, hence, we have the conclusion of Lemma 4.3 by the argument as in the proof of Claim 3.

**Claim 5** If  $\text{Fr}_{B_1} N_1$  consists of two annuli  $A_1^*$ ,  $A_2^*$ , then there is a component of  $Q \cap B_1$  which is  $(K-)$ boundary parallel in  $B_1$ , and, hence, we have the conclusion of Lemma 4.3.

**Proof** By exchanging suffix, if necessary, we may suppose that the annulus  $A_i^*$  is incident to  $D_i$  ( $i = 1, 2$ ). If  $n = 2$ , then we have  $\partial A_1 = \partial A_1^*$ . If  $n = 3$ , then, by reversing the order of  $A_1, \dots, A_5$ , and changing the suffix of  $A_i^*$  if necessary, we may suppose that  $\partial A_1 = \partial A_1^*$ . Then let  $N^*$  be the 3-manifold in  $B_1$  such that  $\partial N^* = A_1 \cup A_1^*$ . Note that  $N^*$  is embedded in  $V_2$  and  $\text{Fr}_{V_2} N^* = A_1$ .

**Subclaim** Either  $D_1$  or  $D_2$ , say  $D_1$ , is non-separating in  $V_1$ .

**Proof** Assume that both  $D_1$  and  $D_2$  are separating in  $V_1$ . Then  $D_1$  and  $D_2$  are parallel in  $V_1$ , but this contradicts the fact that  $N^*$  and  $K$  are connected.

Since  $D_1$  is a non-separating disk in  $V_1$ , and  $S^3$  does not contain a non-separating 2-sphere, we see that  $A_1$  is incompressible in  $V_2$ . Then, since  $S^3$  does not contain a punctured lens space with non-trivial fundamental group, we see that  $A_1$  is boundary parallel in  $V_2$  by Lemma C-3 (see the proof of Claim 1 in Case 2 of the proof of Lemma 4.2). Hence  $N^*$  is a parallelism between  $A_1$  and  $A_1^*$ , and this shows that  $A_1^*$  is  $K$ -boundary parallel in  $B_1$  along this parallelism to give the conclusion of Lemma 4.3.

**Claim 6**  $\text{Fr}_{B_1} N_1$  does not consist of three components.

**Proof** Assume that  $\text{Fr}_{B_1} N_1$  consists of three annuli  $A_1^*$ ,  $A_2^*$ , and  $A_3^*$ , where  $\partial A_1^* = \partial A_1$ ,  $\partial A_2^* = \partial A_3$ , and  $\partial A_3^* = \partial A_5$ . Since  $A_1^*$ ,  $A_2^*$ ,  $A_3^*$  are  $K$ -compressible in  $B_1$ , there are mutually disjoint  $K$ -compressing disks  $D_1^*$ ,  $D_2^*$ ,  $D_3^*$  for  $A_1^*$ ,  $A_2^*$ ,  $A_3^*$  respectively. We may regard that  $D_1^*$ ,  $D_2^*$ ,  $D_3^*$  are properly embedded in  $V_1$ . Note that  $\partial D_1^*$ ,  $\partial D_2^*$ ,  $\partial D_3^*$  are not mutually parallel in  $\partial V_1$ . Hence we see that  $D_1^* \cup D_2^* \cup D_3^*$  cuts  $V_1$  into two components  $X_1$ ,  $X_2$  such that one component of  $K \cap B_1$  is contained in  $X_1$ , and the other component is contained in  $X_2$  (see Figure 4.14). But this contradicts the fact that  $K$  is connected.

Claims 3, 4, 5, and 6 complete the proof of Lemma 4.3. □

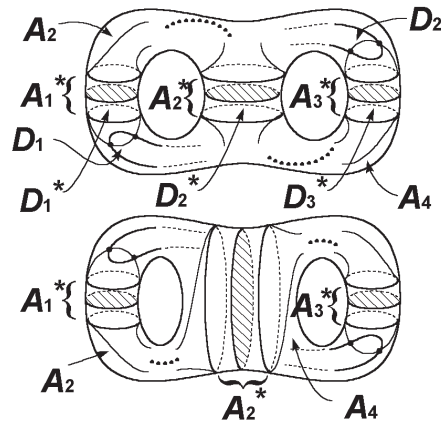


Figure 4.14

**Proof of Proposition 4.1** By Lemma 4.3, we may suppose that  $P \cap Q$  consists of two transverse simple closed curves which are  $K$ -essential in  $P$ , and essential in  $Q$ . Then, by Lemma 4.2, we have the conclusion of Proposition 4.1.

**Proof of Theorem 1.1** Let  $\sigma$  be an unknotting tunnel for a non-trivial 2-bridge knot  $K$ , and  $(V_1, V_2)$  a genus 2 Heegaard splitting of  $S^3$  obtained from  $K \cup \sigma$  as above. If  $(V_1, V_2)$  is weakly  $K$ -reducible, then by Propositions 2.13, and 2.15, we see that  $\sigma$  is isotopic to  $\tau_1$ ,  $\tau_2$ ,  $\rho_1$ ,  $\rho'_1$ ,  $\rho_2$ , or  $\rho'_2$ . If  $(V_1, V_2)$  is strongly  $K$ -irreducible, then by Corollary 3.2, and Proposition 4.1, we see that  $\sigma$  is isotopic to  $\tau_1$  or  $\tau_2$ , or  $E(K)$  contains an essential annulus. If  $E(K)$  contains an essential annulus, then  $K$  is a  $(2, p)$ -torus knot. Then, by [1], it is known that every unknotting tunnel for  $K$  is isotopic to one of  $\tau_1$  or  $\rho_1$  (and that  $\tau_1$  and  $\tau_2$  are pairwise isotopic, and  $\rho_1, \rho'_1, \rho_2, \rho'_2$  are mutually isotopic). Hence we have the conclusion of Theorem 1.1.

This completes the proof of Theorem 1.1.

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## Appendix A

Let  $\gamma$  be the union of mutually disjoint arcs and simple closed curves properly embedded in a 3-manifold  $N$  such that  $N$  admits a 2-fold branched covering space  $p: \tilde{N} \rightarrow N$  along  $\gamma$ .

Let  $F$  be a surface properly embedded in  $N$ , which is in general position with respect to  $\gamma$ . Then, by using  $\mathbb{Z}_2$ -equivariant loop theorem [7], we see that:

**Lemma A-1**  $F$  is  $\gamma$ -incompressible if and only if  $\tilde{F}$  ( $= p^{-1}(F)$ ) is incompressible.

Moreover, by using  $\mathbb{Z}_2$ -equivariant cut and paste argument as in [6, Proof of 10.3], we see that:

**Lemma A-2**  $\gamma$ -incompressible surface  $F$  is  $\gamma$ -boundary compressible if and only if  $\tilde{F}$  is boundary compressible.

By using  $\mathbb{Z}_2$ -Smith conjecture ([19], [11]) together with the  $\mathbb{Z}_2$ -equivariant cut and paste argument and the irreducibility of  $H$ , we have:

**Lemma A-3**  $\gamma$ -incompressible surface  $F$  is  $\gamma$ -boundary parallel if and only if  $\tilde{F}$  is boundary parallel. In particular, if  $\tilde{N}$  is irreducible, and  $F$  is a disk intersecting  $\gamma$  in one point, and  $\partial F$  bounds a disk  $D$  in  $\partial H$  such that  $D$  intersects  $\gamma$  in one point, then  $F$  is  $\gamma$ -boundary parallel (in fact,  $F$  and  $D$  are  $\gamma$ -parallel).

## Appendix B

For the proof of the following two lemmas, we refer Appendix B, and Appendix C of [10].

Let  $(B, \beta)$  be a 2-string trivial tangle.

**Lemma B-1** Let  $F$  be a  $\beta$ -incompressible surface in  $B$ . Then either:

- (1)  $F$  is a disk disjoint from  $\beta$ , and  $F$  separates the components of  $\beta$ . Particularly, in this case,  $F$  is  $\beta$ -essential,
- (2)  $F$  is a  $\beta$ -boundary parallel disk intersecting  $\beta$  in at most one point,
- (3)  $F$  is a  $\beta$ -boundary parallel disk intersecting  $\beta$  in two points and  $F$  separates  $(B, \beta)$  into the parallelism and a rational tangle, or
- (4)  $F$  is a  $\beta$ -boundary parallel annulus such that  $F \cap \beta = \emptyset$ .

Let  $\alpha$  be a 1–string trivial arc in a solid torus  $T$ .

**Lemma B-2** Let  $D$  be an  $\alpha$ –essential disk in  $T$  such that  $D \cap \alpha$  consists of two points. Then there exists an  $\alpha$ –compressing disk  $D'$  for  $\partial T$  such that  $D' \cap D = \emptyset$  and  $D' \cap \alpha$  consists of one point. Moreover, by cutting  $(T, \alpha)$  along  $D'$ , we obtain a 2–string trivial tangle  $(B, \beta)$  such that  $D$  is a  $\beta$ –incompressible disk in  $(B, \beta)$  (hence,  $D$  is  $\beta$ –boundary parallel).

## Appendix C

Let  $H$  be a genus 2 handlebody, and  $A$  an essential annulus properly embedded in  $H$ .

**Lemma C-1** There exists an essential disk  $D$  in  $H$  such that  $A \cap D = \emptyset$ . Moreover the disk  $D$  can be taken as a separating disk, or a non-separating disk according as  $A$  is separating or non-separating.

**Proof** There exists boundary compressing disk  $\Delta$  for  $A$ . Apply a boundary compression on  $A$  along  $\Delta$  to obtain a disk  $D'$ . By moving  $D'$  by a tiny isotopy, we obtain a desired disk  $D$ . For a detail, see, for example, [9].  $\square$

**Lemma C-2** Each component of  $\partial A$  is non-separating in  $\partial H$ . And  $A$  is separating in  $H$  if and only if the components of  $\partial A$  are pairwise parallel in  $\partial H$ .

**Proof** Let  $D$  be as in Lemma C-1. By the proof of Lemma C-1, we see that  $A$  is isotopic to an annulus obtained from  $D$  by adding a band. By isotopy, we may suppose that  $A \cap D = \emptyset$ . Let  $T$  be the closure of the component of  $H - N(D; H)$  such that  $A \subset T$ . Then  $T$  is a solid torus, and  $A$  is incompressible in  $T$ . Hence each component of  $\partial A$  is non-separating in  $\partial T$ . This implies that each component of  $\partial A$  is non-separating in  $\partial H$ . Let  $D_1, D_2$  be the copies of  $D$  in  $\partial T$ . Note that  $\partial A$  separates  $\partial T$  into two annuli, say  $A_1, A_2$ . If  $D$  is separating in  $H$ , then  $D_1 \cup D_2$  is contained in one of  $A_1$  or  $A_2$ , say  $A_1$ . Then the components of  $\partial A$  are mutually parallel in  $\partial H$  through the annulus  $A_2$ . If  $D$  is non-separating in  $H$ , then, by exchanging the suffix if necessary, we may suppose that  $D_1$  is contained in  $A_1$ , and  $D_2$  is contained in  $A_2$ . This shows that the components of  $\partial A$  are not parallel in  $\partial H$ .  $\square$

**Lemma C-3** Let  $D$  be as in Lemma C-1. Suppose that  $A$  is separating in  $H$ . Then each component of  $\partial A$  does not represent a generator of the fundamental group of the solid torus obtained from  $H$  by cutting along  $D$ , which contains  $A$ .

**Proof** Let  $T$  be the solid torus obtained from  $H$  by cutting along  $D$  such that  $A \subset T$ . Then  $(T, A)$  is homeomorphic to  $(A \times I, A \times \{1/2\})$  as pairs. This shows that the closure of a component of  $T - A$  gives a parallelism between  $A$  and a subsurface of  $\partial H$ .  $\square$

## Appendix D

Let  $K$  be a knot in a genus two handlebody  $H$  with an essential disk  $E$  such that  $E$  cuts  $H$  into a solid torus, where  $K$  is a core circle of  $T$ . Note that there exists a two-fold branched cover  $p: \tilde{H} \rightarrow H$  of  $H$  along  $K$ , where  $\tilde{H}$  is a genus three handlebody.

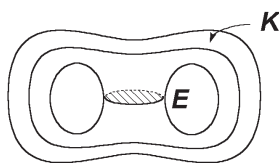


Figure D-1

**Lemma D-1** Let  $D$  be a  $K$ -essential disk in  $H$  such that  $D \cap K$  consists of two points. Then there exists a  $K$ -boundary compressing disk  $\Delta$  for  $D$ .

**Proof** Let  $\tilde{D}$  be the lift of  $D$  in  $\tilde{H}$ . Then, by Lemmas A-1 and A-3, we see that  $\tilde{D}$  is an essential annulus in a genus three handlebody  $\tilde{H}$ . Then  $\tilde{D}$  is boundary compressible in  $\tilde{H}$ . Hence, by Lemma A-2, we see that  $D$  is  $K$ -boundary compressible in  $H$ .  $\square$

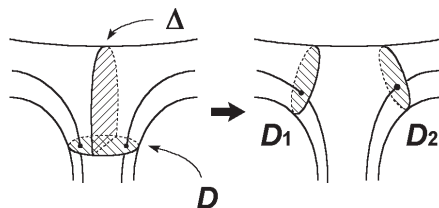


Figure D-2

By Lemma D-1, we obtain, by boundary compressing  $D$  along  $\Delta$ , two  $K$ -compressing disks, say  $D_1$  and  $D_2$ , for  $\partial T$  such that  $D_i \cap K$  consists of a point ( $i = 1, 2$ ).

**Lemma D-2** Let  $D, D_1, D_2$  be as above. Suppose, moreover, that  $D$  is separating in  $H$ . Then  $D_1$  and  $D_2$  are  $K$ -parallel in  $H$ , and, by cutting  $(H, K)$  along  $D_i$  ( $i = 1$  or  $2$ , say  $1$ ), we obtain a 1-string trivial arc in a solid torus, say  $(T, \alpha)$ . Moreover,  $D_2$  is  $\alpha$ -boundary parallel in  $T$ .

**Proof** We note that  $D$  separates  $H$  into two solid tori  $T_1, T_2$ , where  $D_1, D_2$  are properly embedded in  $T_1$ . Since each  $D_i$  intersects  $K$  in one point,  $D_i$  is an essential disk of  $T_1$ , and this shows that  $D_1$  and  $D_2$  are parallel in  $T_1$ , and in  $H$ . Then,  $\mathbb{Z}_2$ -Smith conjecture shows that they are actually  $K$ -parallel. Then, by using  $\mathbb{Z}_2$ -equivariant loop theorem, we see that we obtain a 1-string trivial tangle in a solid torus  $(T, \alpha)$ , by cutting  $(H, K)$  along  $D_1$ . Since  $D_1$  and  $D_2$  are  $K$ -parallel in  $H$ , we see that  $D_2$  is  $\alpha$ -boundary parallel in  $T$ .  $\square$

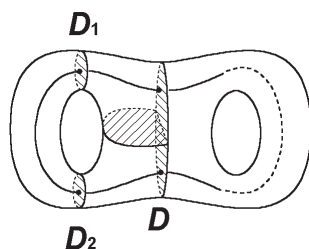


Figure D-3

**Lemma D-3** Let  $D$  be as in Lemma D-1. Suppose, moreover, that  $D$  is non-separating in  $H$ . Then  $D_1 \cup D_2$  is non-separating in  $H$ , and, by cutting  $(H, K)$  along  $D_1 \cup D_2$ , we obtain a 2-string trivial tangle, say  $(B, \beta)$ . Moreover,  $D$  is  $\beta$ -boundary parallel in  $B$ .

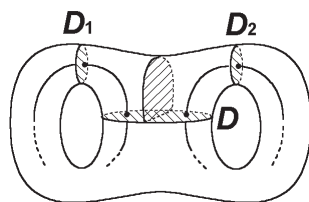


Figure D-4

**Proof** Let  $T$  be the solid torus obtained from  $H$  by cutting along  $D$ . We may suppose that  $D_1$  and  $D_2$  are properly embedded in  $T$ . Since each  $D_i$  intersects  $K$  in one point, we see that  $D_i$  is an essential disk in  $T$ . By the construction of  $D_1, D_2$ , we see that  $D_1 \cup D_2$  separates the copies of  $D$  in  $T$ . This shows that  $D_1 \cup D_2$  is non-separating in  $H$ . Then, by cutting  $(H, K)$  along  $D_1 \cup D_2$ , we obtain a 2-string tangle in a 3-ball, say  $(B, \beta)$ . Since  $\tilde{H}$  is a genus three handlebody, we see that the 2-fold covering space of  $B$  branched along  $\beta$  is a solid torus. Hence,  $(B, \beta)$  is a 2-string trivial tangle. By Lemma B-1 (3), we see that  $D$  is  $\beta$ -boundary parallel in  $B$ .  $\square$

**Lemma D-4** Let  $D, D'$  be pairwise disjoint, pairwise parallel, non  $K$ -parallel,  $K$ -essential disks in  $H$  such that  $D \cap K$ , and  $D' \cap K$  consist of two points. Then there are two  $K$ -compressing disks  $D^1, D^2$  for  $\partial H$  such that  $D^1 \cup D^2$  is non-separating in  $H$  and is disjoint from  $D \cup D'$ , and, by cutting  $(H, K)$  along  $D^1 \cup D^2$ , we obtain a 2-string trivial tangle, say  $(B, \beta)$ . Moreover  $D, D'$  are  $\beta$ -boundary parallel in  $(B, \beta)$ , and, hence,  $D \cup D'$  cobounds a 2-string trivial tangle in  $(H, K)$ .

**Proof** Let  $\Delta$  be a  $K$ -boundary compressing disk for  $D \cup D'$ . Without loss of generality, we may suppose that  $\Delta \cap D \neq \emptyset$ . We divide the proof into the following two cases.

**Case 1**  $D$  and  $D'$  are non-separating in  $H$ .

Let  $D^1, D^2$  be the disks obtained from  $D$  and  $\Delta$  as in Lemma D-3. Then, by the proof of Lemma D-3, it is easy to see that  $D^1 \cup D^2$  satisfies the conclusion of Lemma D-4.

**Case 2**  $D$  and  $D'$  are separating in  $H$ .

Let  $D^1$  be the disk corresponding to  $D_1$  or  $D_2$  in Lemma D-2, and  $(T, \alpha)$  the 1-string trivial arc in a solid torus  $T$  obtained from  $(H, K)$  by cutting along  $D^1$ . Then, by Lemma B-2, we see that there exists an  $\alpha$ -compressing disk  $D^2$  for  $\partial T$  such that  $D^2$  cuts  $(T, \alpha)$  into a 2-string trivial tangle. Here we may suppose that  $D^2$  is disjoint from the images of  $D^1$  in  $\partial T$ , and, hence, we may regard that  $D^2$  is properly embedded in  $H$ . Then  $D^1 \cup D^2$  satisfies the conclusion of Lemma D-4.

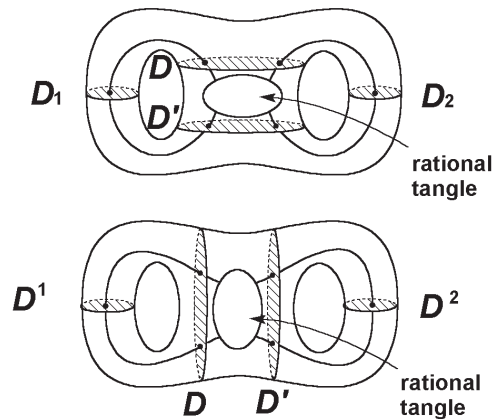


Figure D-5