

## A common stabilization of diagrams of a knot

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An oriented *knot* is an oriented circle smoothly embedded in the space  $\mathbb{R}^3$ . We consider oriented knots up to ambient isotopy in  $\mathbb{R}^3$ . We do not distinguish a knot and its ambient isotopy class so long as no confusion occurs. Let  $\pi : \mathbb{R}^3 \rightarrow \mathbb{R}^2$  be a natural projection defined by  $\pi(x, y, z) = (x, y)$ . Let  $K$  be an oriented knot in  $\mathbb{R}^3$ . Suppose that the multiple points of the restriction of  $\pi$  to  $K$  are only finitely many transverse double points. Then the image  $\pi(K)$  together with over/under information at each double point is called a *knot diagram* of  $K$ . A double point of a knot diagram is called a *crossing point*. We do not distinguish a knot diagram and its ambient isotopy class in  $\mathbb{R}^2$  so long as no confusion occurs.

The *Reidemeister moves* are local moves on knot diagram illustrated in Figure 1. Let  $n$  be a positive integer. A sequence of knot diagrams  $D_1, \dots, D_n$  on  $\mathbb{R}^2$  is said to be a *Reidemeister sequence* if  $D_{i+1}$  is obtained from  $D_i$  by an application of one of the Reidemeister moves for each  $i$  with  $1 \leq i \leq n - 1$ . It is well-known that two knot diagrams of the same knot are transformed into each other by a finite number of applications of Reidemeister moves. Namely for any two diagrams  $D$  and  $E$  of a knot  $K$  there is a Reidemeister sequence  $D_1, \dots, D_n$  with  $D = D_1$  and  $D_n = E$ . Then we say that  $D_1, \dots, D_n$  is a Reidemeister sequence from  $D$  to  $E$ . We denote the number of crossings of a knot diagram  $D$  by  $c(D)$ .

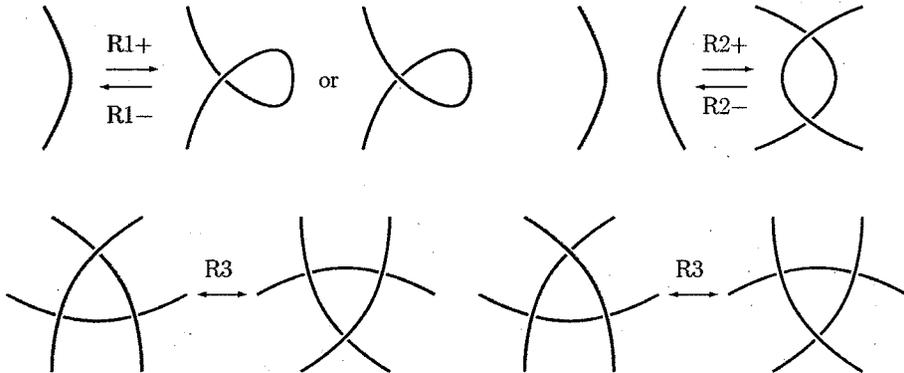


FIGURE 1. Reidemeister moves

It is also well-known that there are a knot  $K$  and two diagrams  $D$  and  $E$  of  $K$  such that for any Reidemeister sequence  $D_1, \dots, D_n$  from  $D$  to  $E$ , there exists  $i \in \{2, \dots, n - 1\}$  such that  $c(D_i) > \max\{c(D), c(E)\}$ . For example, let  $K_0$  be a knot that bounds a disk in  $\mathbb{R}^3$ ,  $D$  Goeritz's unknot illustrated in Figure 2 and  $E$  a unit circle on the plane. Goeritz's unknot is a knot diagram of  $K_0$  [2]. Note that it has no loops and triangles, and each 2-gon of it has alternating crossings. Therefore

we can only apply R1+ or R2+ to it among other Reidemeister moves. Therefore if  $D_1, \dots, D_n$  is a Reidemeister sequence from  $D$  to  $E$ , then  $c(D_2) = c(D_1) + 1$  or  $c(D_2) = c(D_1) + 2$  and therefore  $c(D_2) > c(D_1) = c(D) = \max\{c(D), c(E)\}$ .

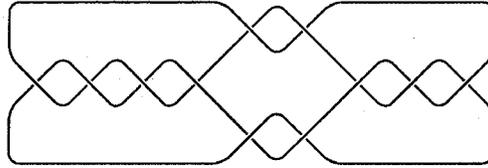


FIGURE 2. Goeritz's unknot

However it is known that there is a function  $f(x)$  such that for any diagram  $D$  of the knot  $K_0$ , there exists a Reidemeister sequence  $D_1, \dots, D_n$  from  $D$  to a unit circle  $E$  with  $\max\{c(D_i) | i \in \{1, \dots, n\}\} \leq f(c(D))$ . See [3] and [4].

A knot diagram  $E$  is said to be a *stabilization* (resp. *strong stabilization*) of a knot diagram  $D$  if there exists a Reidemeister sequence  $D_1, \dots, D_n$  with  $n \geq 1$  from  $D$  to  $E$  such that  $c(D_1) \leq \dots \leq c(D_n)$  (resp.  $c(D_1) < \dots < c(D_n)$ ). By definition  $D$  is a strong stabilization of  $D$  itself. Note that Goeritz's unknot is not a stabilization of a unit circle. Let  $D_1, \dots, D_m$  be knot diagrams. A knot diagram  $D$  is said to be a *common stabilization* (resp. *common strong stabilization*) of  $D_1, \dots, D_m$  if  $D$  is a stabilization (resp. strong stabilization) of  $D_i$  for each  $i \in \{1, \dots, m\}$ .

**Theorem 1.** (Alexander Coward 2006 [1]) *Let  $K$  be a knot and  $D$  and  $E$  diagrams of  $K$ . Then there is a Reidemeister sequence from  $D$  to  $E$  such that the sequence is composed of a sequence of applications of R1+, followed by a sequence of applications of R2+, followed by a sequence of applications of R3, followed by a sequence of applications of R2-.*

**Corollary 2.** *Let  $K$  be a knot and  $D$  and  $E$  diagrams of  $K$ . Then there exists a diagram  $F$  of  $K$  such that  $F$  is a stabilization of  $D$  and  $F$  is a strong stabilization of  $E$ .*

**Corollary 3.** *Let  $K$  be a knot and  $D_1, \dots, D_m$  diagrams of  $K$ . Then there exists a diagram  $D$  of  $K$  such that  $D$  is a common stabilization of  $D_1, \dots, D_m$ .*

**Example 4.** Let  $D$  and  $E$  be knot diagrams illustrated in Figure 3. Note that  $D$  is a diagram of the knot  $3_1 \# 3_1 \# 3_1^* \# 3_1^*$  and  $E$  is a diagram of the knot  $3_1 \# 3_1^* \# 3_1 \# 3_1^*$  where  $3_1$  denotes the right-handed trefoil knot,  $3_1^*$  denotes the left-handed trefoil knot and  $J \# K$  denotes the connected sum of two knots  $J$  and  $K$ . Since connected sum operation is commutative we have  $3_1 \# 3_1 \# 3_1^* \# 3_1^* = 3_1 \# 3_1^* \# 3_1 \# 3_1^*$ . Therefore  $D$  and  $E$  are diagrams of the same knot. By pulling one of  $3_1^*$  tight and sliding it along one of  $3_1$  we have a Reidemeister sequence from  $D$  to  $E$  through diagrams at most 14 crossings. However the corresponding sequence of crossing numbers cannot be divided into a weakly increasing sequence and a subsequent weakly decreasing sequence. Let  $F$  be a knot diagram illustrated in Figure 3. Note that  $E$  is obtained from  $F$  by 12 times applications of R2- and  $D$  is obtained from  $F$  by 54 times

applications of R3 followed by 12 times applications of R2-. Therefore  $F$  is a strong stabilization of  $E$  and  $F$  is a stabilization of  $D$ .

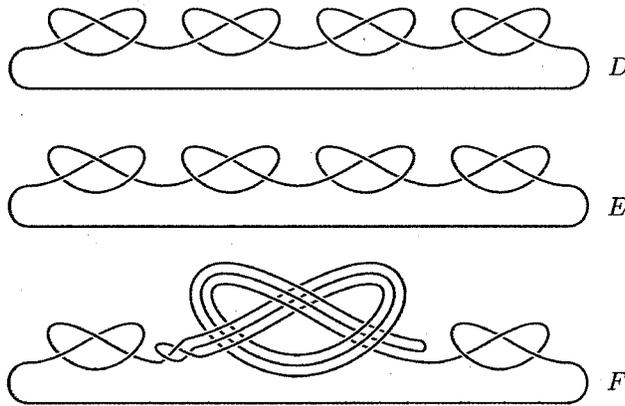


FIGURE 3.  $F$  is a common stabilization of  $D$  and  $E$

We note that Corollary 2 is best possible. Namely we have the following results. A knot diagram  $D$  is said to be (R1, R2)-reduced if  $D$  has no loops and each 2-gon of  $D$  has alternating crossings. Then the following theorem is a paraphrase of a result in [8, Theorem 3.2] where not only knot diagrams but also link diagrams are considered. We note that a closely related result is shown in [5, Theorem 2.2 (3)]. See also [6] and [7].

**Theorem 5.** *Let  $K$  be a knot and  $D$  and  $E$  (R1, R2)-reduced diagrams of  $K$ . Suppose that  $D$  and  $E$  have a common strong stabilization. Then  $D$  and  $E$  are ambient isotopic on  $\mathbb{R}^2$  as oriented knot diagrams, or both  $D$  and  $E$  are simple closed curves with opposite orientations.*

**Corollary 6.** *For any knot  $K$ , there are diagrams  $D$  and  $E$  of  $K$  that have no common strong stabilizations.*

**Proof.** It is clear that  $K$  has at least one (R1, R2)-reduced diagram  $D$ . Let  $E$  be a diagram-connected sum of  $D$  and a Goeritz's unknot. Then  $E$  is also a (R1, R2)-reduced diagram of  $K$ . Since  $D$  and  $E$  are not ambient isotopic on  $\mathbb{R}^2$ , Theorem 5 implies that they have no common strong stabilizations.  $\square$

Two knot diagrams  $D$  and  $E$  are said to be R1-R2-equivalent if there exists a Reidemeister sequence  $D_1, \dots, D_n$  with  $D = D_1$  and  $D_n = E$  such that  $D_{i+1}$  is obtained from  $D_i$  by an application of one of R1+, R1-, R2+ and R2- for each  $i$  with  $1 \leq i \leq n - 1$ . The following is an immediate consequence of Theorem 5.

**Theorem 7.** *Let  $K$  be a knot and  $D$  and  $E$  diagrams of  $K$ . Let  $D'$  and  $E'$  be (R1, R2)-reduced diagrams obtained from  $D$  and  $E$  respectively by applications of R1- and R2-. Then the following conditions are equivalent.*

- (1) *Two diagrams  $D$  and  $E$  are R1-R2-equivalent.*

- (2) Two diagrams  $D'$  and  $E'$  are ambient isotopic on  $\mathbb{R}^2$  as oriented knot diagrams, or both  $D'$  and  $E'$  are simple closed curves with opposite orientations.

**Proof.** Suppose that  $D'$  and  $E'$  are ambient isotopic on  $\mathbb{R}^2$  as oriented knot diagrams. Then  $D$  and  $E$  are R1-R2-equivalent. Suppose that both  $D'$  and  $E'$  are simple closed curves with opposite orientations. It is easy to see that  $D'$  and  $E'$  are R1-R2-equivalent. Therefore  $D$  and  $E$  are R1-R2-equivalent. Thus we have shown that the condition (2) implies the condition (1).

Suppose that  $D$  and  $E$  are R1-R2-equivalent. Let  $D_1, \dots, D_n$  be a Reidemeister sequence with  $D = D_1$  and  $D_n = E$  such that  $D_{i+1}$  is obtained from  $D_i$  by an application of one of R1+, R1-, R2+ and R2- for each  $i$  with  $1 \leq i \leq n-1$ . Let  $D'_i$  be an (R1, R2)-reduced diagram obtained from  $D_i$  by applications of R1- and R2- for each  $i$  with  $2 \leq i \leq n-1$ . Let  $D'_1 = D'$  and  $D'_n = E'$ . Then  $D_i$  or  $D_{i+1}$  is a common strong stabilization of  $D'_i$  and  $D'_{i+1}$  for each  $i$  with  $1 \leq i \leq n-1$ . Then by Theorem 5  $D'_i$  and  $D'_{i+1}$  are ambient isotopic on  $\mathbb{R}^2$  as oriented knot diagrams, or both  $D'_i$  and  $D'_{i+1}$  are simple closed curves with opposite orientations for each  $i$  with  $1 \leq i \leq n-1$ . Therefore  $D' = D'_1$  and  $E' = D'_n$  are ambient isotopic on  $\mathbb{R}^2$  as oriented knot diagrams, or both  $D'$  and  $E'$  are simple closed curves with opposite orientations. Thus we have shown that the condition (1) implies the condition (2).

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