

# Energy transfer model and large periodic boundary value problem for the quintic NLS

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## 1 Introduction

This note is based on a talk given at the conference on Nonlinear Wave and Dispersive Equations, Kyoto University. We consider a dynamics of mass density  $|\widehat{u}(t, \xi)|$  and energy exchanges between a linear oscillator and a nonlinear interaction for the following defocusing quintic NLS equation:

$$i\partial_t u + \partial_x^2 u = |u|^4 u, \quad t \in \mathbb{R}, \quad x \in \mathbb{T}_L = [0, 2\pi L], \quad (1.1)$$

where  $u = u(t, x) : \mathbb{R} \times \mathbb{T}_L \rightarrow \mathbb{C}$  is a complex-valued function and the spatial domain  $\mathbb{T}_L$  is taken to be a torus of length  $2\pi L > 0$ , i.e., we assume the periodic boundary condition:

$$u(t, x + 2\pi L) = u(t, x).$$

The aim is to understand the dynamics of mass density  $|\widehat{u}(t, \xi)|$ , namely,

- (i) how the wave energy is exchanged to another,
- (ii) provide a demonstration of the conservative energy exchange of solutions between the modes initially excited.

The equation (1.1) possesses at least two conservation laws, the mass  $M[u](t)$  and energy  $E[u](t)$ :

$$M[u](t) = \|u(t)\|_{L^2}^2, \\ E[u](t) = \int_{\mathbb{T}_L} \frac{1}{2} |\partial_x u(t, x)|^2 + \frac{1}{6} |u(t, x)|^6 dx = E[u](0).$$

These quantities impose the constraints on a dynamics of mass density of solutions.

We expect the following conjecture.

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\*This work was supported by JSPS KAKENHI Grant Number 10322794.

**Conjecture 1.1.** *On bounded domain case: if the nonlinear Schrödinger equation is not integrable, then there exists a time global smooth solution  $u(t)$  and some Sobolev exponent  $s > 1$  such that*

$$\lim_{|t| \rightarrow \infty} \|u(t)\|_{H^s} = \infty.$$

*Remark 1.1.* The above conjecture means that the mass is shifted to high frequencies.

In fact, on  $\mathbb{R}$  domain case, the local well-posedness for (1.1) was proved by Cazenave and Weissler [3] for data in  $L^2$  (see also [8] and [12]). Notice that the time of existence time depends on the position of data and not only on its size. One can also prove the global well-posedness in  $L^2$  provided that the initial data in  $L^2$  is sufficiently small by using the above conservation laws. It should be noted that the equation (1.1) is left invariant by the scaling

$$u \mapsto u_\lambda; \quad u(t, x) \mapsto u_\lambda(t, x) = \lambda^{1/2} u(\lambda^2 t, \lambda x), \quad \lambda > 0,$$

which preserves the homogeneous Sobolev norm  $\dot{H}^s(\mathbb{R})$  with  $s = 0$ . The global existence result for any data in  $L^2$  was proved by Dodson [6]. In [6], the deep results on scattering behavior of solutions were also obtained. On the other hand, the associated focusing nonlinear Schrödinger equation (the minus sign applies to the nonlinear term) has a finite time blow-up solution [9].

## 2 Past works on the periodic boundary domain

When the spatial dimension is the two-dimensional torus  $\mathbb{T}^2$ , Bourgain [2] considered the cubic nonlinear Schrödinger equation in the defocusing case

$$i\partial_t u + \Delta u = |u|^2 u,$$

and obtained the a priori estimate of solutions

$$\|u(t)\|_{H^s} \lesssim \langle t \rangle^{2(s-1)+} \quad \text{for } u(0) \in H^s, \quad s \geq 4.$$

In [5], Colliander, Keel, Staffilani, Takaoka and Tao constructed the solution satisfying that for any  $s > 1$ ,  $K \gg 1$ ,  $0 < \sigma < 1$  there exist a solution  $u(t)$  and a time  $T > 0$  such that

$$\|u(0)\|_{H^s} \leq \sigma \quad \text{and} \quad \|u(T)\|_{H^s} \geq K.$$

Observe that the cubic nonlinear Schrödinger equation in two spatial dimensions is known as an example of invariant under the  $L^2$ -scaling:

$$u \mapsto u_\lambda = \lambda u(\lambda^2 t, \lambda x) \quad (\lambda > 0).$$

On the other hand, the quintic nonlinear Schrödinger equation in one dimension obeys scale invariance under the  $L^2$ -scaling. In [10], Grébert and L. Thomann examined the dynamics exhibited by the following Cauchy problem

$$i\partial_t u + \partial_x^2 u = \nu |u|^4 u, \quad (t, x) \in \mathbb{R} \times \mathbb{T}, \quad (2.1)$$

for  $\nu > 0$ . More precisely, they proved the following theorem.

**Theorem 2.1** (Grébert and Thomann [10]). *Let  $k \in \mathbb{Z} \setminus \{0\}$  and  $n \in \mathbb{Z}$ .  $\mathcal{A}$  is a set of the form  $\mathcal{A} = \{a_2, a_1, b_2, b_1\}$  where  $a_2 = n$ ,  $a_1 = n + 3k$ ,  $b_2 = n + 4k$ ,  $b_1 = n + k$ . There exist  $T > 0$ ,  $\lambda_0 > 0$  and a  $2T$ -periodic function  $K_* : \mathbb{R} \mapsto (0, 1)$  which satisfies  $K_*(0) \leq 1/4$  and  $K_*(T) \geq 3/4$  so that if  $0 < \nu < \nu_0$ , there exists a solution to (2.1) satisfying for all  $0 \leq t \leq \nu^{-3/2}$*

$$u(t, x) = \sum_{j \in \mathcal{A}} u_j(t) e^{ijx} + \nu^{1/4} q_1(t, x) + \nu^{3/2} t q_2(t, x),$$

with

$$\begin{aligned} |u_{a_1}(t)|^2 &= 2|u_{a_2}(t)|^2 = K_*(\nu t), \\ |u_{b_1}(t)|^2 &= 2|u_{b_2}(t)|^2 = 1 - K_*(\nu t), \end{aligned}$$

and where for all  $s \in \mathbb{R}$ ,  $\|q_1(t, \cdot)\|_{H^s(\mathbb{T}_2)} \leq C_s$  for all  $t \in \mathbb{R}_+$ , and  $\|q_2(t, \cdot)\|_{H^s(\mathbb{T})} \leq C_s$  for all  $0 \leq t \leq \nu^{-3/2}$ .

We now define the wavenumber set consisting of nonlinear resonance interactions in the equation (1.1).

**Definition 2.1** (Resonance interaction set). *Let  $n \in \mathbb{Z}$  and  $k \in \mathbb{Z} \setminus \{0\}$  be fixed. For  $j \in \mathbb{Z}$ , we set  $\alpha_{1,j}$ ,  $\alpha_{3,j}$ ,  $\alpha_{2,j}$  and  $\alpha_{4,j}$  as follows:*

$$\frac{\alpha_{1,j}}{2\pi} = n + 3k + \frac{j}{L}, \quad \frac{\alpha_{3,j}}{2\pi} = n + \frac{j}{L}, \quad \frac{\alpha_{2,j}}{2\pi} = n + k + \frac{j}{L}, \quad \frac{\alpha_{4,j}}{2\pi} = n + 4k + \frac{j}{L}.$$

With  $\alpha_{m,j}$ , we set

$$\mathcal{A}_m = \{\alpha_{m,j} \mid j \in \mathbb{Z}, 0 \leq j \leq L\},$$

for  $1 \leq m \leq 4$ , and  $\mathcal{C} = \cup_{m=1}^4 \mathcal{A}_m$ .

Here we consider (1.1) on  $\mathbb{T}_L$  instead of (2.1) on  $\mathbb{T}$ , and obtain the following theorem.

**Theorem 2.2.** *Let  $n \in \mathbb{Z}$ ,  $k \in \mathbb{Z} \setminus \{0\}$ ,  $s \geq 1$  and large integer  $L > 0$  be given. There exist a smooth global solution  $u(t)$  and a time  $T = O(L^{1/2-})$  s.t.*

$$u(t, x) = \sum_{m=1}^4 u_{\mathcal{A}_m}(t, x) + e(t, x),$$

where

$$\begin{aligned} \|u_{\mathcal{A}_1}(t)\|_{L^2}^2 &= 2\|u_{\mathcal{A}_3}(t)\|_{L^2}^2 = \frac{1}{2} - K(t), \\ \|u_{\mathcal{A}_2}(t)\|_{L^2}^2 &= 2\|u_{\mathcal{A}_4}(t)\|_{L^2}^2 = \frac{1}{2} + K(t), \end{aligned}$$

$K(t) \approx \sin(\text{Arctan} \frac{t}{4L^3})$  for  $|t| \lesssim L^{1/2-}$ ,

$$\sup_{|t| \leq T} \|e(t, \cdot)\|_{H^s} \lesssim \frac{1}{L^{1/2-}}.$$

where a constant  $c_j$ 's are independent of  $L$ .

*Remark 2.1.* Putting  $n = 0$ ,  $s \geq 0$ ,  $|k|^s \gg L^{\frac{5}{2}+\varepsilon}$ , we have that there exists a solution  $u(t)$  s.t. for some time  $t_0 > 0$ ,

$$\|u(t_0)\|_{H^s}^2 - \|u(-t_0)\|_{H^s}^2 \approx \langle k \rangle^{2s} \left(1 + \frac{4^{2s}}{2} - 3^{2s}\right) K(t_0).$$

If  $s > 1$ , then  $\|u(-t_0)\|_{H^s} < \|u(t_0)\|_{H^s}$  (energy does not decrease). As opposites, we can construct solution whose energy will not increase for a long time.

### 3 Proof of Theorem 2.2

The proof of Theorem 2.2 consists of three steps:

1. construct resonant sets,
2. construct finite dimensional model with initial replacement,
3. construct approximation lemma (error estimates).

#### 3.1 Resonant sets

We first set nonlinear resonant interaction sets as follows.

**Definition 3.1.** We say the set  $\{(\xi_1, \xi_3, \xi_5), (\xi_2, \xi_4, \xi_6)\}$  is resonance, if and only if the following conditions hold;

- (i)  $\xi_1 + \xi_3 + \xi_5 = \xi_2 + \xi_4 + \xi_6$ ,
- (ii) two of  $\xi_1, \xi_3, \xi_5$  are elements of  $\mathcal{A}_1$ , that are  $n + 3k + \frac{j_1}{L}$ ,  $n + 3k + \frac{j_3}{L}$ ,
- (iii) one of  $\xi_1, \xi_3, \xi_5$  is element of  $\mathcal{A}_2$ , that is  $n + \frac{j_5}{L}$ ,
- (iv) two of  $\xi_2, \xi_4, \xi_6$  are elements of  $\mathcal{A}_3$ , that are  $n + k + \frac{j_2}{L}$ ,  $n + k + \frac{j_4}{L}$ ,
- (v) one of  $\xi_2, \xi_4, \xi_6$  is element of  $\mathcal{A}_4$ , that is  $n + 4k + \frac{j_6}{L}$ ,
- (vi)  $\{j_1, j_3\} = \{j_2, j_4\}$  and  $j_5 = j_6 = \frac{j_1+j_3}{2} = \frac{j_2+j_4}{2}$ .

From the relation in the above definition, we have the following lemma.

**Lemma 3.1.** *If  $\{(\xi_1, \xi_3, \xi_5), (\xi_2, \xi_4, \xi_6)\}$  is resonance, then  $\phi(\xi_1, \xi_2, \xi_3, \xi_4, \xi_5, \xi_6) = 0$ .*

*Proof.* Since the equation  $(n + 3k)^2 + (n + 3k)^2 + n^2 = (n + k)^2 + (n + k)^2 + (n + 4k)^2$ , we calculate

$$\frac{1}{(2\pi)^2} \phi(\xi_1, \xi_2, \xi_3, \xi_4, \xi_5, \xi_6) = \frac{2k}{L} (3(j_1 + j_3) - (j_2 + j_4) - 4j_6) + \frac{1}{L^2} \phi(j_1, j_2, j_3, j_4, j_5, j_6),$$

which is equal to zero by  $j_6 = \frac{j_1+j_3}{2} = \frac{j_2+j_4}{2}$  and  $\phi(j_1, j_2, j_3, j_4, j_5, j_6) = 0$ .  $\square$



### 3.2 Finite dimensional model

Now suppose that  $u$  is a smooth solution and let us start with the ansatz

$$u(t, x) = e^{-iGt} \int a_\xi(t) e^{ix\xi - it\xi^2} (d\xi)_L,$$

where

$$\phi(x) = \int e^{ix\xi} \widehat{\phi}(\xi) (d\xi)_L := \frac{1}{L} \sum_{\xi \in 2\pi\mathbb{Z}/L} e^{ix\xi} \widehat{\phi}(\xi).$$

We choose the parameter  $G = -\frac{6M_0^2}{L^2}$  where  $M_0 = \|u(0)\|_{L^2}^2$ . By direct calculation,  $a_\xi = a_\xi(t)$  satisfies

$$\begin{aligned} \dot{a}_\xi &= \left( -\frac{6M_0}{L^3} |a_\xi|^2 - \frac{3}{L^3} \int |a_{\xi'}|^4 (d\xi')_L + \frac{4}{L^4} |a_\xi|^4 \right) a_\xi \\ &\quad + \int_{\{\xi_1, \xi_3, \xi_5\}^* \neq \{\xi_2, \xi_4, \xi\}} a_{\xi_1} \overline{a_{\xi_2}} a_{\xi_3} \overline{a_{\xi_4}} a_{\xi_5} e^{it\phi(\xi_1, \xi_2, \xi_3, \xi_4, \xi_5, \xi)}, \end{aligned} \quad (3.1)$$

where  $\phi(\xi_1, \xi_2, \xi_3, \xi_4, \xi_5, \xi_6) = -\xi_1^2 + \xi_2^2 - \xi_3^2 + \xi_4^2 - \xi_5^2 + \xi_6^2$ .

Then plugging the observation in Lemma 3.1 into the equation (3.1), we have the resonant formula

$$\begin{aligned} i\dot{r}_\xi &= \left( -\frac{6M_0}{L^3} |r_\xi|^2 - \frac{3}{L^3} \int |r_{\xi'}|^4 (d\xi')_L + \frac{4}{L^4} |r_\xi|^4 \right) r_\xi \\ &\quad + \int_{\text{res}(\xi)} r_{\xi_1} \overline{r_{\xi_2}} r_{\xi_3} \overline{r_{\xi_4}} r_{\xi_5}, \end{aligned} \quad (3.2)$$

where  $\text{res}(\xi)$  denotes the resonant modes with respect to  $\xi_j$ ,  $1 \leq j \leq 5$  such that the set  $\{(\xi_1, \xi_3, \xi_5), (\xi_2, \xi_4, \xi)\}$  is resonance.

### 3.3 A priori estimates

Next, observe the conserved quantities for (3.1).

**Lemma 3.2.** *Let  $\{r_\xi(t)\}$  be a global solution to recasted NLS (3.2). Then we have the relations;*

$$\frac{d}{dt} \sum_{\xi \in \mathcal{C}} |r_\xi(t)|^2 = 0, \quad (3.3)$$

$$\frac{d}{dt} \sum_{\xi \in \mathcal{C}} |\xi|^2 |r_\xi(t)|^2 = 0. \quad (3.4)$$

*Remark 3.1.* These corresponds to the mass and the energy conservations, respectively.

*Proof of Lemma 3.2.* It will be convenient to change the index  $\xi$  by  $\xi_6$ . We first prove (3.3). Multiplying  $\overline{r_{\xi_6}}$  to (3.2) and taking the imaginary part, we have that

$$\operatorname{Im}(i\dot{r}_{\xi_6}\overline{r_{\xi_6}}) = \frac{1}{L^4} \operatorname{Im} \sum_{\operatorname{res}(\xi_6)} r_{\xi_1}\overline{r_{\xi_2}}r_{\xi_3}\overline{r_{\xi_4}}r_{\xi_5}\overline{r_{\xi_6}}.$$

Note that the left-hand side will be  $-\frac{1}{2}\frac{d}{dt}|r_{\xi_6}|^2$ . Then after the summation over the resonant set, we arrive at the following:

$$-\frac{1}{2}\frac{d}{dt} \sum_{\xi_6 \in \mathcal{C}} |r_{\xi_6}(t)|^2 = \frac{1}{2iL^4} \sum_{\xi_6 \in \mathcal{C}} \sum_{\operatorname{res}(\xi_6)} (r_{\xi_1}\overline{r_{\xi_2}}r_{\xi_3}\overline{r_{\xi_4}}r_{\xi_5}\overline{r_{\xi_6}} - \overline{r_{\xi_1}}r_{\xi_2}\overline{r_{\xi_3}}r_{\xi_4}\overline{r_{\xi_5}}r_{\xi_6}),$$

which is zero, since by symmetry.

Next we prove (3.4). In a similar way to above, we have

$$\begin{aligned} \frac{d}{dt} \sum_{\xi \in \mathcal{C}} |\xi|^2 |r_{\xi}(t)|^2 &= 2\operatorname{Re} \sum_{\xi_6 \in \mathcal{C}} |\xi_6|^2 \dot{r}_{\xi_6}\overline{r_{\xi_6}} \\ &= \frac{2}{L^4} \operatorname{Im} \sum_{\xi_6 \in \mathcal{C}} \sum_{\operatorname{res}(\xi_6)} |\xi_6|^2 r_{\xi_1}\overline{r_{\xi_2}}r_{\xi_3}\overline{r_{\xi_4}}r_{\xi_5}\overline{r_{\xi_6}}, \end{aligned}$$

which is deduced by

$$-\frac{1}{3iL^4} \sum_{\operatorname{res}} ((\xi_1^2 + \xi_3^2 + \xi_5^2) - (\xi_2^2 + \xi_4^2 + \xi_6^2)) r_{\xi_1}\overline{r_{\xi_2}}r_{\xi_3}\overline{r_{\xi_4}}r_{\xi_5}\overline{r_{\xi_6}},$$

since by symmetrization. The last term is zero, since  $(\xi_1^2 + \xi_3^2 + \xi_5^2) - (\xi_2^2 + \xi_4^2 + \xi_6^2) = 0$  for the resonance interaction modes.  $\square$

Let us consider the ansatz

$$r_{\xi}(t) = \sqrt{I_{\xi}(t)} e^{i\theta_{\xi}(t)}.$$

Once again, using this coordinate, we obtain the following lemma.

**Lemma 3.3.** *For  $j \in [0, L]$ , we have that*

$$\frac{d}{dt} \left( I_{n+\frac{j}{L}}(t) + I_{n+4k+\frac{j}{L}}(t) \right) = 0,$$

$$\frac{d}{dt} \left( I_{n+3k+\frac{j}{L}}(t) + I_{n+k+\frac{j}{L}}(t) \right) = 0,$$

Moreover, assuming additional constraints of  $I_j(t)$  and  $\theta_j(t)$ , we have the following lemma.

**Lemma 3.4.** *Assume*

$$I_{n+\frac{j}{L}}(t) = I_{n+\frac{m}{L}}(t), \quad \theta_{n+\frac{j}{L}}(t) = \theta_{n+\frac{m}{L}}(t),$$

$$\begin{aligned}
I_{n+3k+\frac{j}{L}}(t) &= I_{n+3k+\frac{m}{L}}(t), & \theta_{n+3k+\frac{j}{L}}(t) &= \theta_{n+3k+\frac{m}{L}}(t), \\
I_{n+4k+\frac{j}{L}}(t) &= I_{n+4k+\frac{m}{L}}(t), & \theta_{n+4k+\frac{j}{L}}(t) &= \theta_{n+4k+\frac{m}{L}}(t), \\
I_{n+k+\frac{j}{L}}(t) &= I_{n+k+\frac{m}{L}}(t), & \theta_{n+k+\frac{j}{L}}(t) &= \theta_{n+k+\frac{m}{L}}(t)
\end{aligned}$$

for all  $|j|, |m| \leq L$ . Then

$$\frac{d}{dt} \sum \left( I_{n+3k+\frac{j}{L}}(t) - 2I_{n+\frac{j}{L}}(t) \right) = 0,$$

$$\frac{d}{dt} \sum \left( I_{n+k+\frac{j}{L}}(t) - 2I_{n+4k+\frac{j}{L}}(t) \right) = 0.$$

*Proof of Lemmas 3.3 and 3.4.* The proof of Lemmas 3.3 and 3.4 is similar to the one of Lemma 3.2.  $\square$

Then by Lemmas 3.2, 3.3 and 3.4, it is reasonable that we recast the equation (3.2) into the following Toy model form:

$$\dot{I}_{A_2} = \frac{3!L^2 + 3(2L+1)}{(2L+1)L^4} \sqrt{I_{A_2}^2 I_{A_4} I_{A_1}^2 I_{A_3}} \sin(2\theta_{A_2} + \theta_{A_4} - 2\theta_{A_1} - \theta_{A_3}),$$

$$\dot{I}_{A_1}(t) = \frac{3!(2L^2 + 2L + 1)}{(2L+1)L^4} \sqrt{I_{A_2}^2 I_{A_4} I_{A_1}^2 I_{A_3}} \sin(2\theta_{A_2} + \theta_{A_4} - 2\theta_{A_1} - \theta_{A_3}),$$

$$\dot{I}_{A_4} = \frac{3!L^2 + 3(2L+1)}{(2L+1)L^4} \sqrt{I_{A_1}^2 I_{A_3} I_{A_2}^2 I_{A_4}} \sin(2\theta_{A_1} + \theta_{A_3} - 2\theta_{A_2} - \theta_{A_4})$$

$$\dot{I}_{A_2}(t) = \frac{3!(2L^2 + 2L + 1)}{(2L+1)L^4} \sqrt{I_{A_1}^2 I_{A_3} I_{A_2}^2 I_{A_4}} \sin(2\theta_{A_1} + \theta_{A_3} - 2\theta_{A_2} - \theta_{A_4}),$$

$$\begin{aligned}
-\dot{\theta}_{A_3} &= -\frac{6M_0}{L^3} I_{A_1} - \frac{12(L+1)}{L^4} (I_{A_3} + I_{A_1} + I_{A_4} + I_{A_2}) + \frac{4}{L^4} I_{A_1}^2 I_{A_3} \\
&\quad + \frac{3!L^2 + 3(2L+1)}{(2L+1)L^4} \sqrt{\frac{I_{A_2}^2 I_{A_4} I_{A_1}^2}{I_{A_3}}} \cos(2\theta_{A_2} + \theta_{A_4} - 2\theta_{A_1} - \theta_{A_3}),
\end{aligned}$$

$$\begin{aligned}
-\dot{\theta}_{A_1} &= -\frac{6M_0}{L^3} I_{A_1} - \frac{12(L+1)}{L^4} (I_{A_3} + I_{A_1} + I_{A_4} + I_{A_2}) + \frac{4}{L^4} I_{A_1}^2 I_{A_3} \\
&\quad + \frac{3!(2L^2 + 2L + 1)}{(2L+1)L^4} \sqrt{I_{A_2}^2 I_{A_4} I_{A_3}} \cos(2\theta_{A_2} + \theta_{A_4} - 2\theta_{A_1} - \theta_{A_3}),
\end{aligned}$$

$$\begin{aligned}
-\dot{\theta}_{\mathcal{A}_4} &= -\frac{6M_0}{L^3}I_{\mathcal{A}_4} - \frac{12(L+1)}{L^4}(I_{\mathcal{A}_3} + I_{\mathcal{A}_1} + I_{\mathcal{A}_4} + I_{\mathcal{A}_2}) + \frac{4}{L^4}I_{\mathcal{A}_4}^2 \\
&\quad + \frac{3!L^2 + 3(2L+1)}{(2L+1)L^4} \sqrt{\frac{I_{\mathcal{A}_1}^2 I_{\mathcal{A}_3} I_{\mathcal{A}_2}^2}{I_{\mathcal{A}_4}}} \cos(2\theta_{\mathcal{A}_2} + \theta_{\mathcal{A}_4} - 2\theta_{\mathcal{A}_1} - \theta_{\mathcal{A}_3})
\end{aligned}$$

and

$$\begin{aligned}
-\dot{\theta}_{\mathcal{A}_2} &= -\frac{6M_0}{L^3}I_{\mathcal{A}_2} - \frac{12(L+1)}{L^4}(I_{\mathcal{A}_3} + I_{\mathcal{A}_1} + I_{\mathcal{A}_4} + I_{\mathcal{A}_2}) + \frac{4}{L^4}I_{\mathcal{A}_2}^2 \\
&\quad + \frac{3!(2L^2 + 2L + 1)}{(2L+1)L^4} \sqrt{I_{\mathcal{A}_1}^2 I_{\mathcal{A}_3} I_{\mathcal{A}_4}} \cos(2\theta_{\mathcal{A}_2} + \theta_{\mathcal{A}_4} - 2\theta_{\mathcal{A}_1} - \theta_{\mathcal{A}_3}).
\end{aligned}$$

*Remark 3.2.* A straightforward calculation show that this ODE system enjoys the conservation of the Hamiltonian following Hamiltonian

$$\begin{aligned}
H &= -\frac{3M_0}{L^3}(I_{\mathcal{A}_1}^2 + I_{\mathcal{A}_2}^2 + I_{\mathcal{A}_3}^2 + I_{\mathcal{A}_4}^2) - \frac{6(L+1)}{L^4}(I_{\mathcal{A}_1} + I_{\mathcal{A}_2} + I_{\mathcal{B}_1} + I_{\mathcal{B}_2})^2 \\
&\quad + \frac{4}{3L^4}(I_{\mathcal{A}_1}^3 + I_{\mathcal{A}_2}^3 + I_{\mathcal{A}_3}^3 + I_{\mathcal{A}_4}^3) \\
&\quad + \frac{3!(2L^2 + 2L + 1)}{(2L+1)L^4} I_{\mathcal{A}_1} I_{\mathcal{A}_2} I_{\mathcal{A}_3}^{\frac{1}{2}} I_{\mathcal{A}_4}^{\frac{1}{2}} \cos(2\theta_{\mathcal{A}_2} + \theta_{\mathcal{A}_4} - 2\theta_{\mathcal{A}_1} - \theta_{\mathcal{A}_3}).
\end{aligned}$$

Indeed, we see that

$$\begin{cases} \dot{\theta}_C = -\frac{\partial H}{\partial I_C}, \\ \dot{I}_C = \frac{\partial H}{\partial \theta_C}, \end{cases}$$

for  $C = \mathcal{A}_j$ .

In virtue of  $\frac{d}{dt}(2I_{\mathcal{A}_4}^k + I_{\mathcal{A}_3}^k - 2I_{\mathcal{A}_2}^k - I_{\mathcal{A}_1}^k) = 0$  for  $k = 1, 2$ , we obtain the particular dynamics of  $I_{\mathcal{A}_j}$ ,  $\theta_{\mathcal{A}_j}$ .

**Proposition 3.1.** *There exists a solution  $(I_{\mathcal{A}_j}, \theta_{\mathcal{A}_j})_{1 \leq j \leq 4}$  to (Toy model) s.t.*

$$2\theta_{\mathcal{A}_2} + \theta_{\mathcal{A}_4} - 2\theta_{\mathcal{A}_1} - \theta_{\mathcal{A}_3} \approx \frac{\pi}{2}$$

and

$$I_{\mathcal{A}_1}(t) = 2I_{\mathcal{A}_3}(t) = \frac{1}{2} - K(t), \quad I_{\mathcal{A}_2}(t) = 2I_{\mathcal{A}_4}(t) = \frac{1}{2} + K(t),$$

$$K(t) \approx \sin(\text{Arctan} \frac{t}{4L^3})$$

*Proof of Proposition 3.1.* The proof uses the symplectic change of variables.

### 3.4 Approximation lemma

We show how the toy model approximates the original NLS.

**Proposition 3.2.** *Let  $\{a_\xi(t)\}_{\xi \in \mathbb{Z}/L}$  and  $\{r_\xi(t)\}_{\xi \in \mathcal{C}}$  be a solution to the Fourier transformed NLS equation and its resonant NLS, respectively, with  $a_\xi(0) = r_\xi(0)$  for  $\xi \in \mathcal{C}$  and  $\|a_\xi(0)\|_{\ell^2_\xi(\xi \notin \mathcal{C})} \lesssim \frac{1}{L^{1/2-\varepsilon}}$ . Then for  $s \geq 1$  and  $|t| \leq cL^{1/2-\varepsilon}$ ,*

$$\|a_\xi(t) - r_\xi(t)\|_{\ell^2_\xi} \lesssim \frac{1}{L^{1/2-\varepsilon}},$$

where  $r_\xi(t) = 0$  if  $\xi \notin \mathcal{C}$ , and  $\|f\|_{\ell^2_\xi} = \| \langle \xi \rangle^s f(\xi) \|_{\ell^2}$ .

*Proof of Proposition 3.2.* The proof uses a priori estimates of  $M[u]$ ,  $E[u]$ , energy argument, bootstrap argument and the perturbation argument.  $\square$

By Propositions 3.1 and 3.2, we conclude the proof of Theorem 2.2.

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