

# AN INSTABILITY CRITERION FOR ACTIVATOR-INHIBITOR SYSTEMS IN A TWO-DIMENSIONAL BALL II

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ABSTRACT. Let  $B$  be a two-dimensional ball with radius  $R$ . We continue to study the shape of the stable steady states to

$$u_t = D_u \Delta u + f(u, \xi) \quad \text{in } B \times \mathbb{R}_+, \quad \tau \xi_t = \frac{1}{|B|} \iint_B g(u, \xi) dx dy \quad \text{in } \mathbb{R}_+, \\ \partial_\nu u = 0 \quad \text{on } \partial B \times \mathbb{R}_+,$$

where  $f$  and  $g$  satisfy the following:  $f_\xi(u, \xi) < 0$ ,  $g_\xi(u, \xi) < 0$ , and there is a function  $k(\xi)$  such that  $g_u(u, \xi) = k(\xi)f_\xi(u, \xi)$ . This system includes a special case of the Gierer-Meinhardt system and the shadow system with the FitzHugh-Nagumo type nonlinearity. We show that, if the steady state  $(u, \xi)$  is stable for some  $\tau > 0$ , then the maximum (minimum) of  $u$  is attained at exactly one point on  $\partial B$  and  $u$  has no critical point in  $B \setminus \partial B$ . In proving this results, we prove a nonlinear version of the ‘‘hot spots’’ conjecture of J. Rauch in the case of  $B$ .

## 1. INTRODUCTION AND THE MAIN RESULTS

This is a continuation of [Mi06a]. We study the shape of the stable steady states of shadow reaction-diffusion systems of an activator-inhibitor type  $(SS_\Omega)$

$$u_t = D_u \Delta u + f(u, \xi) \quad \text{in } \Omega \times \mathbb{R}_+ \quad \text{and} \quad \tau \xi_\tau = \frac{1}{|\Omega|} \iint_\Omega g(u, \xi) dx dy \quad \text{in } \mathbb{R}_+, \\ \partial_\nu u = 0 \quad \text{on } \partial\Omega \times \mathbb{R}_+,$$

where  $\Omega \subset \mathbb{R}^2$  is a bounded domain. Here  $D_u$  and  $\tau$  are positive constants.  $|\Omega|$  denotes the area of  $\Omega$ , and  $\partial_\nu$  denotes the outer normal derivative on the boundary. In theoretical biology, the unknowns  $u = u(x, t)$  and  $\xi = \xi(t)$  stand for the concentrations of biochemicals called *the short range activator* and *the long range inhibitor*, respectively. Two concrete examples of  $(SS_\Omega)$  are given at the end of this section. We consider the case when  $\Omega$  is a two-dimensional ball  $B$ , centered at the origin, with radius  $R$ .

Throughout the present paper, we assume that

$$(N) \quad \begin{array}{l} f(\cdot, \cdot), g(\cdot, \cdot) \text{ are of class } C^2, f_\xi < 0, g_\xi < 0, \text{ and} \\ \text{there is a function } k(\xi) \in C^0 \text{ such that } g_u(u, \xi) = k(\xi)f_\xi(u, \xi). \end{array}$$

This class of reaction-diffusion systems includes a special case of the shadow system of the Gierer-Meinhardt system (Example 1.5 below) and the shadow system with the FitzHugh-Nagumo type nonlinearity (Example 1.6 below).

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In order to state our main results, we introduce some notation. Let  $\Omega \subset \mathbb{R}^2$  be a bounded domain with smooth boundary, and let  $\text{int}(\Omega)$  denote the set consisting of all the interior points of  $\Omega$ . Let  $\xi(\zeta)$  and  $\eta(\zeta)$  be functions satisfying  $(\xi(\zeta), \eta(\zeta)) \in \partial\Omega$  parameterized by the arc length parameter  $\zeta$  of  $\partial\Omega$ . Let  $(u, \xi) \in (C^2(\text{int}(\Omega)) \cap C^1(\Omega \cup \partial\Omega)) \times \mathbb{R}$  be a steady state to  $(\text{SS}_\Omega)$ . We define

$$U(\zeta) := u(\xi(\zeta), \eta(\zeta)), \quad \zeta \in \mathbb{R}/L\mathbb{Z},$$

where  $L$  is the arc length of  $\partial\Omega$ . For example,  $U(\zeta) = u(R \cos(\zeta/R), R \sin(\zeta/R))$  in the case that  $\Omega = B$ . Let  $\mathcal{Z}[\cdot]$  denote the cardinal number of the zero level set of  $L$ -periodic functions. Specifically,

$$\mathcal{Z}[w(\cdot)] := \#\{\zeta; w(\zeta) = 0, \zeta \in \mathbb{R}/L\mathbb{Z}\},$$

where  $w(\zeta) \in C^0(\mathbb{R}/L\mathbb{Z})$ . For example,  $\mathcal{Z}[\sin(2\pi\zeta/L)] = 2$ .

Let us explain the activator-inhibitor system. The activator-inhibitor system is a mathematical model describing the interaction between the activator and the inhibitor. The activator activates the production rate of the inhibitor ( $g_u > 0$ ), and the inhibitor suppresses the production rate of the activator ( $f_\xi < 0$ ). The production rate of the inhibitor is decreased as the inhibitor increases ( $g_\xi < 0$ ). However, we do not impose a monotonicity assumption on  $f$  with respect to  $u$ , because the activator may react autocatalytically and  $f$  may not be monotone in  $u$ . We call  $(\text{SS}_\Omega)$  the shadow system of the activator-inhibitor type if  $f$  and  $g$  satisfy

$$(AI) \quad f_\xi < 0, \quad g_u > 0, \quad \text{and} \quad g_\xi < 0.$$

The time constant of the inhibitor  $\tau$  which appears in  $(\text{SS}_\Omega)$  means the ratio of the reaction speeds between the activator and the inhibitor. If  $\tau$  is large, then the inhibitor reacts slowly, and the system behaves like a scalar reaction-diffusion equation. In this case, we can expect and show that, if the domain is convex, then every inhomogeneous steady state is unstable for large  $\tau > 0$  [Y06, E06]. On the contrary, if  $\tau$  is small, then the inhibitor reacts quickly, and the system tends to be stable. Hence, an inhomogeneous stable steady state can exist. There is a possibility that a steady state that is unstable for large  $\tau > 0$  is stable when  $\tau > 0$  is small. (A Hopf bifurcation occurs as  $\tau$  increases. See [NTY01, WW03] for the case of the shadow Gierer-Meinhardt system.) Therefore, it is important to obtain a sufficient condition, which can be determined by the shape, for steady states to be *unstable* not only in the case for large  $\tau > 0$  but also in the case for *all*  $\tau > 0$ , because the contrapositive of the sufficient condition becomes a necessary condition for steady states to be stable for *some*  $\tau > 0$ . In other words, we know the shape of all the stable steady states. A partial result in this research direction is the following:

**Proposition 1.1** ([Mi06a, Corollary B]). *Suppose that (N) holds. Let  $(u, \xi)$  be an inhomogeneous steady state to  $(\text{SS}_B)$ . If  $(u, \xi)$  is stable for some  $\tau > 0$ , then  $\mathcal{Z}[U_\zeta(\cdot)] = 2$ .*

We know by Proposition 1.1 the shape of  $u$  on the boundary. However, we cannot obtain information about  $u$  in the interior of the domain. One of the main results of author's previous paper [Mi06b, Theorem 4.7] is a partial answer of this question. In [Mi06b], we show that, if  $\sup_{(\rho_1, \rho_2) \in \mathbb{R}^2} f_u(\rho_1, \rho_2) < D_u \kappa_4$ , then the conclusion of Theorem A below holds. Here,  $\kappa_4$  is the fourth eigenvalue of the Neumann Laplacian in  $B$ . In the present paper, we remove this assumption which seems to be technical. The main result of this paper is

**Theorem A.** *Suppose that (N) holds. Let  $(u, \xi)$  be an inhomogeneous steady state to  $(SS_B)$ . If  $(u, \xi)$  is stable for some  $\tau > 0$ , then the maximum (minimum) of  $u$  is attained at exactly one point on  $\partial B$ , and there is no critical point of  $u$  in  $\text{int}(B)$ . Here, we call  $p \in B$  a critical point of  $u$  if  $u_x(p) = u_y(p) = 0$ .*

Note that we do not assume smallness or largeness of  $D_u$ .

From Theorem A we see that every stable steady state of  $(SS_B)$  does not have interior spikes or spots. Combining Theorem A and Proposition 1.1, we see that only the steady states whose shape are like a boundary one-spike layer can be stable.

Combining the results of [LT01, NT91, NTY01], we see that the shadow Gierer-Meinhardt system in  $B$ , which is (GM) below, has a stable boundary one-spike layer and that this inhomogeneous stable steady state satisfies that  $\mathcal{Z}[U_\zeta(\cdot)] = 2$  and that the maximum of  $u$  is attained at exactly one point on  $\partial B$ . Thus their results are consistent with Proposition 1.1 and Theorem A.

Theorem A can be obtained by Proposition 1.1 and the contrapositive of the following instability criterion:

**Theorem B.** *Suppose that (N) holds. Let  $(u, \xi)$  be an inhomogeneous steady state to  $(SS_B)$ . If there is a point  $p \in \text{int}(B)$  such that  $u_x(p) = u_y(p) = 0$ , then  $(u, \xi)$  is unstable for all  $\tau > 0$ .*

*Remark 1.2* (An instability criterion for 1D shadow systems). In the case of one-dimensional intervals, every inhomogeneous steady state  $(u, \xi)$  of certain classes of shadow systems is unstable for all  $\tau > 0$  if  $u$  has a critical point in the interior of the interval [N94, NPY01, FR01]. We see by the contrapositive that  $u$  should be monotone if the steady state is stable for some  $\tau > 0$ . Theorem B can be seen as a two-dimensional version of their result.

In order to state the main technical lemma, we consider a scalar elliptic equation on a bounded and convex domain

$$(NP_\Omega) \quad \Delta u + N(u) = 0 \text{ in } \Omega, \quad \partial_\nu u = 0 \text{ on } \partial\Omega,$$

where  $N(\cdot)$  is a function of class  $C^2$ . Let  $u$  be a solution of  $(NP_\Omega)$ . Let  $\{(\mu_n(\Omega), \phi_n)\}_{n \geq 1}$  denote the set of the eigenpairs of the problem

$$(EP_\Omega) \quad \Delta \phi + N'(u)\phi = \mu \phi \text{ in } \Omega, \quad \partial_\nu \phi = 0 \text{ on } \partial\Omega.$$

The main technical lemma of this paper is

**Lemma C.** *Let  $u$  be a non-constant solution to  $(NP_B)$ . If there is a point  $p \in \text{int}(B)$  such that  $u_x(p) = u_y(p) = 0$ , then  $\mu_2(B) > 0$ , where  $\mu_2(B)$  is the second eigenvalue of  $(EP_B)$ .*

Note that no assumption of the nonlinear term  $N(\cdot)$  is imposed except the regularity.

Lemma C is the positive answer of the following conjecture in the case of  $B$ :

**Conjecture 1.3** ([Y06]). *Let  $\Omega \subset \mathbb{R}^2$  be a bounded and convex domain with smooth boundary, and let  $u$  be a non-constant solution to  $(NP_\Omega)$ . If there is a point  $p \in \text{int}(\Omega)$  such that  $u_x(p) = u_y(p) = 0$ , then  $\mu_2(\Omega) > 0$ .*

This is a nonlinear version of the ‘‘hot spots’’ conjecture of J. Rauch [R74]. The ‘‘hot spots’’ conjecture immediately follows from Conjecture 1.3. If Conjecture 1.3 holds, then Theorem B holds for all the two-dimensional bounded convex domains with smooth boundary. See also Proposition 2.6.

*Remark 1.4* (An instability criterion for scalar equations). The following sufficient condition for the first eigenvalue to be positive is well-known: In the case when  $\Omega$  is a bounded and convex domain in  $\mathbb{R}^N$  with smooth boundary, and if a solution to  $(\text{NP}_\Omega)$  is not constant, then  $\mu_1(\Omega) > 0$ . Therefore, the contrapositive is the following: Every stable steady state is constant in the case of convex domains. See [Ch75] for the one-dimensional case and [CH78, Ma79] for the multi-dimensional case.

As announced previously, we give two examples.

*Example 1.5* ([GM72]). The shadow system of the Gierer-Meinhardt model [GM72] is the following:

$$(GM) \quad u_t = D_u \Delta u - u + \frac{u^p}{\xi^q} \quad \text{and} \quad \tau \xi_t = \frac{1}{|\Omega|} \iint_{\Omega} \left( -\xi + \frac{u^r}{\xi^s} \right) dx dy,$$

where  $(p, q, r, s)$  satisfy  $p > 1$ ,  $q > 0$ ,  $r > 0$ ,  $s \geq 0$  and  $0 < (p-1)/q < r/(s+1)$ . The assumption on  $(p, q, r, s)$  comes from a biological reason. (AI) always holds. If  $p = r - 1$ , then (N) holds. This system is a model describing the head formation of hydra, which is a small creature. Specifically, [GM72] show experimentally that the head appears at the point where the activator  $u$  attains the local maximum. It is known that this system has steady states having various shapes (see [NT91, NT93, GW00, MM02] for example). Theorem A says that, if a steady state is stable, then exactly one local (hence global) maximum of  $u$  is attained on the boundary when  $\Omega = B$ . This result can be interpreted as follows: The head appears at exactly one point on the edge of the body.

*Example 1.6* ([F61, NAY62]). The shadow system with the FitzHugh-Nagumo type nonlinearity [F61, NAY62] is the following:

$$u_t = D_u \Delta u + f_0(u) - \alpha \xi \quad \text{and} \quad \tau \xi_t = \frac{1}{|\Omega|} \iint_{\Omega} (\beta u - \gamma \xi) dx dy,$$

where  $\alpha$ ,  $\beta$  and  $\gamma$  are positive constants and  $f_0(u)$  is the so-called cubic-like function. A typical example of  $f_0$  is  $u(1-u)(u-\delta)$  ( $0 < \delta < 1$ ). (AI) and (N) hold.

This paper consists of three sections. Section 2 has two subsections. In Subsection 2.1, we recall known results about the zero level set of the eigenfunctions, which we call *the nodal curves*. In Subsection 2.2, we recall known results about eigenvalues related to shadow systems satisfying (N). In Section 3, we prove the main results (Theorems A and B and Lemma C).

## 2. PRELIMINARIES

**2.1. Known results on the nodal curves.** In this subsection, we recall known results about the nodal curves which are our main tools in Section 3.

**Proposition 2.1** ([Ca33, HW53]). *Let  $\Omega \subset \mathbb{R}^2$  be a domain, and let  $V(x, y) \in C^0(\Omega)$ . If  $\phi$  satisfies  $\Delta \phi + V\phi = 0$ , then the nodal curves  $\{\phi = 0\}$  consist of either the whole domain  $\Omega$  or  $C^1$ -curves and intersections among those curves. If several curves intersect at one point, then they meet at equal angles.*

Let  $\phi(x, y) \in C^1(\Omega)$ . We say that  $p \in \text{int}(\Omega)$  is a *degenerate point* of  $\phi$  if  $\phi(x_0, y_0) = \phi_x(x_0, y_0) = \phi_y(x_0, y_0) = 0$ .

A slight modification of the Carleman-Hartman-Wintner theorem [HW53] is

**Proposition 2.2.** *Let  $V(x, y) \in C^0(\Omega)$ , and let  $\phi(x, y)$  be a function such that  $\Delta\phi + V\phi = 0$  in  $\Omega$ . If there exists a degenerate point  $(x_0, y_0) \in \text{int}(\Omega)$ , then either (i) or (ii) holds:*

- (i)  $\phi \equiv 0$  in  $\Omega$ ,
- (ii) *the nodal curves  $\{\phi = 0\}$  have at least four branches at  $(x_0, y_0)$ . In this case, the measure of any connected component of  $\{\phi \neq 0\}$  is not zero.*

**Proposition 2.3** ([Mi06a, Lemma 4.3]). *Let  $\Omega \subset \mathbb{R}^2$  be a bounded domain with smooth boundary of class  $C^2$ , and let  $V \in C^0(\Omega)$ . Let  $\phi$  be a non-trivial solution to*

$$\Delta\phi + V\phi = 0 \quad \text{in } \Omega, \quad \partial_\nu\phi = 0 \quad \text{on } \partial\Omega.$$

*Suppose that there is a point  $(x_1, y_1) \in \partial\Omega$  such that  $\phi(x_1, y_1) = 0$  and that  $\{\phi = 0\}$  is isolated in  $\partial\Omega$  near  $(x_1, y_1)$ . Then there is a nodal curve of  $\phi$  connecting to  $(x_1, y_1)$ .*

**Proposition 2.4** ([Mi06a, Lemma C]). *Let  $u$  be a solution to  $(\text{NP}_B)$ . If there is an open interval  $\gamma \subset \partial B$  such that  $U_\zeta \equiv 0$  on  $\gamma$ , then  $u$  is radially symmetric. In particular,  $u$  is constant on  $\partial B$ .*

*Remark 2.5.* From Proposition 2.4 we see

$$\mathcal{Z}[U_\zeta(\cdot)] = \begin{cases} n \in \mathbb{N} \setminus \{1\} & \text{if } u \text{ is not radially symmetric;} \\ \aleph_1 & \text{if } u \text{ is radially symmetric.} \end{cases}$$

**2.2. Known results on eigenvalues related to shadow systems.** In this subsection, we recall an abstract instability criterion.

**Proposition 2.6** ([Mi06a, Lemma 3.2 (i)]). *Let  $\Omega \subset \mathbb{R}^N$  be a bounded domain with smooth boundary. Suppose that (N) holds. Let  $(u, \xi)$  be a steady state to  $(\text{SS}_\Omega)$ . If the second eigenvalue of the eigenvalue problem*

$$(2.1) \quad D_u\Delta\phi + f_u(u, \xi)\phi = \lambda\phi \quad \text{in } \Omega, \quad \partial_\nu\phi = 0 \quad \text{on } \partial\Omega$$

*is positive, then  $(u, \xi)$  is unstable for all  $\tau > 0$ . Specifically, the linearized operator of  $(\text{SS}_\Omega)$  at  $(u, \xi)$  has an eigenvalue with positive real part.*

Roughly speaking, shadow systems of the activator-inhibitor type have an effect removing the first eigenvalue of (2.1) [Ma05]. Hence, to determine the sign of the second eigenvalue is important for studying the stability.

This type of the results are obtained by several authors. In [Y02], the gradient case ( $k(\xi) = 1$ ) and the skew-gradient case ( $k(\xi) = -1$ ) are proven. The case of inhomogeneous media is also considered. In [E01], an argument similar to the proof of Proposition 2.6 appears in the case of some specific systems.

Suppose that  $\xi$  is fixed. Then the first equation of  $(\text{SS}_\Omega)$  is a reaction-diffusion equation in homogeneous media. Specifically,  $f$  does not depend on  $x$  explicitly. (2.1) can be treated as an eigenvalue problem of scalar equations in homogeneous media. For simplicity, we do not write  $\xi$  in the nonlinear term in Section 3.

Thanks to Proposition 2.6, what we have to do is obtain a sufficient condition for the second eigenvalue of (2.1) to be positive.

Without loss of generality, we can assume that  $D_u = 1$ , because the sign of each eigenvalue of (2.1) does not change when  $\Omega$  is rescaled to  $\Omega/\sqrt{D_u}$ .

## 3. PROOFS OF THE MAIN RESULTS

In this section, we mainly prove Lemma C. Specifically, we will show that  $\mu_2(B) > 0$  if the solution of  $(\text{NP}_B)$  is not constant.

In proving the positiveness of the second eigenvalue  $\mu_2(\Omega)$ , we use a variational characterization of  $\mu_2(\Omega)$ . It is convenient to define a functional  $\mathcal{H}[\cdot]$  by

$$\mathcal{H}[\psi] := \iint_{\Omega} \left( -|\nabla\psi|^2 + N'(u)\psi^2 \right) dx dy.$$

**Lemma 3.1.** *Let  $u$  be a non-constant solution of  $(\text{NP}_B)$ . Then one of the following holds:*

- (i)  $\mathcal{H}[u_x] > 0$  or  $\mathcal{H}[u_y] > 0$ ,
- (ii)  $u$  is radially symmetric.

*Proof.* This lemma is well-known. We sketch the proof. The key ingredient is the following:

$$(3.1) \quad -\partial_\nu |\nabla u|^2 = \frac{2}{R^3} u_\theta^2 \quad \text{on } \partial B,$$

where  $u_\theta := -yu_x + xu_y$ . We have

$$\begin{aligned} & \mathcal{H}[u_x] + \mathcal{H}[u_y] \\ &= \iint_B \left( -|\nabla u_x|^2 + N'(u)u_x^2 \right) dx dy + \iint_B \left( -|\nabla u_y|^2 + N'(u)u_y^2 \right) dx dy \\ &= \iint_B (\Delta u_x + N'(u)u_x) u_x dx dy + \iint_B (\Delta u_y + N'(u)u_y) u_y dx dy \\ &\quad - \int_{\partial B} (u_x \partial_\nu u_x + u_y \partial_\nu u_y) d\sigma. \end{aligned}$$

Since  $\Delta u_x + N'(u)u_x = 0$  and  $\Delta u_y + N'(u)u_y = 0$ , we see by (3.1) that  $\mathcal{H}[u_x] + \mathcal{H}[u_y] \geq 0$ . We show that  $\mathcal{H}[u_x] + \mathcal{H}[u_y] \neq 0$  if  $u$  is not radially symmetric. Suppose the contrary, namely,  $\mathcal{H}[u_x] + \mathcal{H}[u_y] = 0$ . Then  $u_\theta \equiv 0$  on  $\partial B$ . We see by Proposition 2.4 that  $u$  is radially symmetric. This is a contradiction. We see that  $\mathcal{H}[u_x] + \mathcal{H}[u_y] > 0$  and that (i) holds if  $u$  is not radially symmetric.  $\square$

See [CH78, Ma79] for a result similar to Lemma 3.1 in the case of bounded convex domains in  $\mathbb{R}^N$ .

**Lemma 3.2** ([Mi06a, Lemma 3.5]). *Let  $u$  be a non-constant solution to  $(\text{NP}_B)$ . If  $u$  is radially symmetric, then  $\mu_2(B) > 0$ .*

*Proof.* See the proof of Lemma 3.5 in [Mi06a]. We omit the proof.  $\square$

Because of Lemma 3.2, we do not need to consider the case that  $u$  is radially symmetric. Hence, we can assume that (i) of Lemma 3.1 always occurs.

We define a rotational derivative of  $u$  with center  $(x_0, y_0)$  by

$$(\partial_\theta^{(x_0, y_0)} u)(x, y) := -(y - y_0)u_x(x, y) + (x - x_0)u_y(x, y).$$

Hereafter in this section, we consider the case when the nodal curves  $\{\partial_\theta^{(x_0, y_0)} u = 0\}$  have a loop in the closure of the domain. We define  $\omega$  by the area enclosed by the loop. Therefore,  $\partial\omega$  is the loop. We define a function  $z(x, y)$  by

$$z(x, y) := \begin{cases} (\partial_\theta^{(x_0, y_0)} u)(x, y) & \text{if } (x, y) \in \omega; \\ 0 & \text{if } (x, y) \in \Omega \setminus \omega. \end{cases}$$

Note that  $\partial_\theta^{(x_0, y_0)} \Delta_{(x, y)} = \Delta_{(x, y)} \partial_\theta^{(x_0, y_0)}$ .

We consider the case that  $\partial_\theta^{(x_0, y_0)} u \equiv 0$ . Then  $u$  is radially symmetric.

Suppose that  $\Omega$  is not ball. There is a point  $(x_1, y_1)$  on  $\partial\Omega$  such that the vector  $(x_1 - x_0, y_1 - y_0)$  is not parallel to  $\nu$ , where  $\nu$  is an outer normal vector on the boundary. Therefore, there is a neighborhood  $\Gamma$  of  $(x_1, y_1)$  in  $\partial\Omega$  such that  $u_x = u_y = 0$  on  $\Gamma$ . Since  $u$  is radially symmetric and the vector  $(x_1 - x_0, y_1 - y_0)$  is not perpendicular to the tangent line of  $\partial\Omega$  at  $(x_1, y_1)$ ,  $u$  is constant on  $\Gamma$  and there is an open set in  $\Omega$  such that  $u$  is constant. Thus the value of  $u$  at a point in the open set, say  $c$ , is a root of  $f$ , specifically  $f(c) = 0$ . Thus  $\psi = u - c$  satisfies  $\Delta\psi + V\psi = 0$ , where  $V := (f(u) - f(c))/(u - c)$ , and  $\psi$  vanishes in the open set. We see by the strong unique continuation at an interior point that  $u \equiv c$  in  $\Omega$ . This case does not occur if  $u$  is not constant.

Suppose that  $\Omega$  is ball. If  $(x_0, y_0)$  is not the center of  $B$ , then we see by the same argument that  $u$  is constant. If  $(x_0, y_0)$  is the center of  $B$ , then  $u$  is radially symmetric. Thus,  $u$  is constant or  $\mu_2(B) > 0$  (Lemma 3.2). We do not need to consider the case that  $\partial_\theta^{(x_0, y_0)} u \equiv 0$  in  $B$ .

When  $\partial_\theta^{(x_0, y_0)} u \neq 0$ , we see that the measure of  $\omega$  is not zero, that  $z = 0$  on  $\partial\omega$  and that

$$z > 0 \text{ in int}(\omega) \quad \text{or} \quad z < 0 \text{ in int}(\omega).$$

**Lemma 3.3.** (i)  $\mathcal{H}[z] = 0$ .

(ii) Let  $u_\alpha := \cos \alpha u_x + \sin \alpha u_y$ . Then  $\iint_\Omega (-\nabla u_\alpha \cdot \nabla z + N'(u) u_\alpha z) dx dy = 0$ .

*Proof.* We prove (i). We have

$$\begin{aligned} \mathcal{H}[z] &= \iint_\Omega \left( -|\nabla z|^2 + N'(u) z^2 \right) dx dy = \iint_\omega \left( -|\nabla z|^2 + N'(u) z^2 \right) dx dy \\ &= \iint_\omega (\Delta z + N'(u) z) z dx dy - \int_{\partial\omega} z \partial_\nu z d\sigma = 0, \end{aligned}$$

because  $\Delta z + N'(u) z = 0$  in  $\text{int}(\omega)$  and  $z = 0$  on  $\partial\omega$ .

We prove (ii). We have

$$\begin{aligned} \iint_\Omega (-\nabla u_\alpha \cdot \nabla z + N'(u) u_\alpha z) dx dy &= \iint_\omega (-\nabla u_\alpha \cdot \nabla z + N'(u) u_\alpha z) dx dy \\ &= \iint_\omega (\Delta u_\alpha + N'(u) u_\alpha) z dx dy - \int_{\partial\omega} z \partial_\nu u_\alpha d\sigma = 0, \end{aligned}$$

because  $\Delta u_\alpha + N'(u) u_\alpha = 0$  and  $z = 0$  on  $\partial\omega$ . □

Let  $\partial_\tau$  denote a tangential derivative along  $\partial\Omega$ .

**Lemma 3.4** ([Mi06b, Lemma 4.4]). *Let  $\Omega \subset \mathbb{R}^2$  be a bounded convex domain with boundary of class  $C^2$ , and let  $u$  be a solution to  $(\text{NP}_\Omega)$ . Suppose that  $(x_1, y_1) \in \partial\Omega$ . Then*

*$(\partial_\tau u)(x_1, y_1) = 0$  if and only if  $(\partial_\theta^{(x_0, y_0)} u)(x_1, y_1) = 0$  for all  $(x_0, y_0) \in \text{int}(\Omega)$ .*

*In particular,*

$$\begin{aligned} (\partial_\theta^{(x_0, y_0)} u)(x_1, y_1) = 0 \text{ for some } (x_0, y_0) \in \text{int}(\Omega) &\quad \text{if and only if} \\ (\partial_\theta^{(x_0, y_0)} u)(x_1, y_1) = 0 \text{ for all } (x_0, y_0) \in \text{int}(\Omega). & \end{aligned}$$

Moreover, if the nodal curves  $\{\partial_\theta^{(x_0, y_0)} u = 0\}$  connect to  $(x_1, y_1)$  on the boundary, then  $(\partial_\tau u)(x_1, y_1) = 0$ , hence,  $(x_1, y_1) \in \{U_\zeta = 0\}$ .

*Proof.* The tangent line of  $\partial\Omega$  at  $(x_1, y_1)$  is not parallel to the vector  $(x_1 - x_0, y_1 - y_0)$ , because  $\Omega$  is convex. Hence if  $(\partial_\theta^{(x_0, y_0)} u)(x_1, y_1) = (\partial_\nu u)(x_1, y_1) = 0$ , then  $u_x(x_1, y_1) = u_y(x_1, y_1) = 0$ . Therefore  $(\partial_\tau u)(x_1, y_1) = 0$ . Conversely, if  $(\partial_\tau u)(x_1, y_1) = (\partial_\nu u)(x_1, y_1) = 0$ , then  $u_x(x_1, y_1) = u_y(x_1, y_1) = 0$ . Thus  $(\partial_\theta^{(x_0, y_0)} u)(x_1, y_1) = -(y_1 - y_0)u_x(x_1, y_1) + (x_1 - x_0)u_y(x_1, y_1) = 0$  for all  $(x_0, y_0) \in \text{int}(\Omega)$ . The latter half part of the statements is clear.  $\square$

**Lemma 3.5.** *Let  $u$  be a non-constant solution of  $(\text{NP}_B)$ . If the nodal curves  $\{\partial_\theta^{(x_0, y_0)} u = 0\}$  have a loop in the closure of  $B$ , then  $\mu_2(B) > 0$ , where  $\mu_2(B)$  is the second eigenvalue of  $(\text{EP}_B)$ .*

*Proof.* Because of Lemma 3.1, there is  $\alpha \in \mathbb{R}/2\pi\mathbb{Z}$  such that  $\mathcal{H}[u_\alpha] > 0$ . Let  $\phi_1$  denote the first eigenfunction of  $(\text{EP}_B)$ . We define  $\psi_0$  by

$$\psi_0 := u_\alpha + az,$$

where  $a$  is chosen so that  $\langle \psi_0, \phi_1 \rangle = 0$ , where  $\langle \cdot, \cdot \rangle$  denotes the usual  $L^2$ -inner product. Specifically,  $a = -\langle u_\alpha, \phi_1 \rangle / \langle z, \phi_1 \rangle$ . We see that  $\langle z, \phi_1 \rangle \neq 0$ , since  $\phi_1$  and  $z$  are continuous and do not change signs on the interior of the support set of  $z$  and the measure of the area enclosed by the loop is not zero.

We have

$$\begin{aligned} \mathcal{H}[\psi_0] &= \iint_B \left\{ -|\nabla(u_\alpha + az)|^2 + N'(u)(u_\alpha + az)^2 \right\} dx dy \\ &= \mathcal{H}[u_\alpha] + 2a \iint_B (-\nabla u_\alpha \cdot \nabla z + N'(u)u_\alpha z) dx dy + a^2 \mathcal{H}[z] = \mathcal{H}[u_\alpha] > 0, \end{aligned}$$

where we use (i) and (ii) of Lemma 3.3. Therefore,

$$\mu_2(B) := \sup_{\psi \in (\text{span}\langle \phi_1 \rangle^\perp \cap H^1)} \frac{\mathcal{H}[\psi]}{\|\psi\|_2^2} \geq \frac{\mathcal{H}[\psi_0]}{\|\psi_0\|_2^2} > 0,$$

where  $H^1$  denotes the Sobolev space of order 1,  $\|\cdot\|_2$  denotes the usual  $L^2$ -norm and  $\text{span}\langle \phi_1 \rangle^\perp := \{v \in L^2; \langle v, \phi_1 \rangle = 0\}$ .  $\square$

**Lemma 3.6** ([Mi06a, Lemmas 3.4 and 3.5]). *Let  $u$  be a non-constant solution of  $(\text{NP}_B)$ . If  $\mathcal{Z}[U_\zeta(\cdot)] \geq 3$ , then  $\mu_2(B) > 0$ , where  $\mu_2(B)$  is the second eigenvalue of  $(\text{EP}_B)$ .*

*Proof.* Let  $w(x, y) := (\partial_\theta^{(0,0)} u)(x, y)$ . Since

$$\Delta w + N'(u)w = 0 \text{ in } B, \quad \partial_\nu w = 0 \text{ on } \partial B,$$

0 is an eigenvalue of  $(\text{EP}_B)$ . There are two cases. One case is that  $\mathcal{Z}[U_\theta(\cdot)] \in \mathbb{N} \setminus \{1, 2\}$ . There is a nodal curve  $\{w = 0\}$  connecting to each of  $\{U_\zeta = 0\}$ , because of Proposition 2.3. Thus  $w$  has at least three points on the boundary which nodal curves connect to. It follows from an elementary topological argument of two-dimensional domains that  $w$  has at least three nodal domains. Courant's nodal theorem says that 0 is not the first or second eigenvalue. This means that  $\mu_2(B)$  cannot be 0 or negative. Thus  $\mu_2(B) > 0$ . The other case is that  $\mathcal{Z}[U_\zeta(\cdot)] = \aleph_1$ . Because of Remark 2.5,  $u$  should be radially symmetric. In this case, we see by Lemma 3.2 that  $\mu_2(B) > 0$ .  $\square$



*Proof of Lemma C.* There are two cases. One case is that  $\mathcal{Z}[U_\zeta(\cdot)] \geq 3$ . We see that  $\mu_2(B) > 0$ , using Lemma 3.6.

The other case is that  $\mathcal{Z}[U_\zeta(\cdot)] = 2$ . Let  $p = (x_0, y_0)$  be an interior point of  $B$  such that  $u_x(p) = u_y(p) = 0$ . Let  $w(x, y) := (\partial_\theta^{(x_0, y_0)} u)(x, y)$ . Since

$$\begin{aligned} w(x, y) &= -(y - y_0)u_x + (x - x_0)u_y, \\ w_x(x, y) &= -(y - y_0)u_{xx} + u_y + (x - x_0)u_{yx} \quad \text{and} \\ w_y(x, y) &= -u_x - (y - y_0)u_{xy} + (x - x_0)u_{yy}, \end{aligned}$$

we see that  $w(x_0, y_0) = w_x(x_0, y_0) = w_y(x_0, y_0) = 0$ . Therefore,  $p = (x_0, y_0)$  is a degenerate point of  $w$ . Because of Proposition 2.2, there are at least four branches of the nodal curves  $\{w = 0\}$  at  $p$ , otherwise,  $w \equiv 0$  in  $B$  and we already showed that  $\mu_2(B) > 0$  or  $u$  is constant. Each branch should connect to one of the branches or the boundary of the domain. If there is a branch connecting to one of the branches, then there exists a loop, and Lemma 3.5 says that  $\mu_2(B) > 0$ . We consider the case that all the branches connect to the boundary of the domain. Because of Lemma 3.4, all the branches connect to one of the zero set  $\{U_\zeta = 0\}$ . However, it is impossible that this occurs without loop, because  $\mathcal{Z}[U_\zeta(\cdot)] = 2$  and there are at least four branches at  $p$ . Thus there is a loop of  $\{w = 0\}$ , and we see by Lemma 3.5 that  $\mu_2(B) > 0$ .  $\square$

*Proof of Theorem B.* Because of the assumption,  $u$  has a critical point in  $\text{int}(B)$ . From Lemma C we see that the second eigenvalue of (2.1) is positive. We see by Proposition 2.6 that  $(u, \xi)$  is unstable.  $\square$

*Proof of Theorem A.* Because of the contrapositive of Theorem B,  $u$  has no critical point in  $\text{int}(B)$ , hence, the maximum (minimum) of  $u$  is attained on  $\partial B$ . We see by Proposition 1.1 that the maximum (minimum) point of  $u$  should be unique.  $\square$

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